

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 1 Girls 4x100 Meter Relay Varsity (22)

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
2	San Marin	A	55.21
	1) Tai, Maddie 9	2) Stevens, Nicky 10	3) Hayes, Rose 9
	5) Castellucci, Sylvia 11		4) Opegard, Amanda 10
3	Tamalpais	A	53.84
	1) Foss, Leila 9	2) Blair, Siena 11	3) Ruark, Cassandra 9
	5) Mercy, Emmy 9	6) Ramacher, Samantha 10	4) Greenberg, Ariana 9
4	Montgomery	A	53.47
	1) Jones, Mya 10	2) Haley, Emma 12	3) Dueck, Jessica 11
	5) Beck, Fayola 9	6) Ballard, DaRina 9	4) Kelley, Kira 11
5	American Canyon	A	53.50
	1) Johnson, Jania 10	2) Martin, Jamiah 11	3) Martin, Kyla 9
	5) Hemphill, Niya 10	6) Smith, Kamaya 11	4) Tapaoan, ImaJansen 12
6	McKinleyville	A	53.98
	1) Townsend, Kylee 10	2) Ward, Hadlie 12	3) Heenan, Cameron 10
	5) Jones, Cicely 9		4) Bray, Mackenzie 10
7	El Molino	A	56.20
	1) Fuentes, Kathy 10	2) Posner, Adyson 11	3) Saunders, Alicia 11
	5) Serrano, Audrey 10	6) Kellar, Sakura 12	4) Martinez, Jackey 12
Section 2 of 3 Timed Finals			
1	Ukiah	A	53.04
	1) Ruffin, Emylia 10	2) Ruffin, Kianna 9	3) Clark, Morgan 12
			4) Consterdine, Hana 11
2	Windsor	A	52.24
	1) Chavez, Isabela 10	2) Campos, Kendall 11	3) Schultz, Savannah 11
	5) Parr, Juliette 9	6) Daniel, Ella 9	4) Johnson, Emily 10
3	Rancho Cotate	A	51.83
	1) Soriano, Kelly 11	2) Whitley, Anevay 9	3) Monroe, Madison 10
	5) Hernandez, Luisa 11	6) Vadrnwale, Alesi 9	4) Auriol, Lois 10
4	Sir Francis Drake	A	51.45
	1) Calegari, Sophia 10	2) Blantz, Phoebe 12	3) Cudd, Sadie 11
	5) Thisner, Maya 10	6) Simon, Brooke 12	4) Boyd, Petra 11
5	Maria Carrillo	A	51.56
	1) Adams, Shanti 11	2) Madsen, McKenzie 12	3) Ouye, Lianah 11
	5) Gierok, Epiphany 11	6) Hermsen, Zoe 12	4) Murphy, Francena 10
6	Petaluma	A	51.93
	1) Lindberg, Miranna 12	2) Sullivan, Cali 10	3) Bell, Courtney 11
	5) Rodrigues, Katrina 9		4) Gilmore, Erika 12
7	Eureka	A	52.79
	1) Stone, Olivia 12	2) Watson, Amaya 9	3) Her, Lovena 9
	5) Watson, Ayana 12	6) Younge, Sativa 12	4) Rodgers, Tiana 12
8	Vintage	A	53.30
	1) Greenburg, Cecily 9	2) Malito, Megan 12	3) Kreps, Michaela 12
	5) Scheumann, Abigail 12	6) Scheumann, Julia 10	4) Massy, Angel 12

North Coast Section Finals - 5/11/2019**5/11/2019****Meet Program - Track and field****Section 3 of 3 Timed Finals...(Event 1 Girls 4x100 Meter Relay Varsity (22))**

1	Arcata	A		51.29
	1) Fechner, Emma 11	2) Jay, Kayla 10	3) Durham, Madilynn 10	4) Norlund, Thea 12
	5) Franklin, Tia 11	6) Wilson, Cheyenne 10		
2	Casa Grande	A		51.16
	1) Perez, Perla 11	2) Tiu, Maya 10	3) Melton, Emily 10	4) Doran, Lauren 12
	5) Jeff, Tiarra 12	6) Mantoani, Camille 11		
3	Marin Catholic	A		51.05
	1) Whitaker, Caterina 10	2) Jones, Sophia 11	3) Shepherd, Zoe 9	4) Matcham, Hannah 11
	5) Connery, Hailey 9	6) Heathwood, Madeline 9		
4	Santa Rosa	A		50.55
	1) Zamora, Izel 12	2) Keelty, Bria 12	3) Schroth, Cassidy 9	4) Wong, Anastasia 10
	5) Williams, Anika 12	6) Edwards, Sarah 11		
5	Fortuna	A		50.76
	1) Yang, Kalia 9	2) Hurst, Katie 12	3) Bennett, Samantha 9	4) Dolcini, Camrin 12
	5) Carrol, Kate 12			
6	Terra Linda	A		51.07
	1) Goertz, Sophia 10	2) Jones, Joelle 9	3) Bryan, Sydney 9	4) Oliver, Maddy 9
	5) Assies, Fiona 11	6) Jones, Marie 9		
7	Justin-Siena	A		51.23
	1) Kelly, Natalie 10	2) Sullivan, Claire 11	3) Thweatt, Sydney 9	4) Weis, Josephine 12
	5) Sherburne, Catherine 10	6) Holman, Bella 10		
8	Redwood	A		51.31
	1) Bernstein, Nathalia 9	2) Guillaume, Anouk 11	3) Carbullido, Lily 11	4) Davis, Elsa 10
	5) Cox, Tula 10	6) Rocha, Sophia 10		

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 2 Boys 4x100 Meter Relay Varsity (21)

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
2	Arcata	A	47.15
	1) Hasselquist, Aidan 11	2) Iskra, Alberto 11	3) Shelton, Aiden 9
	5) Marsh, Everett 9		4) Hasselquist, Sebastian 10
3	San Marin	A	46.51
	1) Quintero, Fernando 12	2) Morgain, Paris 12	3) Mancuso, Nate 10
4	Montgomery	A	45.94
	1) Hurd, Garrett 12	2) Alvarado, Brandon 12	3) Carusone, Jacob 10
	5) Maurer-Mabanglo, Noa 10	6) George, Jaymon 9	4) Folds, Damen 10
5	San Rafael	A	46.47
	1) Dugdale, Michael 10	2) Sondheim, Jack 11	3) Powell, Aaron 12
	5) Nguyen, Kevin 10	6) Jamasbi, Alex 9	4) Contini, James 10
6	Maria Carrillo	A	46.70
	1) Chen, Ethan 11	2) Shaw, Jeremiah 10	3) Richards, Jack 10
	5) Peralta Fernandez, Fabian 9	6) Cunningham, Spencer 12	4) Wood, Cody 10
Section 2 of 3 Timed Finals			
1	Napa	A	45.47
	1) Villanueva, Ruben 12	2) Gissell, Gabe 10	3) Berger, Jacob 11
	5) Hugg, Tristan 9		4) Caberto, Jack 10
2	Petaluma	A	45.41
	1) Hong, Devon 12	2) Hale, Nathan 12	3) Sullivan, Jack 11
	5) Moeckel, Anthony 11		4) Castiglia, Ryan 9
3	Eureka	A	45.33
	1) Korenstein, Josh 11	2) Pardoe, Harry 12	3) Ye, Danny 12
	5) Ethridge, Hunter 12	6) Spears, Nathaniel 10	4) Barres, Connor 12
4	Santa Rosa	A	44.94
	1) Stringer-Stein, Jonathan 11	2) McAnulty, Travis 11	3) Bailey, Rob 11
	5) Dethlefsen, Josef 12	6) Zimmerman, Logan 11	4) Glascock, Brayden 12
5	McKinleyville	A	45.13
	1) Watrous, Stephen 12	2) Lien, Owen 12	3) Ward, Isaac 10
	5) Witte, Nathan 10		4) Dolan, Ryan 12
6	Fortuna	A	45.35
	1) Shelton, Lane 9	2) Shaw, Connor 12	3) Nyberg, Levi 10
	5) Cox, Bo 10		4) Boyd, Draven 11
7	Sonoma Valley	A	45.41
	1) Powers, Andrew 12	2) Sendaydiego, Luke 11	3) Robles-Benitez, Jesus 12
	5) Belleville, Hunter 9	6) Perez, Kevin 11	4) Raffaini, Evan 12
8	Del Norte	A	45.85
	1) Nunez, Emmanuel 9	2) Sherman, Vova 12	3) Howard, Bryce 11
	5) Price, ethan 12		4) Cowan, Sam 11

North Coast Section Finals - 5/11/2019**5/11/2019****Meet Program - Track and field****Section 3 of 3 Timed Finals...(Event 2 Boys 4x100 Meter Relay Varsity (21))**

1	American Canyon	A		44.82
	1) Byrdsong, Edward 12	2) Gaviola, Kaave 11	3) McCoy, Alfons 9	4) Cummings, Jude 11
	5) Stewart, Croix 9	6) Coe-Johnson, Amarie 10		
2	Tamalpais	A		44.57
	1) Affeltranger, Lukas 12	2) Lyko, Hector 9	3) Strain, Sawyer 9	4) Nicholas, Aidan 12
	5) Kneafsey, Emmet 9	6) Bleckman, Luke 11		
3	Marin Catholic	A		44.01
	1) Meirana, Kevin 11	2) Perez, Matteo 10	3) Kreps, John 10	4) Carpenter, Kaleb 10
	5) Jennings, Michael 10	6) Dolan, Ryan 11		
4	Justin-Siena	A		43.55
	1) Anitoni, Solomone 11	2) Hoban, Blake 11	3) Mispagel, Landon 12	4) Say, Conrad 12
	5) Melancon, William 12	6) Morrison, Seth 10		
5	Casa Grande	A		43.90
	1) Kuper, Cole 12	2) Mason, Matthew 12	3) Tangonan, John Paul 11	4) Love, Jalydon 12
	5) Hollingshed, Aedan 10	6) Hall, Justin 10		
6	Rancho Cotate	A		44.24
	1) Holzmann, Noah 10	2) Betti, Dominic 11	3) Reagan, James 11	4) Luis, Jay 12
	5) Ortiz Martinez, Delon 10	6) Reagan, Brian 11		
7	Redwood	A		44.73
	1) Burrous, Max 12	2) Maher, Alexander 9	3) Rassmussen, Miller 10	4) Torppa, Iisakki 11
	5) Robertson, Jordan 10	6) Tantum, Charlie 11		
8	El Molino	A		44.93
	1) Wilson, Sam 12	2) Stringfellow, Wyatt 12	3) Ransome, Ethan 11	4) Ransome, Finn 11
	5) Cibrian, Jacob 10	6) Nicholls, Chase 12		

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 3 Girls 1600 Meter Run Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
1	Briceno, Mariah	11	Montgomery	5:30.40
2	Clifford, Gigi	10	Marin Catholic	5:31.27
3	Cohen-Sandler, Hannah	11	Maria Carrillo	5:31.39
4	Kennedy, Sara	12	Marin Catholic	5:33.87
5	Legallet, Neva	12	Redwood	5:34.02
6	Macdonald, Anneli	9	Arcata	5:35.54
7	Chung, Lilja	9	Windsor	5:36.53
8	Baswell, Emma	11	Casa Grande	5:39.55
9	McGrath, Molly	11	Napa	5:42.44
10	Macdonald, Michaela	11	Arcata	5:43.21
11	Wisniewski, Ahnali	9	Vintage	5:43.23
12	Garcia, Yadira	10	Vintage	6:01.15
Section 2 of 2 Timed Finals				
1	Peterson, Gabrielle	12	Healdsburg	4:49.34
2	Atkins, Sierra	12	Analy	4:51.84
3	Wallenstrom, Samantha	10	Marin Catholic	4:57.88
4	Armstrong, Aimee	12	Maria Carrillo	5:12.27
5	Hirth, Jasmin	11	Maria Carrillo	5:15.20
6	Morris, Nicole	10	Maria Carrillo	5:16.17
7	Martel-Phillips, Riley	12	Arcata	5:17.87
8	Van Allen, Kelsey	12	Tamalpais	5:18.80
9	Norlund, Thea	12	Arcata	5:21.55
10	Solomon, Summer	11	Tamalpais	5:24.88
11	Janku, Helena	9	Redwood	5:26.42
12	Duncan, Lauren	9	Redwood	5:29.30

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 4 Boys 1600 Meter Run Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
1	Vanden Heuvel, Jack	10	Healdsburg	4:31.99
2	Reuter, Gabriel	12	Sir Francis Drake	4:32.51
3	Frye, Dylan	11	Vintage	4:34.08
4	Pugh, Owen	11	Maria Carrillo	4:35.14
5	Walters, Timothy	11	Redwood	4:35.57
6	Vieyra, Noe	9	Maria Carrillo	4:36.33
7	Bennett, Ian	10	Eureka	4:37.04
8	McCarthy, Calvin	10	Sir Francis Drake	4:37.27
9	Stockwell, Collin	10	Fortuna	4:38.78
10	Beaube, Aaron	10	Casa Grande	4:46.47
11	Vera, Adam	12	McKinleyville	4:47.99
12	Wood, West	10	McKinleyville	4:51.47
Section 2 of 2 Timed Finals				
1	Anderson, Liam	12	Redwood	4:08.96
2	Barkan, Amir	11	Sir Francis Drake	4:17.56
3	Rumon, Lyle	11	Marin Catholic	4:18.73
4	McCarthy, Cooper	12	Sir Francis Drake	4:19.04
5	Swinth, Colton	11	Maria Carrillo	4:22.91
6	Hite, Owen	10	Casa Grande	4:22.96
7	Godinez, Dante	12	Healdsburg	4:23.01
8	Chung, Lucas	12	Windsor	4:23.30
9	Kapustka, Pierce	11	Maria Carrillo	4:23.76
10	Grace, Hudson	10	Redwood	4:25.17
11	Hite, William	10	Casa Grande	4:26.60
12	Engel, Andrew	11	Santa Rosa	4:27.33

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 5 Girls 100 Meter Hurdles Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Engler, Savannah	12	Petaluma	18.15
2	Williamson, Kaya	10	Terra Linda	18.02
3	Wild, Allison	12	Rancho Cotate	17.70
4	Rosales, Cynthia	12	Piner	17.62
5	Younge, Sativa	12	Eureka	17.63
6	Morrison, Annabel	10	Redwood	17.73
7	Naro, Kathleen	12	Rancho Cotate	18.06
8	Bennett, Samantha	9	Fortuna	18.39
Section 2 of 3 Timed Finals				
1	Hunt, Marilynn	12	San Marin	17.32
2	Winsemius, Chloe	10	Casa Grande	17.26
3	Boyd, Petra	11	Sir Francis Drake	17.01
4	Williams, Anika	12	Santa Rosa	16.84
5	Donohew, Caroline	10	Sir Francis Drake	16.94
6	Aguiar, Aliyah	10	Napa	17.17
7	Ward, Hadlie	12	McKinleyville	17.29
8	Matsik, Kelsey	11	Marin Catholic	17.55
Section 3 of 3 Timed Finals				
1	Gutierrez, Susie	12	Healdsburg	16.57
2	Auchard, Melissa	10	Sir Francis Drake	16.38
3	Dennis, Sydney	12	Petaluma	16.32
4	Dolcini, Camrin	12	Fortuna	15.56
5	Ross, Lauren	12	Tamalpais	16.06
6	Lin, Mikayla	11	Tamalpais	16.36
7	Brutus, Dorah	12	Casa Grande	16.53
8	Daffeh, Aminata	12	Santa Rosa	16.71

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field**Event 6 Boys 110 Meter Hurdles Varsity (24)**

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Yang, Huizhi	12	Casa Grande	17.26
2	Boeschen, Sam	10	Justin-Siena	17.13
3	Carpenter, Kaleb	10	Marin Catholic	16.71
4	Yalew, Danciel	11	American Canyon	16.70
5	Caindec, Parker (Kalani)	12	Redwood	16.70
6	Warne, John	11	Sir Francis Drake	17.09
7	Pedersen, Aidan	12	Sir Francis Drake	17.14
8	Ward, Isaac	10	McKinleyville	17.84
Section 2 of 3 Timed Finals				
1	Hasselquist, Aidan	11	Arcata	16.36
2	George, Jaymon	9	Montgomery	16.22
3	Dethlefsen, Josef	12	Santa Rosa	15.98
4	Witte, Nathan	10	McKinleyville	15.80
5	Ainlay, Kevin	11	Piner	15.97
6	Manning, Alex	9	Santa Rosa	16.16
7	Becker, Mason	12	Vintage	16.24
8	Henzl, Max	9	Sir Francis Drake	16.63
Section 3 of 3 Timed Finals				
1	Jezycki, Kyle	11	Napa	15.69
2	Spears, Nathaniel	10	Eureka	15.42
3	Mispagel, Landon	12	Justin-Siena	15.23
4	Rodrigues, Zavier	11	Maria Carrillo	15.15
5	Glascock, Brayden	12	Santa Rosa	15.17
6	Niu, Michael	12	Terra Linda	15.39
7	Manalac, Ralph	12	Windsor	15.69
8	Johnson, Kobe	12	Terra Linda	15.75

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 7 Girls 400 Meter Dash Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Stone, Olivia	12	Eureka	1:04.98
2	Pignataro, Jayda	11	Windsor	1:04.29
3	Griffin, Rosie	10	Marin Catholic	1:03.57
4	Rockwell, Noel	12	Sir Francis Drake	1:03.30
5	Reposa, Audrey	9	Casa Grande	1:03.31
6	Fechner, Emma	11	Arcata	1:03.93
7	Pitkin, Emily	10	Tamalpais	1:04.71
8	Watson, Ayana	12	Eureka	1:05.26
Section 2 of 3 Timed Finals				
1	Rowe, Kiely	12	Maria Carrillo	1:02.89
2	Hermesen, Zoe	12	Maria Carrillo	1:02.77
3	Ruffin, Kianna	9	Ukiah	1:02.25
4	Madsen, McKenzie	12	Maria Carrillo	1:01.79
5	Monroe, Madison	10	Rancho Cotate	1:02.19
6	Martin, Kyla	9	American Canyon	1:02.44
7	Roberts, Lexy	11	Fortuna	1:02.89
8	Dawson, Carolina	9	Analy	1:03.25
Section 3 of 3 Timed Finals				
1	Heathwood, Madeline	9	Marin Catholic	1:01.61
2	Vasicek, Ella	10	Tamalpais	1:00.20
3	Guilhaume, Anouk	11	Redwood	1:00.06
4	Thweatt, Sydney	9	Justin-Siena	59.60
5	Zamora, Izel	12	Santa Rosa	59.93
6	Windsor, Madeline	11	Analy	1:00.09
7	Broome, Jeanne	10	El Molino	1:01.04
8	Greenberg, Ariana	9	Tamalpais	1:01.73

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 8 Boys 400 Meter Dash Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Ethridge, Hunter	12	Eureka	53.76
2	Santos, Jaime	12	American Canyon	53.41
3	Stringer-Stein, Jonathan	11	Santa Rosa	53.11
4	Quintero, Fernando	12	San Marin	52.68
5	Hurd, Garrett	12	Montgomery	52.95
6	Giroux, Matthew	11	Casa Grande	53.41
7	Reyes, Sebastian	12	McKinleyville	53.66
8	Boyd, Draven	11	Fortuna	54.09
Section 2 of 3 Timed Finals				
1	Gabriel, Jaden	12	Petaluma	52.58
2	Russell, Josiah	12	Sir Francis Drake	52.44
3	Vance, Lucas	12	Sir Francis Drake	52.08
4	Watkins, William	11	Marin Catholic	51.81
5	Corday, Vince	12	Windsor	52.05
6	Blanusa, Gavin	10	Sonoma Valley	52.24
7	Coe-Johnson, Amarie	10	American Canyon	52.45
8	Moseley, Jackson	10	Redwood	52.66
Section 3 of 3 Timed Finals				
1	Van Arden, Tyler	12	Maria Carrillo	51.50
2	Solorio, Andres	11	Vintage	51.27
3	Love, Jalydon	12	Casa Grande	50.21
4	Ramirez, Severin	12	Maria Carrillo	49.65
5	Patterson, Justin	11	Cardinal Newman	50.09
6	Murray, Bridger	12	Sir Francis Drake	51.20
7	Lien, Owen	12	McKinleyville	51.32
8	Hale, Nathan	12	Petaluma	51.78

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 9 Girls 100 Meter Dash Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Martin, Jamiah	11	American Canyon	13.47
2	Whitley, Anevay	9	Rancho Cotate	13.36
3	Thompson, Tianna	9	Del Norte	13.34
4	Adams, Shanti	11	Maria Carrillo	13.21
5	Whitaker, Caterina	10	Marin Catholic	13.29
6	Durham, Madilynn	10	Arcata	13.35
7	Scheumann, Julia	10	Vintage	13.45
8	Dueck, Jessica	11	Montgomery	13.47
Section 2 of 3 Timed Finals				
1	Doran, Lauren	12	Casa Grande	13.11
2	Bryan, Sydney	9	Terra Linda	13.08
3	Murphy, Francena	10	Maria Carrillo	13.03
4	Rodgers, Tiana	12	Eureka	13.00
5	Wong, Anastasia	10	Santa Rosa	13.01
6	Shepherd, Zoe	9	Marin Catholic	13.06
7	Assies, Fiona	11	Terra Linda	13.09
8	Tiu, Maya	10	Casa Grande	13.14
Section 3 of 3 Timed Finals				
1	Sullivan, Cali	10	Petaluma	12.99
2	Auriol, Lois	10	Rancho Cotate	12.97
3	Campos, Kendall	11	Windsor	12.85
4	Schroth, Cassidy	9	Santa Rosa	12.48
5	Chavez, Isabela	10	Windsor	12.57
6	Goertz, Sophia	10	Terra Linda	12.91
7	Bernstein, Nathalia	9	Redwood	12.98
8	Yang, Kalia	9	Fortuna	13.00

North Coast Section Finals - 5/11/2019**5/11/2019****Meet Program - Track and field****Event 10 Boys 100 Meter Dash Varsity (24)**

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Sherman, Vova	12	Del Norte	11.72
2	Hoban, Blake	11	Justin-Siena	11.64
3	Sievers, Jake	11	Windsor	11.60
4	Dolan, Ryan	11	Marin Catholic	11.58
5	Ball, Reanne	12	Piner	11.59
6	Maher, Alexander	9	Redwood	11.63
7	Stewart, Croix	9	American Canyon	11.67
8	Cowan, Sam	11	Del Norte	11.73
Section 2 of 3 Timed Finals				
1	Watrous, Stephen	12	McKinleyville	11.55
2	Kooba, Jack	12	Healdsburg	11.51
3	Nguyen, Minh	11	Piner	11.49
4	Holzmann, Noah	10	Rancho Cotate	11.40
5	Barres, Connor	12	Eureka	11.42
6	Wood, Cody	10	Maria Carrillo	11.50
7	Meirana, Kevin	11	Marin Catholic	11.52
8	Stringfellow, Wyatt	12	El Molino	11.55
Section 3 of 3 Timed Finals				
1	Perez, Matteo	10	Marin Catholic	11.33
2	Sandwina, Max	11	Windsor	11.30
3	Say, Conrad	12	Justin-Siena	11.20
4	Nicholas, Aidan	12	Tamalpais	11.13
5	Mason, Matthew	12	Casa Grande	11.17
6	Gilbert, Kyle	10	Terra Linda	11.27
7	Burrous, Max	12	Redwood	11.31
8	Luis, Jay	12	Rancho Cotate	11.37

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 11 Girls 800 Meter Run Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
1	Leano, Talia	12	Maria Carrillo	2:29.82
2	Martel-Phillips, Riley	12	Arcata	2:30.56
3	Cohen-Sandler, Hannah	11	Maria Carrillo	2:30.57
4	Kreps, Michaela	12	Vintage	2:30.66
5	Janku, Helena	9	Redwood	2:30.72
6	Hale, Jacqueline	12	Santa Rosa	2:31.91
7	Dowd, Maddie	11	Marin Catholic	2:32.03
8	Concannon, Alana	9	Tamalpais	2:32.40
9	Hernandez, Tamara	10	Vintage	2:34.39
10	Reposa, Audrey	9	Casa Grande	2:35.23
11	Macdonald, Mathilde	9	Arcata	2:36.15
12	Roberts, Lexy	11	Fortuna	2:39.75
Section 2 of 2 Timed Finals				
1	Wallenstrom, Samantha	10	Marin Catholic	2:18.93
2	Atkins, Sierra	12	Analy	2:19.03
3	Armstrong, Aimee	12	Maria Carrillo	2:19.42
4	Haley, Leah	12	Montgomery	2:19.63
5	Norlund, Thea	12	Arcata	2:22.10
6	Dawson, Carolina	9	Analy	2:23.21
7	Zink, Yasha	9	Tamalpais	2:25.29
8	Pignataro, Jayda	11	Windsor	2:26.16
9	Hirth, Jasmin	11	Maria Carrillo	2:26.72
10	Woods, Tyler	11	Redwood	2:27.72
11	Duffy, Caroline	12	Santa Rosa	2:27.98
12	McLoughlin, Jane	12	Napa	2:28.89

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 12 Boys 800 Meter Run Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 2 Timed Finals				
1	Luong, Austin	11	Piner	2:02.84
2	Vanden Heuvel, Jack	10	Healdsburg	2:03.26
3	Dierke, Alec	11	Analy	2:03.81
4	Pickle, Jack	11	Maria Carrillo	2:04.06
5	Alvarado, Brandon	12	Montgomery	2:04.23
6	Ronshausen, Luke	10	Petaluma	2:05.77
7	Goltz, Eric	11	Redwood	2:06.21
8	Roberts, Kai	11	Terra Linda	2:06.22
9	Bennett, Ian	10	Eureka	2:08.03
10	Stockwell, Collin	10	Fortuna	2:09.52
11	Ortega, Jude	9	McKinleyville	2:15.20
12	Combs, Max	11	McKinleyville	2:15.76
Section 2 of 2 Timed Finals				
1	Moon, Logan	11	Casa Grande	1:55.94
2	Barkan, Amir	11	Sir Francis Drake	1:58.66
3	Godinez, Dante	12	Healdsburg	1:59.01
4	Pompili, Nicco	12	Sir Francis Drake	1:59.21
5	Rios, Daniel	11	Napa	1:59.31
6	Wolford, Owen	11	Sir Francis Drake	1:59.63
7	Swinth, Colton	11	Maria Carrillo	2:00.99
8	Wachowski, Jonathan	11	Vintage	2:01.38
9	Schott, Conor	12	Santa Rosa	2:01.40
10	Weisert, Jake	12	Tamalpais	2:02.14
11	Patel, Austin	12	Redwood	2:02.39
12	Kapustka, Pierce	11	Maria Carrillo	2:02.67

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 13 Girls 300 Meter Hurdles Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Kujawa-Seda, Liberty	12	Arcata	54.13
2	Wild, Allison	12	Rancho Cotate	53.20
3	Auchard, Melissa	10	Sir Francis Drake	52.93
4	Serrano, Audrey	10	El Molino	52.57
5	Clark, Kelsey	12	Napa	52.72
6	Boyd, Petra	11	Sir Francis Drake	52.95
7	Malito, Megan	12	Vintage	53.20
8	Bennett, Samantha	9	Fortuna	54.14
Section 2 of 3 Timed Finals				
1	Bray, Mackenzie	10	McKinleyville	51.86
2	Williamson, Kaya	10	Terra Linda	51.31
3	Weis, Josephine	12	Justin-Siena	50.45
4	Gutierrez, Susie	12	Healdsburg	50.19
5	Martin, Kyla	9	American Canyon	50.43
6	Ward, Hadlie	12	McKinleyville	51.29
7	Beck, Fayola	9	Montgomery	51.72
8	Brutus, Dorah	12	Casa Grande	51.96
Section 3 of 3 Timed Finals				
1	Boyd, Alyssa	9	Maria Carrillo	50.10
2	Morrison, Annabel	10	Redwood	49.47
3	Dural, Aysia	10	Cardinal Newman	49.13
4	Lin, Mikayla	11	Tamalpais	47.31
5	Donohew, Caroline	10	Sir Francis Drake	49.01
6	Williams, Anika	12	Santa Rosa	49.15
7	Dennis, Sydney	12	Petaluma	49.56
8	Rosales, Cynthia	12	Piner	50.16

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 14 Boys 300 Meter Hurdles Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Gilmore, Aidan	11	Petaluma	44.48
2	Spears, Nathaniel	10	Eureka	44.07
3	Manalac, Ralph	12	Windsor	43.75
4	Duffy, Ryan	12	Cardinal Newman	43.49
5	Zuidema, Owen	12	Napa	43.72
6	Morgain, Paris	12	San Marin	44.02
7	Potrebic, Casey	10	Justin-Siena	44.18
8	Ward, Isaac	10	McKinleyville	44.96
Section 2 of 3 Timed Finals				
1	Dethlefsen, Josef	12	Santa Rosa	43.28
2	George, Jaymon	9	Montgomery	43.03
3	Becker, Mason	12	Vintage	42.54
4	Mispagel, Landon	12	Justin-Siena	41.95
5	Corday, Vince	12	Windsor	42.35
6	Sreba, Alexander	11	Redwood	42.58
7	Ainlay, Kevin	11	Piner	43.14
8	Pedersen, Aidan	12	Sir Francis Drake	43.48
Section 3 of 3 Timed Finals				
1	Hasselquist, Aidan	11	Arcata	41.63
2	Affeltranger, Lukas	12	Tamalpais	40.73
3	Witte, Nathan	10	McKinleyville	40.65
4	Glascock, Brayden	12	Santa Rosa	38.76
5	Johnson, Kobe	12	Terra Linda	40.52
6	Carpenter, Kaleb	10	Marin Catholic	40.67
7	Niu, Michael	12	Terra Linda	40.87
8	Ransome, Ethan	11	El Molino	41.85

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 15 Girls 200 Meter Dash Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Rodgers, Tiana	12	Eureka	28.07
2	Bell, Courtney	11	Petaluma	27.72
3	Doran, Lauren	12	Casa Grande	27.65
4	Ruffin, Kianna	9	Ukiah	27.59
5	Niehaus, Alex	11	Cardinal Newman	27.60
6	Heathwood, Madeline	9	Marin Catholic	27.65
7	Ruffin, Emylia	10	Ukiah	27.87
8	Watson, Amaya	9	Eureka	29.16
Section 2 of 3 Timed Finals				
1	Adams, Shanti	11	Maria Carrillo	27.54
2	Thompson, Tianna	9	Del Norte	27.50
3	Wong, Anastasia	10	Santa Rosa	27.40
4	Murphy, Francena	10	Maria Carrillo	27.21
5	Monroe, Madison	10	Rancho Cotate	27.31
6	Goertz, Sophia	10	Terra Linda	27.45
7	Windsor, Madeline	11	Analy	27.51
8	Guilhaume, Anouk	11	Redwood	27.57
Section 3 of 3 Timed Finals				
1	Jones, Sophia	11	Marin Catholic	27.01
2	Thweatt, Sydney	9	Justin-Siena	26.84
3	Zamora, Izel	12	Santa Rosa	26.57
4	Schroth, Cassidy	9	Santa Rosa	26.18
5	Campos, Kendall	11	Windsor	26.48
6	Chavez, Isabela	10	Windsor	26.63
7	Yang, Kalia	9	Fortuna	26.90
8	Calegari, Sophia	10	Sir Francis Drake	27.07

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 16 Boys 200 Meter Dash Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Jennings, Michael	10	Marin Catholic	23.89
2	Sherman, Vova	12	Del Norte	23.83
3	Dolan, Ryan	12	McKinleyville	23.74
4	Kooba, Jack	12	Healdsburg	23.67
5	Crutcher, Myles	12	Vintage	23.72
6	Nguyen, Minh	11	Piner	23.76
7	Cummings, Jude	11	American Canyon	23.86
8	Dolan, Ryan	11	Marin Catholic	23.91
Section 2 of 3 Timed Finals				
1	Betti, Dominic	11	Rancho Cotate	23.56
2	Tantum, Charlie	11	Redwood	23.46
3	Say, Conrad	12	Justin-Siena	23.31
4	Love, Jalydon	12	Casa Grande	23.17
5	Lien, Owen	12	McKinleyville	23.23
6	Sandwina, Max	11	Windsor	23.43
7	Meirana, Kevin	11	Marin Catholic	23.49
8	Wood, Cody	10	Maria Carrillo	23.62
Section 3 of 3 Timed Finals				
1	Cauckwell, Jasper	11	Ukiah	23.08
2	Burrous, Max	12	Redwood	22.97
3	Patterson, Justin	11	Cardinal Newman	22.52
4	Stewart, Croix	9	American Canyon	22.40
5	Mason, Matthew	12	Casa Grande	22.46
6	Nicholas, Aidan	12	Tamalpais	22.74
7	Barres, Connor	12	Eureka	23.01
8	Luis, Jay	12	Rancho Cotate	23.10

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 17 Girls 3200 Meter Run Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Peterson, Gabrielle	12	Healdsburg	10:58.52
2	Morris, Nicole	10	Maria Carrillo	11:26.37
3	Van Allen, Kelsey	12	Tamalpais	11:36.43
4	Macdonald, Anneli	9	Arcata	11:54.93
5	Oblites, Emilia	10	Novato	11:59.31
6	Field, Meghan	12	Maria Carrillo	12:07.66
7	Deeik, Mary	10	Vintage	12:07.79
8	Solomon, Summer	11	Tamalpais	12:08.99
9	Chung, Lilja	9	Windsor	12:09.52
10	Macdonald, Michaela	11	Arcata	12:11.86
11	Clifford, Gigi	10	Marin Catholic	12:19.02
12	Kennedy, Sara	12	Marin Catholic	12:19.22
13	Frandsen, Katrina	12	Santa Rosa	12:23.25
14	Swoboda, Alexis	12	Ukiah	12:26.27
15	Seeley, Kyla	10	Sir Francis Drake	12:27.53
16	Cohen-Sandler, Hannah	11	Maria Carrillo	12:27.96
17	Baswell, Emma	11	Casa Grande	12:40.17
18	Pletcher, Elena	9	San Rafael	12:40.73
19	O'Mara, Erin	11	Windsor	12:51.26
20	Pletcher, Lia	9	Tamalpais	12:53.67
21	Monge, Claire	12	Arcata	12:58.99
22	Busby, Anastasia	11	Vintage	13:17.11
23	Johnson, Kristianna	9	Piner	13:23.12
24	Stacy, Maggie	11	Fortuna	13:44.01

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 18 Boys 3200 Meter Run Varsity (24)

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Anderson, Liam	12	Redwood	9:10.24
2	Chung, Lucas	12	Windsor	9:32.63
3	Smail, Rory	11	Maria Carrillo	9:33.75
4	Rumon, Lyle	11	Marin Catholic	9:41.64
5	McCarthy, Cooper	12	Sir Francis Drake	9:44.75
6	Hite, Owen	10	Casa Grande	9:47.49
7	Engel, Andrew	11	Santa Rosa	9:49.05
8	Frankl, Harrison	12	Maria Carrillo	9:50.71
9	Hite, William	10	Casa Grande	9:54.25
10	Donohue, Jacob	9	Maria Carrillo	9:54.37
11	Pugh, Owen	11	Maria Carrillo	9:54.98
12	Guzman, Emmanuel	12	Vintage	9:57.01
13	Ettedgui, Elijah	11	Maria Carrillo	9:57.95
14	Reuter, Gabriel	12	Sir Francis Drake	9:58.10
15	Alvarez-Hernandez, Omar	11	Maria Carrillo	10:01.52
16	Chang, Justin Kyle	12	American Canyon	10:05.09
17	Grace, Hudson	10	Redwood	10:05.87
18	McKamey, Andrew	10	Santa Rosa	10:09.13
19	Frye, Dylan	11	Vintage	10:09.73
20	Cosca, Erik	11	Napa	10:10.53
21	Vera, Adam	12	McKinleyville	10:49.39
22	Wood, West	10	McKinleyville	11:03.21
23	Becannon, Thomas	10	Eureka	11:08.01
24	Sweet, Josh	9	Eureka	11:19.57

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 19 Girls 4x400 Meter Relay Varsity (22)

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
2	McKinleyville	A	4:51.08
	1) Heenan, Cameron 10	2) Alexander, Olivia 10	3) Jones, Cicely 9
	5) Bray, Mackenzie 10		4) Ferreira, Cecelia 12
3	Healdsburg	A	4:45.71
	1) Peterson, Gabrielle 12	2) Lopez, Lilia 12	3) Bozeman, Natalie 12
	5) Velasco, Deisy 12	6) Costello, Hayley 12	4) Gutierrez, Susie 12
4	Novato	A	4:38.50
	1) Dunn, Elsa 11	2) Jerinic-Brodeur, Norah 10	3) Hart, Gillian 11
	5) Lopic, Kaia 9	6) Patel, Sage 11	4) Janssen, Rebecca 9
5	Petaluma	A	4:45.66
	1) Lindberg, Miranna 12	2) Sullivan, Cali 10	3) Bell, Courtney 11
	5) Rodrigues, Katrina 9		4) Gilmore, Erika 12
6	Sonoma Valley	A	4:45.77
	1) Hunter, Anabelle 9	2) Crespo, Chelsey 10	3) Gutierrez, Valeria 10
	5) Sheldon, Keira 9	6) Pencil, Samantha 12	4) Garcia Flores, Jasmine 11
7	Lower Lake	A	5:02.33
	1) Rippe, Faye 11	2) Montanez, Lyzet 10	3) Collins, Molly 10
	5) Mayo, Emily 12		4) Stone, Michaela 11
Section 2 of 3 Timed Finals			
1	Eureka	A	4:31.48
	1) Bonomini, Kristin 11	2) Chalmers, Sophia 11	3) Watson, Ayana 12
	5) Watson, Amaya 9	6) Her, Lovena 9	4) Stone, Olivia 12
2	Redwood	A	4:28.13
	1) Janku, Helena 9	2) Guilhaume, Anouk 11	3) Cox, Tula 10
	5) Morrison, Annabel 10	6) Bernstein, Nathalia 9	4) Woods, Tyler 11
3	Justin-Siena	A	4:24.70
	1) Sherburne, Catherine 10	2) Holman, Bella 10	3) Halloran, Audrey 9
	5) Curtola, Jenna 12	6) Weis, Josephine 12	4) Thweatt, Sydney 9
4	Arcata	A	4:21.77
	1) Fechner, Emma 11	2) Macdonald, Mathilde 9	3) Martel-Phillips, Riley 12
	5) Jay, Kayla 10	6) Kujawa-Seda, Liberty 12	4) Norlund, Thea 12
5	Montgomery	A	4:23.01
	1) Kelley, Kira 11	2) Jones, Mya 10	3) Briceno, Mariah 11
	5) Beck, Fayola 9	6) Dueck, Jessica 11	4) Haley, Leah 12
6	Casa Grande	A	4:25.70
	1) Melton, Emily 10	2) Reposo, Audrey 9	3) Morgan, Gwen 9
	5) Steeves, Ashlyn 10	6) Carlson, Cate 9	4) Baswell, Emma 11
7	American Canyon	A	4:28.87
	1) Herbert, Libby 12	2) Smith, Kamaya 11	3) Goon, Jasmine 10
	5) Hemphill, Niya 10	6) Johnson, Jania 10	4) Tapaoan, ImaJansen 12
8	El Molino	A	4:31.94
	1) Velasquez, Isabelle 12	2) Kellar, Sakura 12	3) Serrano, Audrey 10
	5) Kinderman, Ella 12	6) Fuentes, Kathy 10	4) Broome, Jeanne 10

North Coast Section Finals - 5/11/2019**5/11/2019****Meet Program - Track and field****Section 3 of 3 Timed Finals...(Event 19 Girls 4x400 Meter Relay Varsity (22))**

1	Terra Linda	A		4:19.80
	1) Goertz, Sophia 10	2) Assies, Fiona 11	3) Bryan, Sydney 9	4) Oliver, Maddy 9
	5) Carmona, Emily 9	6) Jones, Marie 9		
2	Sir Francis Drake	A		4:14.59
	1) Calegari, Sophia 10	2) Donohew, Caroline 10	3) Cudd, Sadie 11	4) Rockwell, Noel 12
	5) McKillop-Herr, Jacqueline 10	6) Nikolai, Sascha 9		
3	Napa	A		4:12.38
	1) Gudino, Stephanie 12	2) McGrath, Molly 11	3) Aguiar, Aliyah 10	4) McLoughlin, Jane 12
	5) Berryhill, Caitlyn 11			
4	Santa Rosa	A		4:06.41
	1) Schroth, Kassidy 9	2) Keelty, Bria 12	3) Duffy, Caroline 12	4) Zamora, Izel 12
	5) Williams, Anika 12	6) Edwards, Sarah 11		
5	Marin Catholic	A		4:11.05
	1) Jones, Sophia 11	2) Heathwood, Madeline 9	3) Griffin, Rosie 10	4) Wallenstrom, Samantha 10
	5) Connery, Hailey 9	6) Dowd, Maddie 11		
6	Maria Carrillo	A		4:13.11
	1) Hermsen, Zoe 12	2) Armstrong, Aimee 12	3) Rowe, Kiely 12	4) Madsen, McKenzie 12
	5) Hirth, Jasmin 11	6) Leano, Talia 12		
7	Vintage	A		4:16.75
	1) Kreps, Michaela 12	2) Scheumann, Abigail 12	3) Scheumann, Julia 10	4) Hernandez, Tamara 10
	5) Shoop, Reagyn 10	6) Jezycki, Kaleena 12		
8	Windsor	A		4:20.27
	1) Chavez, Isabela 10	2) Campos, Kendall 11	3) Schultz, Savannah 11	4) Pignataro, Jayda 11
	5) Parr, Juliette 9	6) Smith, Ava 11		

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 20 Boys 4x400 Meter Relay Varsity (24)

Lane	Team	Relay	Seed Time
Section 1 of 3 Timed Finals			
1	Petaluma	A	3:47.97
	1) Hale, Nathan 12	2) Gabriel, Jaden 12	3) Apple, Ezra 10
	5) Hong, Devon 12	6) Ronshausen, Luke 10	4) Sullivan, Jack 11
2	El Molino	A	3:46.36
	1) Nicholls, Chase 12	2) Cibrian, Jacob 10	3) Berna, Soul 10
	5) Wilson, Sam 12	6) Stringfellow, Wyatt 12	4) Ransome, Ethan 11
3	Tamalpais	A	3:44.89
	1) Carney, Caden 9	2) Weisert, Jake 12	3) Nicholas, Aidan 12
	5) Lyko, Hector 9	6) Kneafsey, Emmet 9	4) Affeltranger, Lukas 12
4	Fortuna	A	3:42.78
	1) Stockwell, Collin 10	2) Nyberg, Levi 10	3) Boyd, Draven 11
	5) Martinez, Giovanni 10		4) Cox, Bo 10
5	Napa	A	3:44.30
	1) Gallardo, Chevito 12	2) Gissell, Gabe 10	3) Zuidema, Owen 12
	5) Hugg, Tristan 9		4) Garcia, Juan 12
6	Eureka	A	3:45.83
	1) Bennett, Ian 10	2) Ethridge, Hunter 12	3) Garcia - Zepeda, Everardo 11
	5) Pardoe, Harry 12	6) Barres, Connor 12	4) Stefanakis, Dimitri 11
7	Del Norte	A	3:46.40
	1) Howard, Bryce 11	2) Nunez, Emmanuel 9	3) Sherman, Vova 12
	5) Price, ethan 12		4) Cowan, Sam 11
8	Arcata	A	3:51.35
	1) Spanos, Alex 9	2) Letts, Ian 9	3) Garrett, Spencer 12
			4) Iskra, Alberto 11
Section 2 of 3 Timed Finals			
1	Sonoma Valley	A	3:40.54
	1) Blanusa, Gavin 10	2) Sheldon, Liam 12	3) Robles-Benitez, Jesus 12
	5) Armstrong, Derek 11	6) Jordan, Nate 11	4) Belleville, Hunter 9
2	San Marin	A	3:40.22
	1) Quintero, Fernando 12	2) Morgain, Paris 12	3) Venezia, Luke 10
	5) Rizzo, Gage 9		4) Mancuso, Nate 10
3	Justin-Siena	A	3:37.01
	1) Potrebic, Casey 10	2) Parlett, Austin 12	3) Dolinar, Aidan 12
	5) Kalten, Emilio 12	6) Mispagel, Landon 12	4) Melancon, William 12
4	McKinleyville	A	3:35.34
	1) Witte, Nathan 10	2) Reyes, Sebastian 12	3) Lien, Owen 12
	5) Ward, Isaac 10		4) Dolan, Ryan 12
5	Montgomery	A	3:36.99
	1) Hurd, Garrett 12	2) Alvarado, Brandon 12	3) Tucker, Gabriel 10
	5) George, Jaymon 9		4) Ledesma, Daniel 11
6	Cardinal Newman	A	3:39.58
	1) Duffy, Ryan 12	2) Coogan, Dallas 9	3) Prado, Mario 10
			4) Patterson, Justin 11
7	Piner	A	3:40.39
	1) Nguyen, Minh 11	2) Ball, Ryan 12	3) Ball, Reanne 12
	5) Luong, Austin 11	6) Ainlay, Kevin 11	4) Isack, Yonatan 11
8	Redwood	A	3:40.71
	1) Moseley, Jackson 10	2) Patel, Austin 12	3) Rocha, Gabriel 12
	5) O'Neal, John 11	6) Anderson, Liam 12	4) Malek, Ben 11

North Coast Section Finals - 5/11/2019**5/11/2019****Meet Program - Track and field****Section 3 of 3 Timed Finals...(Event 20 Boys 4x400 Meter Relay Varsity (24))**

1	Vintage	A		3:33.26
	1) Solorio, Andres 11	2) Crutcher, Myles 12	3) Wachowski, Jonathan 11	4) Becker, Mason 12
	5) Cole, Stephen 11	6) Frye, Dylan 11		
2	Terra Linda	A		3:32.27
	1) Roberts, Brody 11	2) Niu, Michael 12	3) Roberts, Kai 11	4) Johnson, Kobe 12
	5) Inouye, Lucas 11	6) Vasquez, Carlos 11		
3	American Canyon	A		3:30.02
	1) Stewart, Croix 9	2) Cummings, Jude 11	3) Coe-Johnson, Amarie 10	4) Santos, Jaime 12
	5) McCoy, Alfons 9	6) BenMansour, Amine 10		
4	Casa Grande	A		3:25.46
	1) Giroux, Matthew 11	2) Moon, Logan 11	3) Mason, Matthew 12	4) Love, Jalydon 12
	5) Tangonan, John Paul 11	6) Beube, Aaron 10		
5	Sir Francis Drake	A		3:28.76
	1) Murray, Bridger 12	2) Russell, Josiah 12	3) Weller, Riley 12	4) Pompili, Nicco 12
	5) Vance, Lucas 12	6) Wolford, Owen 11		
6	Healdsburg	A		3:30.67
	1) Kooba, Jack 12	2) Vanden Heuvel, Jack 10	3) Godinez, Dante 12	4) Felix, Jeremy 12
	5) Costello, Truman 11	6) Vasquez-Mendoza, Xzavier 11		
7	Maria Carrillo	A		3:32.45
	1) McCloud, William 12	2) Van Arden, Tyler 12	3) Swinth, Colton 11	4) Ramirez, Severin 12
	5) Wood, Cody 10	6) Kapustka, Pierce 11		
8	Marin Catholic	A		3:33.47
	1) Bailey, Joseph 11	2) Watkins, William 11	3) Kreps, John 10	4) Carpenter, Kaleb 10
	5) Meirana, Kevin 11	6) Jennings, Michael 10		

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 21 Girls Long Jump Varsity (24)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	Younge, Sativa	12	Eureka		13-09.00
2	Taylor, Claire	11	Del Norte		14-07.50
3	Turjanis, Maija	11	Napa		14-11.75
4	Krieger, Caledonia	10	San Rafael		15-01.50
5	Kelly, Carina	11	Tamalpais		15-01.75
6	Berryhill, Caitlyn	11	Napa		15-03.25
7	Auriol, Lois	10	Rancho Cotate		15-03.50
8	Rodgers, Tiana	12	Eureka		15-05.50
Flight 2 of 3 Finals					
1	Hurst, Katie	12	Fortuna		15-07.00
2	Perez, Perla	11	Casa Grande		15-08.50
3	Oliver, Maddy	9	Terra Linda		15-08.75
4	Williamson, Kaya	10	Terra Linda		15-09.00
5	Blair, Siena	11	Tamalpais		15-09.25
6	Mincy, Sofia	10	Redwood		15-10.25
7	Costello, Hayley	12	Healdsburg		15-10.25
8	Barrera, Kaylie	11	Sonoma Valley		15-11.00
Flight 3 of 3 Finals					
1	Jones, Marie	9	Terra Linda		16-01.25
2	Lakemoon, Lakemoon	9	Santa Rosa		16-06.00
3	Gregorio, Lauren	12	Piner		16-06.75
4	Dural, Aysia	10	Cardinal Newman		16-06.75
5	Johnson, Emily	10	Windsor		16-09.75
6	Dennis, Sydney	12	Petaluma		16-10.00
7	Calegari, Sophia	10	Sir Francis Drake		17-02.25
8	Matcham, Hannah	11	Marin Catholic		17-02.50

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 22 Boys Long Jump Varsity (24)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	Nyberg, Levi	10	Fortuna		18-06.50
2	Ethridge, Hunter	12	Eureka		18-06.50
3	Shaw, Connor	12	Fortuna		18-08.50
4	Spears, Nathaniel	10	Eureka		18-09.50
5	Corday, Vince	12	Windsor		19-03.50
6	Sendaydiego, Luke	11	Sonoma Valley		19-05.25
7	Berna, Soul	10	El Molino		19-06.25
8	Pham, Kyle	12	Ukiah		19-06.75
Flight 2 of 3 Finals					
1	Cummings, Jude	11	American Canyon		19-07.50
2	Tangonan, John Paul	11	Casa Grande		19-07.75
3	Tucker, Gabriel	10	Montgomery		19-08.00
4	Henzl, Max	9	Sir Francis Drake		19-09.25
5	Cook, Nathan	11	Santa Rosa		19-09.50
6	Thompson, West	12	Redwood		19-09.75
7	Roberts, Brody	11	Terra Linda		19-10.00
8	Adams, Mason	12	Maria Carrillo		20-00.00
Flight 3 of 3 Finals					
1	Luis, Jay	12	Rancho Cotate		20-04.50
2	Bleckman, Luke	11	Tamalpais		20-04.50
3	Solorio, Andres	11	Vintage		20-05.00
4	Say, Conrad	12	Justin-Siena		20-07.50
5	Ngo, Vu	12	Piner		20-09.25
6	Contini, James	10	San Rafael		21-03.25
7	Holden-Wingate, Will	10	Tamalpais		21-05.00
8	Ball, Reanne	12	Piner		21-07.50

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 23 Girls Triple Jump Varsity (24)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	Carrol, Kate	12	Fortuna		29-06.00
2	Hall, Kenzie	11	Fortuna		29-07.50
3	Heenan, Cameron	10	McKinleyville		29-10.50
4	Barr, Ashleigh	11	Montgomery		30-03.00
5	Holden-Wingate, Lucy	10	Tamalpais		30-09.25
6	Bruce, Eliana	10	Santa Rosa		31-02.00
7	Cesko, Sally	9	San Marin		31-03.00
8	Kelly, Carina	11	Tamalpais		31-09.00
Flight 2 of 3 Finals					
1	Ramacher, Samantha	10	Tamalpais		31-10.25
2	Turjanis, Maija	11	Napa		32-04.00
3	Costello, Hayley	12	Healdsburg		32-05.00
4	Oggenfuss, Mia	11	Napa		32-06.00
5	Berryhill, Caitlyn	11	Napa		32-07.25
6	Takaoka, Emi	9	Terra Linda		32-11.00
7	Lakemoon, Lakemoon	9	Santa Rosa		33-04.00
8	Matcham, Hannah	11	Marin Catholic		33-04.50
Flight 3 of 3 Finals					
1	Blair, Siena	11	Tamalpais		33-05.25
2	Gregorio, Lauren	12	Piner		33-07.00
3	Mincy, Sofia	10	Redwood		33-07.25
4	Johnson, Emily	10	Windsor		34-02.00
5	Jones, Marie	9	Terra Linda		34-03.00
6	Barrera, Kaylie	11	Sonoma Valley		34-08.50
7	Hurst, Katie	12	Fortuna		35-00.50
8	Dennis, Sydney	12	Petaluma		36-10.00

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 24 Boys Triple Jump Varsity (25)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	Cox, Bo	10	Fortuna	36	10.25
2	Arrasmith, Nathan	11	Fortuna	37	06.25
3	Ngo, Vu	12	Piner	38	06.75
4	Roberts, Brody	11	Terra Linda	38	08.25
5	Clark, Tyler	11	Napa	38	10.00
6	Bailey, Joseph	11	Marin Catholic	39	04.25
7	Price, ethan	12	Del Norte	39	05.00
Flight 2 of 3 Finals					
1	Meek, Jared	12	Lower Lake	39	09.00
2	Corday, Vince	12	Windsor	39	10.50
3	Sendaydiego, Luke	11	Sonoma Valley	40	00.00
4	Bleckman, Luke	11	Tamalpais	40	00.00
5	Hugg, Tristan	9	Napa	40	00.50
6	McGoldrick, Jasen	12	Arcata	40	01.50
7	Jordan, Nate	11	Sonoma Valley	40	02.00
8	Ainlay, Kevin	11	Piner	40	04.25
9	Costello, Truman	11	Healdsburg	40	05.75
Flight 3 of 3 Finals					
1	Barry, Connor	11	Sonoma Valley	40	07.00
2	Charles, Nathan	12	Redwood	40	09.00
3	Moeckel, Anthony	11	Petaluma	40	10.50
4	Powell, Aaron	12	San Rafael	41	02.00
5	Berna, Soul	10	El Molino	41	08.50
6	Gack, Remington	10	Santa Rosa	42	02.50
7	Ball, Reanne	12	Piner	42	05.50
8	Holden-Wingate, Will	10	Tamalpais	42	08.50
9	Jezycki, Kyle	11	Napa	43	04.00

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 25 Girls High Jump Varsity (29)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 1 Finals					
1	Pereira, Hannah	9	Arcata		4-04.00
2	Jezycki, Kaleena	12	Vintage		4-06.00
3	Holden-Wingate, Lucy	10	Tamalpais		4-06.00
4	Jackson, Maykla	10	Del Norte		4-06.00
5	Thompson, Skylar	10	Novato		4-06.00
6	Engler, Savannah	12	Petaluma		4-06.00
7	White, Kiira	10	Tamalpais		4-06.00
8	Takaoka, Emi	9	Terra Linda		4-06.00
9	Joseph, Lael	10	Santa Rosa		4-06.00
10	Thornburgh, Avery	10	Arcata		4-06.00
11	Curtola, Jenna	12	Justin-Siena		4-06.00
12	Thisner, Maya	10	Sir Francis Drake		4-06.00
13	Seiler, Stella	10	Terra Linda		4-08.00
14	Sonnet, Isabel	10	San Rafael		4-08.00
15	Knebel, Anna	11	Maria Carrillo		4-08.00
16	Heenan, Cameron	10	McKinleyville		4-08.00
17	Sherman, Elaina	11	Redwood		4-08.00
18	Winsemius, Chloe	10	Casa Grande		4-08.00
19	Barr, Natalie	10	Montgomery		4-10.00
20	Orosz, Beth	10	Maria Carrillo		4-10.00
21	Mantoani, Camille	11	Casa Grande		4-10.00
22	Barr, Ashleigh	11	Montgomery		4-10.00
23	Null, Zoe	11	San Marin		4-10.00
24	Lerch, Sara	10	Rancho Cotate		4-10.00
25	Burke, Evi	12	Santa Rosa		4-10.00
26	Cox, Tula	10	Redwood		4-10.00
27	Troppy, Gianna	12	Justin-Siena		5-02.00
28	Oggenfuss, Mia	11	Napa		5-02.00
29	Hurst, Katie	12	Fortuna		5-04.00

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 26 Boys High Jump Varsity (27)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 1 Finals					
1	Nyberg, Levi	10	Fortuna		5-04.00
2	McGoldrick, Jasen	12	Arcata		5-06.00
3	Johnson, Gianni	11	Petaluma		5-06.00
4	Bessire, Nolan	9	Montgomery		5-06.00
5	Lewis, Matthew	11	Vintage		5-06.00
6	Manning, Alex	9	Santa Rosa		5-06.00
7	Holland, Chris	11	Santa Rosa		5-06.00
8	Dunne, Andrew	12	Tamalpais		5-06.00
9	Wood, Zach	11	Redwood		5-08.00
10	Tucker, Gabriel	10	Montgomery		5-08.00
11	Starbird, Yur Majesty (Valenti	9	Redwood		5-08.00
12	Salmon, Luca	10	Maria Carrillo		5-08.00
13	Manville, Alex	11	Cardinal Newman		5-08.00
14	Meek, Jared	12	Lower Lake		5-10.00
15	Adams, Mason	12	Maria Carrillo		5-10.00
16	Braun, Milo	11	Sir Francis Drake		5-10.00
17	Murgatroyd, Ryan	11	Maria Carrillo		5-10.00
18	Niu, Michael	12	Terra Linda		5-10.00
19	Hugg, Tristan	9	Napa		6-00.00
20	Price, ethan	12	Del Norte		6-00.00
21	Jezycki, Kyle	11	Napa		6-00.00
22	Arrasmith, Nathan	11	Fortuna		6-00.00
23	Rodrigues, Zavier	11	Maria Carrillo		6-02.00
24	McDevitt, Liam	11	Justin-Siena		6-02.00
25	Sendaydiego, Luke	11	Sonoma Valley		6-02.00
26	Rydell, Pontus	10	Santa Rosa		6-02.00
27	Fricke, Shane	12	Redwood		6-02.00

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 27 Girls Pole Vault Varsity (24)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 1 Finals					
1	Martinez, Teresa	9	Del Norte		7-06.00
2	Seibold, Shaylynn	11	Maria Carrillo		7-08.00
3	McKillop-Herr, Jacqueline	10	Sir Francis Drake		8-00.00
4	Fassett, Sienna	9	El Molino		8-04.00
5	Bruce, Eliana	10	Santa Rosa		8-04.00
6	Lakemoon, Lakemoon	9	Santa Rosa		8-04.00
7	Engler, Savannah	12	Petaluma		8-06.00
8	Kelly, Natalie	10	Justin-Siena		8-06.00
9	Weis, Josephine	12	Justin-Siena		8-06.00
10	Ramacher, Samantha	10	Tamalpais		8-06.00
11	Vandenburg, Elena	9	Vintage		8-06.00
12	Gilmore, Erika	12	Petaluma		9-00.00
13	Holden-Wingate, Lucy	10	Tamalpais		9-00.00
14	Grundman, Saige	10	Fortuna		9-00.00
15	Haley, Emma	12	Montgomery		9-00.00
16	Berryhill, Caitlyn	11	Napa		9-00.00
17	Krasts, Thea	10	Ukiah		9-04.00
18	Murray, Faith	11	Maria Carrillo		9-04.00
19	Keelty, Bria	12	Santa Rosa		10-00.00
20	Daffeh, Aminata	12	Santa Rosa		10-04.00
21	Martinez, Katherine	12	Del Norte		11-00.00
22	Dolcini, Camrin	12	Fortuna		11-06.00
23	Simon, Brooke	12	Sir Francis Drake		12-00.00
24	Ross, Lauren	12	Tamalpais		12-06.00

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 28 Boys Pole Vault Varsity (23)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 1 Finals					
1	Goldberg, Ari	10	Tamalpais		9-00.00
2	Oliveria, Victor	12	Terra Linda		9-06.00
3	Vasquez, Julian	12	Ukiah		9-08.00
4	Manville, Alex	11	Cardinal Newman		9-08.00
5	Alejandrino, Kester Cayl	9	American Canyon		10-00.00
6	Coogan, Dallas	9	Cardinal Newman		10-02.00
7	Cox, Bo	10	Fortuna		10-06.00
8	Clark, Tyler	11	Napa		10-06.00
9	DeGarmo, Teagan	11	Vintage		10-06.00
10	Moeller, Michael	11	Maria Carrillo		10-08.00
11	Bourdage, Rory	12	Santa Rosa		10-08.00
12	Turley, Benjamin	11	Maria Carrillo		10-08.00
13	Letter, Kobe	11	Fortuna		11-00.00
14	Olson, Ryan	12	Vintage		11-00.00
15	Angold, Trenton	9	American Canyon		11-00.00
16	Dowdall, Orion	10	Montgomery		11-08.00
17	Howard, Bryce	11	Del Norte		12-00.00
18	McDowell, Michael	11	Vintage		12-00.00
19	Potrebic, Casey	10	Justin-Siena		12-00.00
20	Moseley, Jackson	10	Redwood		12-06.00
21	Holden-Wingate, Will	10	Tamalpais		12-06.00
22	Olvera, Diego	12	Napa		12-06.00
23	Alejandrino, Calvin Kayl	11	American Canyon		13-00.00

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 29 Girls Shot Put Varsity (24)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	Feeney, Emily	10	Del Norte		28-04.00
2	Hall, Kenzie	11	Fortuna		28-06.00
3	Brown, Katie	12	Marin Catholic		28-07.25
4	Krasts, Thea	10	Ukiah		28-07.25
5	Carrol, Kate	12	Fortuna		28-11.00
6	West, Jeannette	11	Sir Francis Drake		29-00.00
7	Amador, Eunice	12	Terra Linda		29-01.00
8	O'Connor, Jacqueline	12	Novato		29-07.25
Flight 2 of 3 Finals					
1	Ford, Kelli	12	Fortuna		29-09.00
2	Macauley, Kaitlyn	12	Windsor		30-00.75
3	Kenion, Yani	11	American Canyon		30-01.00
4	Linteo, Sam	12	Vintage		30-06.00
5	Taufa, Kava	11	San Rafael		30-06.50
6	King, Caleh	9	Del Norte		30-10.00
7	Jones-Hubbart, Amena	9	Montgomery		30-11.50
8	Schroth, Kendall	11	Santa Rosa		31-02.00
Flight 3 of 3 Finals					
1	Williams, Alley	10	Eureka		31-02.00
2	Highland, Leilani	11	Casa Grande		31-03.00
3	Tinnon, Sofia	9	Napa		33-05.00
4	Kelleher, Paige	10	Maria Carrillo		33-11.50
5	Cunningham, Danielle	11	Ukiah		35-09.25
6	Grace, Caitlin	12	Santa Rosa		35-11.50
7	Sani, Cassidy	11	El Molino		36-01.50
8	McCoy, Lillian	11	Casa Grande		39-03.00

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 30 Boys Shot Put Varsity (25)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	Korenstein, Josh	11	Eureka		37-01.50
2	Winningham, Blane	10	Del Norte		38-08.00
3	Rankin, Rasheed	11	Rancho Cotate		39-08.25
4	Castillo, Alex	11	Lower Lake		40-00.00
5	Khelif, Sean	10	Terra Linda		40-01.00
6	Ortega, Michael	11	American Canyon		40-02.00
7	Holland, Joey	12	Napa		40-06.00
8	Frowick, Kiefer	9	Montgomery		40-08.50
Flight 2 of 3 Finals					
1	Matulaits, Mason	11	Sonoma Valley		40-10.00
2	Weaver, Camden	11	Cardinal Newman		40-11.75
3	Lubamersky, Liam	11	San Rafael		41-00.00
4	Braun, Milo	11	Sir Francis Drake		41-02.00
5	Watrous De Salinas, Sage	12	McKinleyville		41-03.50
6	Medina, Alfonso	12	Vintage		41-07.00
7	Dal Porto, Benny	12	Sir Francis Drake		42-04.00
8	Kelsey, Austin	12	El Molino		43-02.00
Flight 3 of 3 Finals					
1	Dervin, Quentin	11	Napa		43-07.00
2	Vega, Hector	12	Cardinal Newman		43-10.00
3	Brown, Jeffery	11	American Canyon		44-07.00
4	Davidson, Kai	10	Marin Catholic		44-08.75
5	Azanon, Alexander	12	Casa Grande		44-11.00
6	Davison, Samuel	11	Cardinal Newman		45-06.50
7	King, Luke	11	Del Norte		48-06.00
8	Sekona, Jamar	11	Marin Catholic		48-08.00
9	Laiwa-McKay, Kalathan	11	Ukiah		53-03.50

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 31 Girls Discus Throw Varsity (24)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	King, Caleh	9	Del Norte		81-08
2	Ford, Kelli	12	Fortuna		85-06
3	Amador, Eunice	12	Terra Linda		86-04
4	Carrol, Kate	12	Fortuna		88-07
5	Linteo, Sam	12	Vintage		88-07
6	Kenion, Yani	11	American Canyon		89-00
7	Samii, Bella	11	Maria Carrillo		89-03
8	Schultz, Anna	11	Montgomery		89-04
Flight 2 of 3 Finals					
1	Brown, Katie	12	Marin Catholic		92-10
2	Taufa, Kava	11	San Rafael		94-07
3	Schroth, Kendall	11	Santa Rosa		94-10
4	Macaulay, Kaitlyn	12	Windsor		95-04
5	Berardi, Cecelia	10	Sir Francis Drake		96-02
6	Cunningham, Danielle	11	Ukiah		100-07
7	Lyons, Makenna	10	Novato		101-05
8	Hamm, Caroline	10	Del Norte		103-05
Flight 3 of 3 Finals					
1	McCoy, Lillian	11	Casa Grande		104-00
2	Tinnon, Sofia	9	Napa		104-08
3	West, Jeannette	11	Sir Francis Drake		105-00
4	Ainlay, Samantha	10	Piner		106-04
5	Lopez, Emma	11	American Canyon		106-09
6	Sani, Cassidy	11	El Molino		115-06
7	Grace, Caitlin	12	Santa Rosa		119-01
8	Troppy, Gianna	12	Justin-Siena		119-04

North Coast Section Finals - 5/11/2019

5/11/2019

Meet Program - Track and field

Event 32 Boys Discus Throw Varsity (24)

Pos	Name	Year	School	Seed	Mark
Flight 1 of 3 Finals					
1	Peters, Scott	11	Del Norte		110-03
2	Vance, Sebastian	11	Vintage		111-11
3	Goldberg, Max	12	Tamalpais		112-02
4	Osier, Ryan	12	Sir Francis Drake		112-10
5	Dal Porto, Benny	12	Sir Francis Drake		113-03
6	McNamara, Patrick	11	El Molino		114-00
7	Stewart, Cooper	12	Napa		116-00
8	McIninger, Jacob	11	Casa Grande		117-00
Flight 2 of 3 Finals					
1	Thompson, Timmy	11	Del Norte		117-03
2	O'Sullivan, David	12	Santa Rosa		117-05
3	Brooke, Cody	12	El Molino		117-06
4	Zapata, Jesse	12	Vintage		119-05
5	Price, ethan	12	Del Norte		123-03.50
6	Ortega, Michael	11	American Canyon		125-05
7	Malone Jr, Harold	10	American Canyon		126-10
8	Dervin, Quentin	11	Napa		128-10
Flight 3 of 3 Finals					
1	Khelif, Sean	10	Terra Linda		129-04
2	Azanon, Alexander	12	Casa Grande		131-09
3	Hayes, Colman	11	El Molino		132-10
4	Laiwa-McKay, Kalathan	11	Ukiah		133-07
5	Watrous De Salinas, Sage	12	McKinleyville		136-00.50
6	Lubamersky, Liam	11	San Rafael		136-02
7	Kelsey, Austin	12	El Molino		141-02
8	Davison, Samuel	11	Cardinal Newman		159-01