

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List**Event 21 Girls 100 Meter Dash Varsity (49) Prelims**

Name	Yr	School	Seed Time
1 Kelsey Lemoine	11	Middletown	13.03
2 Amaya Black	12	Fort Bragg	13.53
3 Sousiva Ing	11	Technology	13.64
4 Celeste Munoz	12	Fort Bragg	13.67
5 Lily Amaturio	9	Sonoma Acade	13.74
6 Gianna Anderson	9	Rincon Valle	13.84
7 Briana Short	12	Rincon Valle	13.87
8 Megan Lo	9	Fort Bragg	13.94
8 Alyssa Terry	9	Middletown	13.94
8 Maddy Glenn	12	Sonoma Acade	13.94
11 Caroline Von Raesfeld	12	Sonoma Acade	14.04
11 Lorian Russell	9	Lower Lake	14.04
13 Tobi Cunningham	9	Rincon Valle	14.24
13 Lyzet Montanez	9	Lower Lake	14.24
15 Micki Kalos Schillinger	10	Sonoma Acade	14.34
15 Samali Namaganda	11	Technology	14.34
17 Aveen Dulai	11	Technology	14.44
17 Helen Nguyen	11	Technology	14.44
17 Heather Brogan-Gealey	10	Mendocino	14.44
17 Cydney Adamson	9	St. Helena	14.44
21 Giana Tyrrell	10	Middletown	14.54
22 Madison Custer	9	Fort Bragg	14.58
23 Machenzy Hubbard	11	Mendocino	14.64
23 Carmen DeChaine	9	Kelseyville	14.64
25 Miranda Amezcua	11	Technology	14.67
26 Anika Ahlstrom	12	Rincon Valle	14.69
27 Bryanna High Young	11	Middletown	14.75
28 Gigi Fox	10	Fort Bragg	14.94
29 Sophie Weil	10	Sonoma Acade	15.04
29 Fernanda Rivera	12	Technology	15.04
29 Litzzy Infante	10	Calistoga	15.04
29 Zoe Brown	9	Lower Lake	15.04
33 Ava Sutton	10	Fort Bragg	15.11
34 Sienna Beringer	9	St. Helena	15.14
35 Maria Soto	12	Cloverdale	15.44
35 Jannet Lonjines	10	Calistoga	15.44
37 Lisa Arreguin	10	Fort Bragg	15.64
37 Makala Bush	10	Willits	15.64
39 Molly Collins	9	Lower Lake	15.74
39 Daphne Gonzalez	10	Kelseyville	15.74
41 Valeria Velasco	11	Willits	15.80
42 Alyssa McGregor	9	Fort Bragg	15.94
43 Adriana Olea	9	Kelseyville	16.04
43 Emily Mayo	11	Lower Lake	16.04
43 Evelin Heredia	10	Fort Bragg	16.04
46 Kelcie Paulson	10	Kelseyville	16.24
46 Megan Lashinski	9	Sonoma Acade	16.24
46 Giselle Lozano	9	Kelseyville	16.24
49 Brook Corter	9	Upper Lake	16.54

Event 35 Girls 200 Meter Dash Varsity (31) Prelims

Name	Yr	School	Seed Time
1 Beatrice Garcia	9	Kelseyville	24.24

2 Kelsey Lemoine	11	Middletown	27.23
3 Maddy Glenn	12	Sonoma Acade	28.04
4 Gianna Anderson	9	Rincon Valle	28.06
5 Alyssa Terry	9	Middletown	28.44
6 Celeste Munoz	12	Fort Bragg	28.58
7 Amaya Black	12	Fort Bragg	28.67
8 Tianna Jardstrom	11	Clear Lake	29.14
9 Lyzet Montanez	9	Lower Lake	29.64
10 Megan Lo	9	Fort Bragg	29.65
11 Tobi Cunningham	9	Rincon Valle	30.02
12 Elizabeth Wetmore	12	Lower Lake	30.42
13 Nicole Stevens	12	Kelseyville	30.44
14 Evelin Heredia	10	Fort Bragg	30.54
15 Miranda Amezcua	11	Technology	30.59
16 Heather Brogan-Gealey	10	Mendocino	30.64
17 Helen Nguyen	11	Technology	30.84
18 Lorian Russell	9	Lower Lake	30.94
19 Zoe Brown	9	Lower Lake	31.04
20 Kristina Isdahl	10	St. Helena	31.64
21 Anika Ahlstrom	12	Rincon Valle	31.71
22 Sienna Beringer	9	St. Helena	31.84
23 Nicole Cia	10	St. Helena	31.94
23 Aveen Dulai	11	Technology	31.94
23 Makala Bush	10	Willits	31.94
26 Madison Custer	9	Fort Bragg	32.21
27 Jenna DeVincenzi	11	St. Helena	32.74
28 Daphne Gonzalez	10	Kelseyville	32.84
28 Kelcie Paulson	10	Kelseyville	32.84
30 Carmen DeChaine	9	Kelseyville	32.94
31 Sophia Witt	9	Cloverdale	38.84

Event 17 Girls 400 Meter Dash Varsity (19)

Name	Yr	School	Seed Time
1 Maddy Glenn	12	Sonoma Acade	63.64
2 Rylee Bowen	12	Sonoma Acade	64.14
3 Grace Southern	11	Middletown	64.54
4 Alyssa Hammer	10	Rincon Valle	65.34
5 Mackenzie Stewart	9	Sonoma Acade	66.93
6 Elizabeth Wetmore	12	Lower Lake	67.14
7 Rachel Phelps	10	Rincon Valle	68.08
8 Emily Reim	11	Middletown	68.24
9 Emma Gilchrist	10	Fort Bragg	69.20
10 Maria Ramirez	11	Fort Bragg	69.34
11 Lyzet Montanez	9	Lower Lake	69.64
12 Keyla Venegas	12	Fort Bragg	71.74
12 Jimena Guerrero	9	Calistoga	71.74
14 Ellie Bazzano	11	Middletown	72.24
15 Nicole Stevens	12	Kelseyville	73.04
16 Alyssa McGregor	9	Fort Bragg	73.64
16 Mariela Martin del Campo	10	Middletown	73.64
18 Grisselle Herrera	12	Cloverdale	76.84
19 Eva Grace	9	St. Helena	78.64

Event 31 Girls 800 Meter Run Varsity (28)

Name	Yr	School	Seed Time
1 Rylee Bowen	12	Sonoma Acade	2:25.01

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List

Event 31 ... (Girls 800 Meter Run Varsity (28))

	Name	Yr	School	Seed Time
2	Tianna Jardstrom	11	Clear Lake	2:30.64
3	Alyssa Hammer	10	Rincon Valle	2:34.64
4	Grace Southern	11	Middletown	2:38.04
5	Brianne Henry	11	Kelseyville	2:40.94
6	Mackenzie Stewart	9	Sonoma Acade	2:41.94
7	Maria Ramirez	11	Fort Bragg	2:42.61
8	Andrea Hernandez	11	St. Helena	2:45.84
9	Jade Schlatter	9	St. Helena	2:46.24
10	Allie Methum	10	Rincon Valle	2:47.92
11	Rachel Phelps	10	Rincon Valle	2:49.63
12	Claire Zechiel	10	Sonoma Acade	2:50.53
13	Liliana Ontiveros	9	Technology	2:53.24
14	Joy Yang	9	Rincon Valle	2:54.46
14	Amelia McDonald	11	Sonoma Acade	2:54.46
16	Keyla Venegas	12	Fort Bragg	2:54.96
17	Lizbet Escobedo	10	Calistoga	2:55.19
18	Sunny Andersen	11	Fort Bragg	2:58.38
19	Giselle Munoz	9	Calistoga	3:00.74
20	Mariela Martin del Campo	10	Middletown	3:04.84
21	Julia Heth	9	Calistoga	3:06.04
22	Gilda Rojas	12	Calistoga	3:06.64
23	Grisselle Herrera	12	Cloverdale	3:08.24
24	Yasamine Heidary	11	Middletown	3:09.84
25	Evelyn Villasenar	10	Fort Bragg	3:11.04
26	Sydney Becker	9	St. Helena	3:13.24
27	Giana Tyrrell	10	Middletown	3:14.14
28	Ariel Anton	12	Mendocino	3:15.24

Event 7 Girls 1600 Meter Run Varsity (24)

	Name	Yr	School	Seed Time
1	Rylee Bowen	12	Sonoma Acade	5:25.15
2	Mackenzie Stewart	9	Sonoma Acade	5:42.41
3	Tianna Jardstrom	11	Clear Lake	5:49.54
4	Allie Methum	10	Rincon Valle	5:56.94
5	Jade Schlatter	9	St. Helena	6:03.31
6	Liliana Ontiveros	9	Technology	6:09.66
7	Julie Edwards	11	Cloverdale	6:09.85
8	Amelia McDonald	11	Sonoma Acade	6:13.67
9	Lizbet Escobedo	10	Calistoga	6:15.02
10	Claire Zechiel	10	Sonoma Acade	6:16.00
11	Joy Yang	9	Rincon Valle	6:20.21
12	Julia Heth	9	Calistoga	6:20.54
13	Jenny Landeta	12	Lower Lake	6:23.34
14	Keyla Venegas	12	Fort Bragg	6:27.24
15	Jade Naulty	12	Fort Bragg	6:31.24
16	Sunny Andersen	11	Fort Bragg	6:40.10
17	Madeleine Dondanville	9	Fort Bragg	6:54.30
18	Giana Tyrrell	10	Middletown	6:57.84
19	Briana Evans	11	Willits	7:01.24
20	Mariela Martin del Campo	10	Middletown	7:03.76
21	Ariel Anton	12	Mendocino	7:09.74
22	Yasamine Heidary	11	Middletown	7:10.74
23	Evelyn Villasenar	10	Fort Bragg	7:11.14
24	Rowan Addison	9	Cloverdale	7:14.84

Event 37 Girls 3200 Meter Run Varsity (13)

	Name	Yr	School	Seed Time
1	Rylee Bowen	12	Sonoma Acade	11:43.88
2	Yareli Lozano	12	Kelseyville	12:28.34
3	Amelia McDonald	11	Sonoma Acade	13:20.71
4	Claire Zechiel	10	Sonoma Acade	13:25.71
5	Jade Naulty	12	Fort Bragg	13:43.82
6	Allie Methum	10	Rincon Valle	13:50.97
7	Liliana Ontiveros	9	Technology	13:55.34
8	Jenny Landeta	12	Lower Lake	14:10.26
9	Julie Edwards	11	Cloverdale	14:24.24
10	Joy Yang	9	Rincon Valle	14:40.95
11	Briana Evans	11	Willits	14:55.24
12	Treeanna Brownfield	12	Middletown	NT
12	Hadley Powers	9	Mendocino	NT

Event 12 Girls 100 Meter Hurdles Varsity (12) Prelims

	Name	Yr	School	Seed Time
1	Alyssa Hart	11	Middletown	17.94
2	Colleen Schimansky	12	Middletown	18.04
3	Amy Herrmann	12	Middletown	18.64
4	Maddy Glenn	12	Sonoma Acade	18.74
5	Rylee Bowen	12	Sonoma Acade	19.24
6	Brianne Henry	11	Kelseyville	19.54
7	Lexi Mendoza	10	Fort Bragg	20.70
8	Samali Namaganda	11	Technology	20.74
9	Amandine Eyenga	12	Fort Bragg	21.14
10	Bryanna High Young	11	Middletown	21.24
10	Gigi Fox	10	Fort Bragg	21.24
12	Carmen DeChaine	9	Kelseyville	22.24

Event 27 Girls 300 Meter Hurdles Varsity (12) Prelims

	Name	Yr	School	Seed Time
1	Maddy Glenn	12	Sonoma Acade	50.51
2	Alyssa Hart	11	Middletown	52.84
3	Brianne Henry	11	Kelseyville	54.24
4	Amy Herrmann	12	Middletown	59.34
5	Lexi Mendoza	10	Fort Bragg	59.75
6	Colleen Schimansky	12	Middletown	59.87
7	Amandine Eyenga	12	Fort Bragg	60.24
8	Maria Soto	12	Cloverdale	61.54
9	Kelcie Paulson	10	Kelseyville	62.74
10	Natallea Bazor	11	Fort Bragg	63.14
11	Madison Custer	9	Fort Bragg	64.44
12	Lisa Arreguin	10	Fort Bragg	65.54

Event 3 Girls 4x100 Meter Relay Varsity (11)

	Team	Relay	Seed Time
1	Middletown		54.14
2	Fort Bragg		54.62
3	Rincon Valle		55.50
4	Sonoma Acade		55.64
5	Technology		55.74
6	St. Helena		57.74
7	Lower Lake		58.04
8	Calistoga		58.84

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List

Event 3 ...(Girls 4x100 Meter Relay Varsity (11))

Team	Relay	Seed Time
9 Kelseyville		62.24
10 Upper Lake		67.54
11 Cloverdale		68.04

Event 41 Girls 4x400 Meter Relay Varsity (8)

Team	Relay	Seed Time
1 Middletown		4:43.84
2 Fort Bragg		4:52.49
3 Technology		5:01.24
4 St. Helena		5:07.04
5 Calistoga		5:16.84
6 Cloverdale		5:35.24
7 Rincon Valle		NT
7 Sonoma Acade		NT

Event 45 Girls High Jump Varsity (15)

Name	Yr	School	Seed Mark
1 Colleen Schimansky	12	Middletown	4-10.00
1 Amy Herrmann	12	Middletown	4-10.00
1 Tobi Cunningham	9	Rincon Valle	4-10.00
1 Natallea Bazor	11	Fort Bragg	4-10.00
5 Maddy Glenn	12	Sonoma Acade	4-06.00
5 Emma Gilchrist	10	Fort Bragg	4-06.00
5 Natalie Baumgartner	12	Fort Bragg	4-06.00
8 Kristina Isdahl	10	St. Helena	4-04.00
8 Ava Sutton	10	Fort Bragg	4-04.00
10 Cydney Adamson	9	St. Helena	4-02.00
10 Nicole Cia	10	St. Helena	4-02.00
12 Megan Lashinski	9	Sonoma Acade	4-00.00
12 Fernanda Varelas	10	Fort Bragg	4-00.00
12 Katerina Bodgardt	12	Technology	4-00.00
15 Jackie Castellanos	11	Kelseyville	NH

Event 49 Girls Pole Vault Varsity (4)

Name	Yr	School	Seed Mark
1 Paige Woodruff	12	Clear Lake	9-00.00
2 Gigi Fox	10	Fort Bragg	7-06.00
2 Amy Herrmann	12	Middletown	7-06.00
4 Bryanna High Young	11	Middletown	6-06.00

Event 53 Girls Long Jump Varsity (35)

Name	Yr	School	Seed Mark
1 Azure Siraco	12	Sonoma Acade	17-00.00
2 Briana Short	12	Rincon Valle	15-05.50
3 Caroline Von Raesfeld	12	Sonoma Acade	15-04.00
4 Rachel Phelps	10	Rincon Valle	15-00.00
5 Gianna Anderson	9	Rincon Valle	14-10.50
6 Tobi Cunningham	9	Rincon Valle	14-10.00
7 Anika Ahlstrom	12	Rincon Valle	14-05.00
8 Fernanda Rivera	12	Technology	14-01.00
9 Tianna Jarstrom	11	Clear Lake	13-06.00
10 Andrea Hernandez	11	St. Helena	13-05.50
10 Tully Leonard	9	Calistoga	13-05.50
12 Makala Bush	10	Willits	13-05.00
13 Colleen Schimansky	12	Middletown	13-03.00

14 Lily Amaturio	9	Sonoma Acade	13-02.00
15 Micki Kalos Schillinger	10	Sonoma Acade	13-01.00
16 Carmen DeChaine	9	Kelseyville	12-11.00
17 Jannet Lonjines	10	Calistoga	12-10.00
18 Alyssa Hart	11	Middletown	12-07.00
19 Lizbet Escobedo	10	Calistoga	12-06.50
20 Miah Davis	9	Fort Bragg	12-05.50
21 Jenna DeVincenzi	11	St. Helena	12-05.00
21 Heather Brogan-Gealey	10	Mendocino	12-05.00
23 Litzy Infante	10	Calistoga	12-03.50
24 Sophie Weil	10	Sonoma Acade	12-03.00
24 Jimena Guerrero	9	Calistoga	12-03.00
26 Gilda Rojas	12	Calistoga	11-11.00
27 Megan Lashinski	9	Sonoma Acade	11-10.00
28 Julia Heth	9	Calistoga	11-09.00
28 Nelsey Perez	10	Middletown	11-09.00
30 Arianna Forest	10	Middletown	11-07.00
31 Giselle Munoz	9	Calistoga	11-06.00
32 Sienna Beringer	9	St. Helena	11-01.50
33 Anna Jordan	11	Upper Lake	10-06.50
34 Eva Grace	9	St. Helena	10-05.00
35 Sophia Witt	9	Cloverdale	ND

Event 57 Girls Triple Jump Varsity (13)

Name	Yr	School	Seed Mark
1 Caroline Von Raesfeld	12	Sonoma Acade	32-07.00
2 Azure Siraco	12	Sonoma Acade	31-10.00
3 Rachel Phelps	10	Rincon Valle	31-08.00
4 Briana Short	12	Rincon Valle	31-04.00
5 Natalie Baumgartner	12	Fort Bragg	30-09.50
6 Micki Kalos Schillinger	10	Sonoma Acade	28-11.00
7 Tully Leonard	9	Calistoga	28-07.50
8 Alyssa Hart	11	Middletown	28-04.00
9 Lily Amaturio	9	Sonoma Acade	28-02.00
10 Miah Davis	9	Fort Bragg	25-09.00
11 Daniela Estrada	12	Upper Lake	25-03.25
12 Grace Kallman	9	Sonoma Acade	24-04.00
13 Sophie Weil	10	Sonoma Acade	24-02.00

Event 61 Girls Shot Put Varsity (17) Prelims

Name	Yr	School	Seed Mark
1 Hanna Morris	11	Middletown	31-10.50
2 Taelor Roderick	11	Middletown	31-06.00
3 Nijah Adkins	12	Lower Lake	28-03.00
4 Ruby Hall	12	Fort Bragg	26-05.00
4 Hayseel Barrera	10	Calistoga	26-05.00
6 Sabrina Wells	9	Calistoga	26-01.50
7 Kayli Persons	11	Cloverdale	25-06.50
8 Asia Adkins	9	Lower Lake	25-01.25
9 Tina Duong	11	Technology	24-11.00
10 Amarah Potter	10	Willits	23-03.00
11 Alejandra Guzman	12	St. Helena	23-02.50
12 Gabriela Vargas	9	Calistoga	23-01.50
13 Elizabeth Wetmore	12	Lower Lake	22-11.50
14 Alyssa Nevarez	10	Upper Lake	18-04.00
15 Melanie Guerrero	11	Kelseyville	17-05.25

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List**Event 61 ... (Girls Shot Put Varsity (17) Prelims)**

Name	Yr	School	Seed Mark
16 Anika Ahlstrom	12	Rincon Valle	ND
16 Grace Kallman	9	Sonoma Acade	ND

Event 65 Girls Discus Throw Varsity (17) Prelims

Name	Yr	School	Seed Mark
1 Taelor Roderick	11	Middletown	100-00
2 Ruby Hall	12	Fort Bragg	96-11
3 Hanna Morris	11	Middletown	96-05
4 Nijah Adkins	12	Lower Lake	85-02.75
5 Asia Adkins	9	Lower Lake	79-09
6 Gabriela Vargas	9	Calistoga	67-05
7 Kayli Persons	11	Cloverdale	65-10
8 Angeli Aquino	10	Calistoga	64-06.50
9 Hayseel Barrera	10	Calistoga	63-07
10 Tina Duong	11	Technology	59-10
11 Sabrina Wells	9	Calistoga	58-02
12 Alana Sanchez	10	Upper Lake	58-01
13 Madeleine Dondanville	9	Fort Bragg	56-08
14 Elizabeth Wetmore	12	Lower Lake	56-03.50
15 Grace Kallman	9	Sonoma Acade	50-00
16 Allie Methum	10	Rincon Valle	48-05
17 Maritza Delgadillo	12	St. Helena	40-06

Event 19 Girls 100 Meter Dash Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 33 Girls 200 Meter Dash Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 15 Girls 400 Meter Dash Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 29 Girls 800 Meter Run Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 5 Girls 1600 Meter Run Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 23 Girls 3200 Meter Run Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 11 Girls 100 Meter Hurdles Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 25 Girls 300 Meter Hurdles Jr Var.

Name	Yr	School	Seed Time
---			No entries for this event

Event 1 Girls 4x100 Meter Relay Jr Var.

Team	Relay	Seed Time
---		No entries for this event

Event 39 Girls 4x400 Meter Relay Jr Var.

Team	Relay	Seed Time
---		No entries for this event

Event 43 Girls High Jump Jr Var.

Name	Yr	School	Seed Mark
---			No entries for this event

Event 47 Girls Pole Vault Jr Var.

Name	Yr	School	Seed Mark
---			No entries for this event

Event 51 Girls Long Jump Jr Var.

Name	Yr	School	Seed Mark
---			No entries for this event

Event 55 Girls Triple Jump Jr Var.

Name	Yr	School	Seed Mark
---			No entries for this event

Event 59 Girls Shot Put Jr Var.

Name	Yr	School	Seed Mark
---			No entries for this event

Event 63 Girls Discus Throw Jr Var.

Name	Yr	School	Seed Mark
---			No entries for this event

Event 22 Boys 100 Meter Dash Varsity (33) Prelims

Name	Yr	School	Seed Time
1 Ryan Searl	10	St. Helena	11.14
1 Jack Farris	12	Kelseyville	11.14
3 Casey Chicoine	11	Middletown	11.74
3 Damian Ledesma	11	Kelseyville	11.74
5 Jesus Duarte	10	Kelseyville	11.84
6 Danny Jiminez	10	St. Helena	11.94
6 Thomas Green	10	Kelseyville	11.94
8 Willie Maples	12	Rincon Valle	12.01
9 Christian Cia	12	St. Helena	12.04
10 Trevor Mendenhall	11	Rincon Valle	12.07
11 Tyler Hawkins	12	Rincon Valle	12.11
12 Collin Darrall	10	St. Helena	12.14
13 Jose Martinez	12	Fort Bragg	12.20
14 Charlie Lowe	11	Technology	12.24
14 Javante Gregoire	11	Kelseyville	12.24
14 Charles Powell	12	Lower Lake	12.24
17 Andy Lo	12	Fort Bragg	12.31
18 Casey Ross	10	Sonoma Acade	12.34
18 Brandon McCullough	11	Technology	12.34
20 Nathaniel Fontanilla	12	Fort Bragg	12.44
20 Cesar Buenrosto	11	Cloverdale	12.44
22 Lukas Pakter	11	St. Helena	12.54
22 Jack Schroeder	11	Lower Lake	12.54

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List**Event 22 ... (Boys 100 Meter Dash Varsity (33) Prelims)**

Name	Yr	School	Seed Time
24	Everett Teran	12 Sonoma Acade	12.64
24	Evan Walters	11 Technology	12.64
24	Jake Mendes	10 St. Helena	12.64
27	Sean Rich	11 Middletown	12.74
27	Jonathan Hirsch	12 Technology	12.74
27	Zack Taylor	11 Kelseyville	12.74
30	Eduardo Garcia	12 Sonoma Acade	12.84
31	Hokulani Wickard	12 Lower Lake	12.94
32	James Nelson	11 Fort Bragg	13.24
33	Eduardo Mendoza	11 Upper Lake	14.24

Event 36 Boys 200 Meter Dash Varsity (30) Prelims

Name	Yr	School	Seed Time
1	Jack Farris	12 Kelseyville	22.64
2	Ryan Searl	10 St. Helena	22.74
3	Cody DiTomaso	10 St. Helena	23.54
4	Bret German	12 Middletown	24.34
5	Casey Chicoine	11 Middletown	24.42
6	Jesus Duarte	10 Kelseyville	24.64
6	Zack Taylor	11 Kelseyville	24.64
8	Brandon McCullouch	11 Technology	24.74
8	Jose Martinez	12 Fort Bragg	24.74
10	Charles Powell	12 Lower Lake	24.84
11	Danny Jiminez	10 St. Helena	24.94
11	Trevor Mendenhall	11 Rincon Valle	24.94
13	Hector Arenas	12 Fort Bragg	24.95
14	Brenden Steele	12 Middletown	25.14
14	Kheva Mann	12 Sonoma Acade	25.14
16	Evan Walters	11 Technology	25.34
16	Charlie Lowe	11 Technology	25.34
18	Cesar Buenrostro	11 Cloverdale	25.54
18	Eduardo Garcia	12 Sonoma Acade	25.54
18	Collin Darrall	10 St. Helena	25.54
21	Casey Ross	10 Sonoma Acade	25.57
22	Jeremy Sherman	12 Sonoma Acade	25.64
23	Jack Schroeder	11 Lower Lake	26.14
24	Francisco Duarte	12 Kelseyville	26.24
25	Jonathan Hirsch	12 Technology	26.44
26	Evan Dodd	12 Middletown	26.54
27	Andy Lo	12 Fort Bragg	26.58
28	Jone Wesele	11 Cloverdale	26.94
29	Dayton Yellowtail	11 Calistoga	27.34
30	Jesus Valencia	11 Upper Lake	NT

Event 18 Boys 400 Meter Dash Varsity (19) Prelims

Name	Yr	School	Seed Time
1	Cody DiTomaso	10 St. Helena	52.89
2	Kheva Mann	12 Sonoma Acade	53.34
3	Beau Marek	9 Kelseyville	53.94
4	John Baker	11 St. Helena	55.34
5	Brenden Steele	12 Middletown	55.74
6	Casey Ross	10 Sonoma Acade	56.07
7	Paden Collard	10 Cloverdale	56.21
8	Jeremy Sherman	12 Sonoma Acade	56.94

9	Hector Arenas	12 Fort Bragg	57.11
10	Bret German	12 Middletown	57.14
10	Zack Taylor	11 Kelseyville	57.14
12	Eduardo Garcia	12 Sonoma Acade	57.55
13	Donovan Solano	10 St. Helena	58.12
14	Daniel Martinez	9 St. Helena	58.15
15	Charles Powell	12 Lower Lake	58.54
16	Adrian Hanson	10 Sonoma Acade	58.84
17	Dayton Yellowtail	11 Calistoga	60.14
18	A. Jovany Martinez	12 Upper Lake	64.24
19	Joe Mitten	11 Rincon Valle	NT

Event 32 Boys 800 Meter Run Varsity (29)

Name	Yr	School	Seed Time
1	Kheva Mann	12 Sonoma Acade	1:56.91
2	Andre Willams	11 Sonoma Acade	2:06.84
3	Zachary Passalacqua	10 Rincon Valle	2:07.24
4	Brendan Loftus	12 Sonoma Acade	2:08.24
5	John Baker	11 St. Helena	2:08.71
6	Jeremy Sherman	12 Sonoma Acade	2:08.84
7	Brady English	9 Rincon Valle	2:10.15
8	Paden Collard	10 Cloverdale	2:10.38
9	Nicholas Przybylinski	12 St. Helena	2:11.74
10	Isaac Methum	11 Rincon Valle	2:16.90
11	Josues Blanco	11 St. Helena	2:17.04
12	Caspian Morast	12 Sonoma Acade	2:17.64
13	Morgan Piper Cordova	11 Sonoma Acade	2:17.80
14	Simon Peterson	9 Rincon Valle	2:17.90
15	Bailey Williams	11 Technology	2:18.04
16	Rusty Frank	12 St. Helena	2:20.44
17	Wolfgang Prichett	10 St. Helena	2:20.74
18	Tyler Cobb	10 Middletown	2:23.04
19	Daniel Toscano	12 Fort Bragg	2:24.24
19	Isaac Rascon	9 Middletown	2:24.24
21	Jayson Tostie	12 Middletown	2:24.64
22	Jeffery Amendola	11 Kelseyville	2:25.24
23	Luke Fuette	9 Sonoma Acade	2:26.02
24	Irwin Ramirez	9 St. Helena	2:26.84
25	Daniel Gaona	12 Fort Bragg	2:28.20
26	Jesus Lazo	11 Lower Lake	2:29.14
27	Miguel Gonzales-Salazar	11 Cloverdale	2:33.24
28	Jacob Lopez	11 Clear Lake	2:43.74
29	Misael Triplett	10 Mendocino	3:32.24

Event 8 Boys 1600 Meter Run Varsity (34)

Name	Yr	School	Seed Time
1	Kheva Mann	12 Sonoma Acade	4:22.37
2	Andre Willams	11 Sonoma Acade	4:30.65
3	Brendan Loftus	12 Sonoma Acade	4:34.76
4	Brady English	9 Rincon Valle	4:38.39
5	Zachary Passalacqua	10 Rincon Valle	4:42.44
6	Paden Collard	10 Cloverdale	4:45.05
7	Isaac Methum	11 Rincon Valle	4:46.23
8	Nicholas Przybylinski	12 St. Helena	4:46.26
9	Alex Pallais	10 Sonoma Acade	4:47.09
10	Marcos Jimenez	12 Cloverdale	4:52.16

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List

Event 8 ... (Boys 1600 Meter Run Varsity (34))

Name	Yr	School	Seed Time
11 Simon Peterson	9	Rincon Valle	4:52.37
12 Jordan Reilly	10	St. Helena	4:52.94
13 Aidan Barker	10	Technology	4:57.24
14 Luke Fuette	9	Sonoma Acade	4:57.63
15 Josues Blanco	11	St. Helena	4:57.65
16 Tyler Cobb	10	Middletown	5:03.44
17 Rusty Frank	12	St. Helena	5:03.74
18 Bailey Williams	11	Technology	5:08.24
19 Jeffery Amendola	11	Kelseyville	5:12.54
20 Isaac Rascon	9	Middletown	5:15.14
21 Jayson Tostie	12	Middletown	5:15.64
22 Jerry Schweiger	12	St. Helena	5:19.72
23 William Melvin	10	Lower Lake	5:23.14
24 Misael Triplett	10	Mendocino	5:24.24
25 Tyler Bliss	10	Technology	5:25.24
26 Daniel Gaona	12	Fort Bragg	5:31.24
27 Jaren Leach	9	Technology	5:32.74
28 Jesus Lazo	11	Lower Lake	5:33.74
29 Irwin Ramirez	9	St. Helena	5:34.84
30 Dimitri Imbrunetti	11	Middletown	5:36.04
31 Joey Barrett	9	Technology	5:39.24
32 Justin Miklaj	11	Lower Lake	5:44.24
33 Jack Schroeder	11	Lower Lake	5:44.26
34 Jacob Lopez	11	Clear Lake	6:07.24

Event 38 Boys 3200 Meter Run Varsity (26)

Name	Yr	School	Seed Time
1 Andre Willams	11	Sonoma Acade	9:45.61
2 Brendan Loftus	12	Sonoma Acade	9:58.31
3 Isaac Methum	11	Rincon Valle	9:59.63
4 Brady English	9	Rincon Valle	10:18.69
5 Zachary Passalacqua	10	Rincon Valle	10:32.80
6 Aidan Barker	10	Technology	10:40.24
7 Simon Peterson	9	Rincon Valle	10:50.83
8 Alex Pallais	10	Sonoma Acade	10:52.21
9 Jordan Reilly	10	St. Helena	10:58.44
10 Luke Fuette	9	Sonoma Acade	11:12.08
11 Isaac Rascon	9	Middletown	11:22.40
12 Tyler Cobb	10	Middletown	11:23.64
13 William Melvin	10	Lower Lake	11:29.81
14 Marcos Jimenez	12	Cloverdale	11:34.24
15 Jerry Schweiger	12	St. Helena	11:39.94
16 Jayson Tostie	12	Middletown	11:48.96
17 Jeffery Amendola	11	Kelseyville	11:50.34
18 Tyler Bliss	10	Technology	12:09.24
19 Jesus Lazo	11	Lower Lake	12:20.02
20 Joey Barrett	9	Technology	12:22.24
21 Jaren Leach	9	Technology	12:27.24
22 Tony Bui	12	Kelseyville	12:30.84
23 Judah Millen	11	Fort Bragg	12:38.24
24 Dimitri Imbrunetti	11	Middletown	12:49.64
25 Misael Triplett	10	Mendocino	12:53.24
26 Quintin Scott	12	Clear Lake	13:28.24

Event 9 Boys 110 Meter Hurdles Varsity (12) Prelims

Name	Yr	School	Seed Time
1 Robbie Leng	12	Rincon Valle	16.57
2 Jacob Lehman	10	St. Helena	16.74
2 Eric Portillo	11	Fort Bragg	16.74
4 Scotty Dolan	11	Rincon Valle	17.24
5 Evan Dodd	12	Middletown	17.74
6 Amida Verhey	12	Middletown	18.44
7 Kevin Portillo	12	Fort Bragg	18.53
8 David Maza	12	Technology	19.64
9 Beau Marek	9	Kelseyville	19.84
10 Jack Roney	12	Sonoma Acade	19.94
11 Adrian Hanson	10	Sonoma Acade	20.44
12 Soujit Ing	9	Technology	20.54

Event 28 Boys 300 Meter Hurdles Varsity (19) Prelims

Name	Yr	School	Seed Time
1 Eric Portillo	11	Fort Bragg	42.75
2 Christian Cia	12	St. Helena	44.77
3 Scotty Dolan	11	Rincon Valle	44.84
4 Jacob Lehman	10	St. Helena	44.94
5 Soujit Ing	9	Technology	45.14
5 Jack Farres	11	Middletown	45.14
7 Beau Marek	9	Kelseyville	45.54
8 Robert Landgraf	12	Lower Lake	46.34
9 Kheva Mann	12	Sonoma Acade	47.14
10 Lukas Pakter	11	St. Helena	47.94
11 Kevin Portillo	12	Fort Bragg	48.49
12 Evan Dodd	12	Middletown	49.57
13 Jake Mendes	10	St. Helena	49.82
14 Jack Roney	12	Sonoma Acade	49.94
15 Andy Lo	12	Fort Bragg	50.22
16 Adrian Hanson	10	Sonoma Acade	50.44
17 Amida Verhey	12	Middletown	51.14
18 Austin Lopic	12	Middletown	54.04
19 Carlos Mercado	11	Cloverdale	NT

Event 4 Boys 4x100 Meter Relay Varsity (10)

Team	Relay	Seed Time
1 St. Helena		45.14
2 Rincon Valle		45.41
3 Middletown		46.34
4 Kelseyville		46.54
5 Technology		46.94
6 Fort Bragg		47.28
7 Sonoma Acade		48.44
8 Cloverdale		50.24
9 Upper Lake		54.14
10 Lower Lake		NT

Event 42 Boys 4x400 Meter Relay Varsity (8)

Team	Relay	Seed Time
1 Middletown		3:45.54
2 St. Helena		3:47.64
3 Kelseyville		3:51.24
4 Fort Bragg		3:56.34

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List**Event 42 ... (Boys 4x400 Meter Relay Varsity (8))**

Team	Relay	Seed Time
5	Sonoma Acade	3:57.74
6	Technology	3:58.04
7	Cloverdale	4:01.24
8	Rincon Valle	4:07.57

Event 46 Boys High Jump Varsity (19) Prelims

Name	Yr	School	Seed Mark
1	Robbie Leng	12 Rincon Valle	6-01.00
2	Jeffery Morris	12 Middletown	6-00.00
3	Jared Meek	11 Lower Lake	5-10.00
4	Nicholas Przybylinski	12 St. Helena	5-08.00
4	Trey O'Neil	12 Middletown	5-08.00
4	Ross Sceales	12 Cloverdale	5-08.00
4	Trevor Mendenhall	11 Rincon Valle	5-08.00
4	Calvin Jenkins	12 Technology	5-08.00
9	Gibran Hassan	11 Sonoma Acade	5-06.00
10	Kenny Hodges	11 Upper Lake	5-05.00
11	Collin Darrall	10 St. Helena	5-04.00
11	Everett Teran	12 Sonoma Acade	5-04.00
13	David Maza	12 Technology	5-02.00
13	Tom Wang	11 Sonoma Acade	5-02.00
13	Carlos Hernandez	11 Fort Bragg	5-02.00
16	Andrew Helgren	11 Technology	5-00.00
17	Victor Guzman	11 Middletown	4-10.00
17	Wolfgang Prichett	10 St. Helena	4-10.00
17	Amida Verhey	12 Middletown	4-10.00

Event 50 Boys Pole Vault Varsity (7)

Name	Yr	School	Seed Mark
1	Carlos Hernandez	11 Fort Bragg	11-00.00
2	David Maza	12 Technology	9-06.00
3	Kyle Paoli	11 Fort Bragg	8-00.00
4	Jesse Newsome	12 Middletown	7-06.00
4	Evan Dodd	12 Middletown	7-06.00
6	Joey Barrett	9 Technology	7-00.00
7	Jayson Tostie	12 Middletown	6-06.00

Event 54 Boys Long Jump Varsity (27) Prelims

Name	Yr	School	Seed Mark
1	Damian Ledesma	11 Kelseyville	19-03.00
2	Thomas Green	10 Kelseyville	18-09.00
3	August O'Neil	11 Sonoma Acade	18-06.00
4	Kheva Mann	12 Sonoma Acade	18-04.00
5	Ryan Searl	10 St. Helena	18-02.00
6	Everett Teran	12 Sonoma Acade	18-00.00
7	Nathaniel Fontanilla	12 Fort Bragg	17-09.50
8	Daniel Toscano	12 Fort Bragg	17-08.25
9	Casey Ross	10 Sonoma Acade	17-07.00
10	Daniel Martinez	9 St. Helena	17-05.00
10	Eduardo Garcia	12 Sonoma Acade	17-05.00
12	Jesus Duarte	10 Kelseyville	17-03.00
13	Tom Wang	11 Sonoma Acade	17-02.00
13	Tyler Hawkins	12 Rincon Valle	17-02.00
13	Kyle Molder	11 Rincon Valle	17-02.00

16	Jeffery Morris	12 Middletown	17-01.50
17	Kenny Hodges	11 Upper Lake	16-11.00
18	Robbie Leng	12 Rincon Valle	16-10.00
19	Jared Meek	11 Lower Lake	16-09.00
19	Judah Millen	11 Fort Bragg	16-09.00
21	Carlos Hernandez	11 Fort Bragg	16-06.50
22	Scotty Dolan	11 Rincon Valle	16-05.00
23	Victor Guzman	11 Middletown	16-01.00
24	Jake Mendes	10 St. Helena	16-00.00
25	Dayton Yellowtail	11 Calistoga	15-09.00
26	Evan Walters	11 Technology	15-04.50
27	Jone Wesele	11 Cloverdale	ND

Event 58 Boys Triple Jump Varsity (16) Prelims

Name	Yr	School	Seed Mark
1	August O'Neil	11 Sonoma Acade	40-01.00
2	Damian Ledesma	11 Kelseyville	37-01.50
3	Trey O'Neil	12 Middletown	36-06.00
4	Daniel Toscano	12 Fort Bragg	35-08.00
5	Kyle Molder	11 Rincon Valle	35-07.50
6	Everett Teran	12 Sonoma Acade	35-06.00
7	Tom Wang	11 Sonoma Acade	35-05.00
8	Jeffery Morris	12 Middletown	35-02.00
9	Kenny Hodges	11 Upper Lake	34-08.00
10	Victor Guzman	11 Middletown	34-07.50
11	Jared Meek	11 Lower Lake	34-06.50
12	Danny Jiminez	10 St. Helena	33-08.00
13	Judah Millen	11 Fort Bragg	33-05.00
14	Amida Verhey	12 Middletown	32-02.00
15	Levi Skaggs	11 Willits	24-02.00
16	Carlos Mercado	11 Cloverdale	ND

Event 62 Boys Shot Put Varsity (15) Prelims

Name	Yr	School	Seed Mark
1	Mel Alonso	12 Cloverdale	44-11.25
2	Colton Hall	12 Middletown	44-09.50
3	Bryson Trask	11 Lower Lake	43-07.75
4	Kyle Molder	11 Rincon Valle	41-04.00
5	Mark Breiner	12 Middletown	36-08.50
6	Ross Sceales	12 Cloverdale	36-05.00
7	August O'Neil	11 Sonoma Acade	36-04.00
8	Jeremy Segura	11 Fort Bragg	35-08.50
9	Josue Manzano	12 Fort Bragg	35-01.50
10	Quinn Randall-Darter	10 St. Helena	34-11.25
11	Gannon Wilson	11 St. Helena	33-08.50
12	Roman Knight	11 Willits	33-06.00
13	Kyle Martin	12 Middletown	33-02.25
14	Hugo Ramos	11 Upper Lake	32-06.00
15	Quintin Scott	12 Clear Lake	30-04.00

Event 66 Boys Discus Throw Varsity (17) Prelims

Name	Yr	School	Seed Mark
1	Bryson Trask	11 Lower Lake	159-09.50
2	Colton Hall	12 Middletown	141-02
3	Mel Alonso	12 Cloverdale	122-10.50
4	August O'Neil	11 Sonoma Acade	122-00

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List

Event 66 ... (Boys Discus Throw Varsity (17) Prelims)

Name	Yr	School	Seed	Mark
5 Mark Breiner	12	Middletown	108-00	
6 Ross Sceales	12	Cloverdale	106-04	
7 Josue Manzano	12	Fort Bragg	102-11	
8 Jeffery Morris	12	Middletown	96-05	
9 Victor Varelas	12	Fort Bragg	95-01	
10 Lucas Alhborn	12	Cloverdale	94-07	
11 Quintin Scott	12	Clear Lake	93-07	
12 Andrew Helgren	11	Technology	91-10	
13 Kyle Martin	12	Middletown	91-01	
14 Ruben Mata	11	Lower Lake	90-09	
15 Hugo Ramos	11	Upper Lake	88-10	
16 Tyler Olson	11	Middletown	86-02	
17 Roman Knight	11	Willits	80-01	

Event 20 Boys 100 Meter Dash Jr Var. (44) Prelims

Name	Yr	School	Seed	Time
1 Russel Gordon	9	Fort Bragg	12.29	
2 Gabriel Godinez	9	Middletown	12.34	
2 David Murcia	9	Technology	12.34	
4 Donavin Valadez	9	Clear Lake	12.44	
4 Brenden Jones	9	Clear Lake	12.44	
6 Victor Martinez	9	Middletown	12.54	
6 Tanner Wanke	9	Cloverdale	12.54	
8 Henry Kullberg	9	Technology	12.68	
9 Brenden Streeter	9	Technology	12.74	
10 Raul Cano	10	Fort Bragg	12.76	
11 Ash Price	10	Fort Bragg	12.84	
12 Cale Hawkins	9	Rincon Valle	12.87	
13 Carlos Moran	10	Fort Bragg	13.00	
14 Larry Russell	9	Lower Lake	13.04	
15 Thomas Mitten	9	Rincon Valle	13.09	
16 Payten Arragon	10	Middletown	13.14	
16 Richard Guaydaran	9	Upper Lake	13.14	
16 Jephthah Ikeh	10	Laytonville	13.14	
16 Caden Prather	9	Kelseyville	13.14	
16 Jacob Noah	9	Lower Lake	13.14	
21 Matt Kincaid	10	Lower Lake	13.15	
22 Nicholas Reynolds	10	Fort Bragg	13.17	
23 Caelen Streeter	9	Technology	13.24	
24 Tristan Archer	9	Technology	13.34	
24 Jared Pyzer	10	Middletown	13.34	
26 Ruddy Gordon	9	Fort Bragg	13.38	
27 Patrick Turner	10	Willits	13.45	
28 Daniel Pena	10	Fort Bragg	13.49	
29 Spencer Cooperfield	10	Willits	13.54	
30 Ruben Cortez	9	Middletown	13.64	
30 Dillion Tingle	10	Middletown	13.64	
30 Josh Fortanel	10	Lower Lake	13.64	
33 Allen Gray	9	Rincon Valle	13.67	
34 Christian Jackson	9	Upper Lake	13.84	
34 Stephen Quezada	10	Middletown	13.84	
36 Orlando Can	10	Fort Bragg	13.94	
37 Gabriel Pena	9	Fort Bragg	14.11	
38 Jacob Peterson	11	Laytonville	14.24	

39 Moises Flores	10	Fort Bragg	14.44	
40 Johnny Urbanski	9	Technology	14.54	
41 Stephan Tackas	9	Technology	14.64	
41 Hunter Sanderson	10	Laytonville	14.64	
43 Giovanni Bertolino	9	Willits	14.74	
44 Caden Woodlander	9	Sonoma Acade	NT	

Event 34 Boys 200 Meter Dash Jr Var. (32) Prelims

Name	Yr	School	Seed	Time
1 Gabriel Godinez	9	Middletown	24.54	
2 Alan Moran	9	Fort Bragg	24.64	
3 Antonio Ku Pech	9	Fort Bragg	24.84	
4 David Murcia	9	Technology	25.14	
5 James Juarez	10	Upper Lake	25.34	
6 Victor Martinez	9	Middletown	25.44	
7 Ruddy Gordon	9	Fort Bragg	25.54	
8 Tanner Wanke	9	Cloverdale	25.67	
9 Spencer Cooperfield	10	Willits	25.84	
10 Henry Kullberg	9	Technology	26.00	
11 Forrest Devine	9	Middletown	26.44	
12 Caden Woodlander	9	Sonoma Acade	26.64	
12 Larry Russell	9	Lower Lake	26.64	
14 Ash Price	10	Fort Bragg	26.85	
15 Matt Kincaid	10	Lower Lake	27.04	
16 Thomas Mitten	9	Rincon Valle	27.07	
17 Joey Monasterio	10	Fort Bragg	27.14	
18 Oliver Hill	12	Laytonville	27.24	
19 Caden Prather	9	Kelseyville	27.44	
20 Caelen Streeter	9	Technology	27.74	
21 Frank Rangel	10	Cloverdale	27.94	
21 Carlos Moran	10	Fort Bragg	27.94	
23 Christian Jackson	9	Upper Lake	28.04	
24 Ruben Cortez	9	Middletown	28.14	
25 Jacob Noah	9	Lower Lake	28.44	
25 Carson Schaffer	10	Middletown	28.44	
27 Alex Boe	10	Fort Bragg	28.79	
28 Stephan Tackas	9	Technology	29.04	
29 Gabriel Pena	9	Fort Bragg	29.54	
30 Orlando Can	10	Fort Bragg	29.75	
31 Daniel Pena	10	Fort Bragg	29.84	
32 Luke McQuaid	9	Clear Lake	31.34	

Event 16 Boys 400 Meter Dash Jr Var. (19) Prelims

Name	Yr	School	Seed	Time
1 Forrest Devine	9	Middletown	56.84	
2 James Juarez	10	Upper Lake	57.34	
3 Alan Moran	9	Fort Bragg	57.46	
4 Christopher Lopez	9	Cloverdale	57.64	
5 Antonio Ku Pech	9	Fort Bragg	59.25	
6 Ethan Scuderi-Schulman	10	Clear Lake	59.94	
7 Spencer Cooperfield	10	Willits	60.54	
8 Josh Fortanel	10	Lower Lake	60.64	
9 Joey Monasterio	10	Fort Bragg	60.67	
10 Filemon Sanchez	9	Middletown	62.18	
11 Richard Guaydaran	9	Upper Lake	62.74	
12 Isaiah Diaz	9	Middletown	63.24	

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List**Event 16 ... (Boys 400 Meter Dash Jr Var. (19) Prelims)**

Name	Yr	School	Seed Time
13 Caden Woodlander	9	Sonoma Acade	63.67
14 Canto Ginet	10	Mendocino	64.64
15 Sayer Ford	9	Clear Lake	67.14
16 Ruben Cortez	9	Middletown	67.59
16 Tyler Duchynski	10	Sonoma Acade	67.59
18 Henry Yeomans	9	Fort Bragg	69.64
19 Liam Brennan	9	Laytonville	69.94

Event 30 Boys 800 Meter Run Jr Var. (9)

Name	Yr	School	Seed Time
1 Enrique Ruiz	10	Fort Bragg	2:20.16
2 Brian Barcenias	10	Sonoma Acade	2:22.84
3 Dante Benedetti	9	Rincon Valle	2:31.94
4 Isaiah Diaz	9	Middletown	2:37.74
5 Jared Pyzer	10	Middletown	2:39.14
6 Canto Ginet	10	Mendocino	2:42.24
7 Kenny Karns	9	Upper Lake	3:05.84
8 Roy Leon	11	Laytonville	NT
8 Alex Visconti	10	Cloverdale	NT

Event 6 Boys 1600 Meter Run Jr Var. (16)

Name	Yr	School	Seed Time
1 Enrique Ruiz	10	Fort Bragg	5:04.23
2 Dante Benedetti	9	Rincon Valle	5:08.64
3 Patrick Turner	10	Willits	5:18.94
4 Brian Barcenias	10	Sonoma Acade	5:20.83
5 Filemon Sanchez	9	Middletown	5:44.14
6 Jordan Rego	10	Middletown	5:46.74
7 Jimmy Lopez	10	Fort Bragg	5:46.94
8 Tyler Duchynski	10	Sonoma Acade	5:50.98
9 Finn Addison	10	Cloverdale	5:51.04
10 Jared Pyzer	10	Middletown	5:51.94
11 Isaiah Diaz	9	Middletown	5:53.34
12 Tyler Breiner	10	Middletown	5:56.94
13 Pedro Alvarado	10	Upper Lake	6:03.24
14 Adrian Cordoba	10	Fort Bragg	6:25.84
15 Carson Schaffer	10	Middletown	6:28.68
16 Luke McQuaid	9	Clear Lake	6:42.24

Event 24 Boys 3200 Meter Run Jr Var. (7)

Name	Yr	School	Seed Time
1 Dante Benedetti	9	Rincon Valle	11:42.01
2 Brian Barcenias	10	Sonoma Acade	11:46.57
3 Jimmy Lopez	10	Fort Bragg	12:42.24
4 Jake Bell	10	Fort Bragg	12:45.24
5 Filemon Sanchez	9	Middletown	12:50.74
6 Tyler Breiner	10	Middletown	12:59.64
7 Pedro Alvarado	10	Upper Lake	NT

Event 10 Boys 110 Meter Hurdles Jr Var. (9) Prelims

Name	Yr	School	Seed Time
1 Russel Gordon	9	Fort Bragg	17.37
2 Hagan Cadwallader	10	Middletown	18.24
3 Payten Arragon	10	Middletown	18.84
4 Stephen Quezada	10	Middletown	20.34

5 Davis Pyorre	9	Fort Bragg	20.64
6 Jordan Rego	10	Middletown	21.04
7 Tyler Breiner	10	Middletown	21.74
8 Carson Schaffer	10	Middletown	22.44
9 Miguel Gonzales-Baltazar	10	Cloverdale	NT

Event 26 Boys 300 Meter Hurdles Jr Var. (15) Prelims

Name	Yr	School	Seed Time
1 Russel Gordon	9	Fort Bragg	44.75
2 Finn Addison	10	Cloverdale	50.14
2 Christopher Lopez	9	Cloverdale	50.14
4 Hagan Cadwallader	10	Middletown	50.24
5 Larry Russell	9	Lower Lake	51.04
6 Sayer Ford	9	Clear Lake	51.94
7 Filemon Sanchez	9	Middletown	52.44
7 Jordan Rego	10	Middletown	52.44
9 Ruddy Gordon	9	Fort Bragg	52.84
10 Stephen Quezada	10	Middletown	52.94
11 Tyler Breiner	10	Middletown	53.04
12 Ethan Scuderi-Schulman	10	Clear Lake	53.54
13 Carlos Moran	10	Fort Bragg	56.14
14 Daniel Pena	10	Fort Bragg	56.89
15 Kenny Karns	9	Upper Lake	NT

Event 2 Boys 4x100 Meter Relay Jr Var. (7)

Team	Relay	Seed Time
1 Fort Bragg		48.73
2 Middletown		49.44
3 Clear Lake		50.54
4 Technology		51.14
5 Lower Lake		52.54
6 Upper Lake		53.04
7 Cloverdale		53.74

Event 40 Boys 4x400 Meter Relay Jr Var. (4)

Team	Relay	Seed Time
1 Middletown		4:11.14
2 Fort Bragg		4:13.54
3 Cloverdale		4:33.24
4 Upper Lake		NT

Event 44 Boys High Jump Jr Var. (13)

Name	Yr	School	Seed Mark
1 Henry Yeomans	9	Fort Bragg	5-02.00
2 Donavin Valadez	9	Clear Lake	5-00.00
2 Brenden Jones	9	Clear Lake	5-00.00
4 Patrick Turner	10	Willits	4-10.00
4 Carson Schaffer	10	Middletown	4-10.00
4 Hunter Sanderson	10	Laytonville	4-10.00
4 Hagan Cadwallader	10	Middletown	4-10.00
8 Payten Arragon	10	Middletown	4-08.00
8 Joey Monasterio	10	Fort Bragg	4-08.00
8 Caden Woodlander	9	Sonoma Acade	4-08.00
11 Emelio Mendoza	9	Middletown	4-04.00
11 Davis Pyorre	9	Fort Bragg	4-04.00
13 Kenny Karns	9	Upper Lake	NH

2016 CMC Championships - 5/14/2016

St. Helena HS
Performance List**Event 48 Boys Pole Vault Jr Var. (7)**

Name	Yr	School	Seed Mark
1 Joey Monasterio	10	Fort Bragg	10-00.00
1 Davis Pyorre	9	Fort Bragg	10-00.00
3 Ethan Scuderi-Schulman	10	Clear Lake	8-06.00
3 Caelen Streeter	9	Technology	8-06.00
5 Alex Boe	10	Fort Bragg	8-00.00
6 Jordan Rego	10	Middletown	7-06.00
7 Payten Arragon	10	Middletown	7-00.00

Event 52 Boys Long Jump Jr Var. (23) Prelims

Name	Yr	School	Seed Mark
1 Jake Bell	10	Fort Bragg	18-02.25
2 Allen Gray	9	Rincon Valle	17-04.00
3 Cale Hawkins	9	Rincon Valle	17-03.00
4 Spencer Cooperfield	10	Willits	17-02.75
5 Raul Cano	10	Fort Bragg	17-02.00
6 Alan Moran	9	Fort Bragg	17-01.00
7 Brenden Jones	9	Clear Lake	16-06.00
7 Donavin Valadez	9	Clear Lake	16-06.00
9 Brenden Streeter	9	Technology	16-01.00
10 Oliver Hill	12	Laytonville	16-00.00
11 Jephthah Ikeh	10	Laytonville	15-10.00
12 Ruddy Gordon	9	Fort Bragg	15-09.00
13 Thomas Mitten	9	Rincon Valle	15-08.00
14 Orlando Can	10	Fort Bragg	14-06.00
15 Moises Flores	10	Fort Bragg	14-00.00
16 Emelio Mendoza	9	Middletown	13-10.00
16 Hunter Sanderson	10	Laytonville	13-10.00
16 Daniel Pena	10	Fort Bragg	13-10.00
19 Greyson Rockwell	9	Middletown	13-09.00
19 Caden Prather	9	Kelseyville	13-09.00
21 James Juarez	10	Upper Lake	12-10.00
22 Nathan Drohan	9	Sonoma Acade	11-10.00
23 Alex Visconti	10	Cloverdale	ND

Event 56 Boys Triple Jump Jr Var. (9)

Name	Yr	School	Seed Mark
1 Raul Cano	10	Fort Bragg	37-00.00
2 Elijah Howard	11	Laytonville	33-11.00
2 Jephthah Ikeh	10	Laytonville	33-11.00
4 Jake Bell	10	Fort Bragg	33-03.00
5 Cale Hawkins	9	Rincon Valle	31-08.00
6 Hagan Cadwallader	10	Middletown	29-04.50
7 Luke McQuaid	9	Clear Lake	ND
7 Caden Woodlander	9	Sonoma Acade	ND
7 Miguel Gonzales-Baltazar	10	Cloverdale	ND

Event 60 Boys Shot Put Jr Var. (21) Prelims

Name	Yr	School	Seed Mark
1 Daniel Lopez	10	Cloverdale	45-00.00
2 Felipe Sturr	10	Clear Lake	38-08.00
3 Greyson Rockwell	9	Middletown	35-03.75
4 Angel Sanchez	9	Willits	33-09.50
5 Gian Cresci	10	Fort Bragg	33-09.00
6 Nathaniel Renick	10	Willits	33-08.50

7 Grady Sturgeon	10	Fort Bragg	33-06.50
8 Ash Price	10	Fort Bragg	33-00.00
8 Dominic Legendre	10	Clear Lake	33-00.00
10 Jair Cen	10	Fort Bragg	32-06.50
11 Donald Mingo	10	Clear Lake	32-02.00
12 Niko Elder	9	Middletown	31-10.25
13 James Jojola	9	Upper Lake	31-09.00
14 Liam Hinson	9	Technology	31-05.25
15 Carter Proaps	10	Rincon Valle	31-03.00
16 Allen Gray	9	Rincon Valle	31-00.00
16 Treppa Marcks	9	Clear Lake	31-00.00
18 Saul Sanabria	10	Clear Lake	29-09.00
19 Max Brinegar	9	Sonoma Acade	29-02.00
20 Frank Rangel	10	Cloverdale	28-09.00
21 Elijah Howard	11	Laytonville	ND

Event 64 Boys Discus Throw Jr Var. (27) Prelims

Name	Yr	School	Seed Mark
1 Grady Sturgeon	10	Fort Bragg	104-01
2 Allen Gray	9	Rincon Valle	100-02
3 Greyson Rockwell	9	Middletown	91-04
4 Felipe Sturr	10	Clear Lake	86-09
5 Spencer Cooperfield	10	Willits	85-07
6 Carter Proaps	10	Rincon Valle	85-02
7 Dillion Tingle	10	Middletown	84-04.50
8 Liam Hinson	9	Technology	83-00
9 Jacob Martens	10	Rincon Valle	82-08
10 Donald Mingo	10	Clear Lake	77-10
11 Dominic Legendre	10	Clear Lake	77-03
12 Nathaniel Renick	10	Willits	75-04
13 Frank Rangel	10	Cloverdale	75-01
13 Daniel Lopez	10	Cloverdale	75-01
15 Jephthah Ikeh	10	Laytonville	74-08
16 Angel Sanchez	9	Willits	72-02
16 Gian Cresci	10	Fort Bragg	72-02
18 Niko Elder	9	Middletown	71-06
19 Max Brinegar	9	Sonoma Acade	70-11
20 Nicholas Reynolds	10	Fort Bragg	66-08
21 Jair Cen	10	Fort Bragg	66-01
21 Brenden Streeter	9	Technology	66-01
23 Austin Watson	9	Kelseyville	65-11
24 Treppa Marcks	9	Clear Lake	64-07
25 Saul Sanabria	10	Clear Lake	64-05
26 Tristan Archer	9	Technology	59-05
27 James Jojola	9	Upper Lake	58-08