

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Girls 100 Meter Dash Varsity**

Meet: 11.98		2008	Ashton Purvis, St. Elizabeth				
Name	Yr	School	Finals	Wind	H#		
Finals							
1	Aly Hughes	10	San Francisco University	12.79	0.6	3	
2	Kelsey Lemoine	12	Middletown	12.83	1.5	2	
3	Anaya Jolivette	10	San Francisco Waldorf	12.94	0.6	3	
4	Bella Rotzin		Berean Christian	12.95	0.6	3	
5	Adele Bonomi	11	Convent and Stuart Hall	12.99	0.6	3	
6	Tania Norzagaray	11	Making Waves Academy	13.01	0.6	3	
7	Taliya Gossett-Salahudeen	9	Bentley Upper	13.02	0.6	3	
8	Yasmin Patel	12	San Francisco University	13.11	1.5	2	
9	Casey Klosky	10	Redwood Christian	13.14	1.5	2	
10	Carolina Andrade	11	Branson	13.21	0.6	3	
11	Jai Smith	12	Head-Royce	13.28	1.5	2	
12	Annika Kral	10	San Francisco University	13.34	0.6	3	
13	Sousiva Ing	12	Technology	13.37	1.5	2	
14	Zamora Rogers	9	Middletown	13.41	1.3	1	
15	Freja Niklasson	9	Sonoma Academy	13.47	1.5	2	
16	Alyssa Terry	10	Middletown	13.53	1.5	2	
17	Tianna Jardstrom	12	Clear Lake	13.57	1.5	2	
18	Kixinay Masten	11	Hoopaa Valley	13.66	1.3	1	
19	Holly Herman	12	Technology	13.79	1.3	1	
20	Gianna Anderson	10	Rincon Valley Christian	13.79	1.3	1	
21	Jada McCovey	10	Hoopaa Valley	14.93	1.3	1	
22	Layla Fiorella	10	Hoopaa Valley	15.09	1.3	1	

Girls 200 Meter Dash Varsity

Meet: 24.72		2008	Ashton Purvis, St. Elizabeth				
Name	Yr	School	Finals	Wind	H#		
Finals							
1	Anaya Jolivette	10	San Francisco Waldorf	26.44	1.1	3	
2	Adele Bonomi	11	Convent and Stuart Hall	26.70	1.1	3	
3	Annika Kral	10	San Francisco University	26.74	1.1	3	
4	Taliya Gossett-Salahudeen	9	Bentley Upper	26.84	1.1	3	
5	Carolina Andrade	11	Branson	26.95	1.1	3	
6	Kelsey Lemoine	12	Middletown	27.29	1.1	3	
7	Yasmin Patel	12	San Francisco University	27.38	2.0	2	
8	Halle Hanna	9	Marin Academy	27.56	1.1	3	
9	Lara Kammen	10	Head-Royce	27.69	2.0	2	
10	Alyssa Terry	10	Middletown	27.88	2.0	2	
11	Tianna Jardstrom	12	Clear Lake	28.21	2.0	2	
12	Eve Leupold	11	San Francisco University	28.36	2.0	2	
13	Georgia Guerrero	9	Middletown	28.48	1.3	1	
14	Kixinay Masten	11	Hoopaa Valley	28.71	1.3	1	
15	Zamora Rogers	9	Middletown	28.78	2.0	2	
16	Zoe Katz	9	Cloverdale	28.89	2.0	2	
17	Sousiva Ing	12	Technology	28.94	1.3	1	
18	Gianna Anderson	10	Rincon Valley Christian	29.11	2.0	2	
19	Layla Fiorella	10	Hoopaa Valley	33.00	1.3	1	

North Coast Section 1A - 5/11/2019

Montgomery High School

Results - trials

Girls 400 Meter Dash Varsity

Meet: 57.85 2005

Madeleine Evans Crystal Springs Uplands

Name	Yr	School	Finals	H#
Finals				
1 Grace Southern	12	Middletown	60.66	3
2 Simonne Alunan	11	Urban of San Francisco	60.71	3
3 Halle Hanna	9	Marin Academy	61.00	3
4 Izzy Shilakes	11	Marin Academy	62.43	3
5 Zoe Grumbach	11	San Francisco University	62.61	3
6 Lulu Barron	11	San Francisco University	62.85	3
7 Giana Tyrrell	11	Middletown	63.07	2
8 Eve Leupold	11	San Francisco University	63.24	3
9 Sophie Wayman	9	Head-Royce	63.90	3
10 Katie Heffernan	9	St Helena	64.27	2
11 Georgia Guerrero	9	Middletown	64.58	2
12 Aila Owens	10	St Joseph Notre Dame	64.75	2
13 Rachel Phelps	11	Rincon Valley Christian	65.37	1
14 Zamora Rogers	9	Middletown	66.33	2
15 Summer White	10	Middletown	66.45	2
16 Aveen Dubai	12	Technology	67.42	1
17 Jada McCovey	10	Hoopa Valley	74.51	1

Girls 800 Meter Run Varsity

Meet: 2:15.89 2002

Yfa Kretzschmar, S.F. University

Name	Yr	School	Finals	H#
Finals				
1 Maya Lacamp	10	Lick Wilmerding	2:19.09	2
2 Isabella Hochschild	10	San Francisco University	2:20.62	2
3 Emily Perez	12	St Joseph Notre Dame	2:20.89	2
4 Isabelle Thiara	11	Convent and Stuart Hall	2:23.27	2
5 Anna Novatney	12	San Francisco University	2:24.98	2
6 Grace Southern	12	Middletown	2:25.13	2
7 Viva Donohoe	11	Lick Wilmerding	2:25.45	2
8 Chiara Savage Schwartz	9	Marin Academy	2:27.48	2
9 Sophia Stephens	11	Urban of San Francisco	2:27.64	2
10 Giana Tyrrell	11	Middletown	2:37.40	1
11 Brooklyn Huffman	9	Middletown	2:38.30	1
12 Maria Ramirez	12	Fort Bragg	2:42.97	1
13 Mackenzie Stewart	10	Sonoma Academy	2:43.20	1
14 Yasamine Heidary	12	Middletown	2:46.96	1
15 Erica Kinsel	10	Middletown	2:49.20	1
16 Isqots Scott	9	Hoopa Valley	2:51.00	1
17 Ximena Ramirez	11	Middletown	2:55.44	1
18 Samantha Boyd	10	Hoopa Valley	3:36.32	1

Girls 1600 Meter Run Varsity

Meet: 4:56.88 2014

Julia Maxwell, Branson

Name	Yr	School	Finals	H#
Finals				
1 Harper McClain	10	St Helena	5:01.04	2
2 Callie Jones	12	Branson	5:02.28	2

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Girls 1600 Meter Run Varsity)**

Name	Yr	School	Finals	H#
3 Mira Terdiman	11	Lick Wilmerding	5:08.39	2
4 Anya Krishnan	10	Head-Royce	5:15.38	2
5 Kaya Hano	11	Head-Royce	5:15.83	2
6 Emily Perez	12	St Joseph Notre Dame	5:16.66	2
7 Alison Savage Brooks	12	Lick Wilmerding	5:20.53	2
8 Eloise Toner	11	International Fais	5:28.42	2
9 Reyna Ho	10	Oakland Military Institute	5:31.90	2
10 Marissa Lumpkin	9	San Francisco University	5:33.78	2
11 Brooklyn Huffman	9	Middletown	5:37.11	1
12 Giana Tyrrell	11	Middletown	5:45.27	1
13 Aliyah Flamson	9	St Helena	5:46.29	1
14 Jade Florence Schlatter	10	St Helena	5:51.54	1
15 Brooke Cregan	9	Rincon Valley Christian	6:16.26	1
16 Aria Millen	9	Fort Bragg	6:16.50	1
17 Mariela Martin del Campo	11	Middletown	6:17.71	1
18 Isqots Scott	9	Hoop Valley	6:32.74	1
19 Samantha Boyd	10	Hoop Valley	7:39.07	1

Girls 3200 Meter Run Varsity

Meet: 10:42.50 2012

Julia Maxwell, Branson

Name	Yr	School	Finals
Finals			
1 Harper McClain	10	St Helena	10:56.00
2 Callie Jones	12	Branson	11:18.74
3 Kaya Hano	11	Head-Royce	11:29.98
4 Ona Ortiz-Gudeman	9	Head-Royce	11:39.24
5 Eileen Gu	10	San Francisco University	11:55.84
6 Caitlin Evers	10	Branson	11:58.16
7 Ella Shenkar	12	San Francisco University	12:06.75
8 Kaira Shlipak	9	Lick Wilmerding	12:07.28
9 Marissa Lumpkin	9	San Francisco University	12:29.93
10 Brooklyn Huffman	9	Middletown	12:48.58
11 Isabel Haas	11	Head-Royce	12:56.06
12 Erica Kinsel	10	Middletown	13:10.33
13 Brooke Cregan	9	Rincon Valley Christian	13:12.74
14 Mariela Martin del Campo	11	Middletown	14:41.65
15 Yasamine Heidary	12	Middletown	14:53.38
16 Lilith Engle	12	Middletown	15:04.90
17 Mercy Cobb	10	Middletown	16:11.35
--- Trinity Colegrove	9	Hoop Valley	DNF
--- Anneli Macdonald	9	Arcata	DNF

Girls 100 Meter Hurdles Varsity

Meet: 13.81 2008

Julian Purvis, St. Elizabeth

Name	Yr	School	Finals	Wind	H#
Finals					
1 Cate Kreutzen	9	Lick Wilmerding	16.21	2.6	2
2 Olivia Steele	11	College Preparatory	16.25	2.6	2
3 Sydney Spivy	11	San Francisco University	17.00	2.6	2
4 Jeannie Moreno	11	Lick Wilmerding	17.09	2.6	2

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Girls 100 Meter Hurdles Varsity)**

Name	Yr	School	Finals	Wind	H#
5 Alyssa Hart	12	Middletown	17.70	2.6	2
6 Cydney Adamson	10	St Helena	18.34	2.6	2
7 Ellie Lerner	10	Urban of San Francisco	18.47	1.9	1
8 Rylynn Wright	11	Middletown	18.53	2.6	2
9 Emily Nadeau	9	Fort Bragg	18.68	1.9	1
10 Bella Dubois	11	Middletown	19.18	1.9	1
11 Lila Horwitz	11	Convent and Stuart Hall	19.21	1.9	1
12 Jessie Boyd	12	Lick Wilmerding	19.51	1.9	1
13 Lexi Mendoza	11	Fort Bragg	19.98	1.9	1
14 Siena Martin	11	Head-Royce	20.28	2.6	2
15 Nelsy Perez	11	Middletown	20.78	1.9	1
16 Gigi Fox	11	Fort Bragg	20.89	1.9	1

Girls 300 Meter Hurdles Varsity

Meet: 45.14 1994 Julie Peterson, Ferndale

Name	Yr	School	Finals	H#
Finals				
1 Cate Kreutzen	9	Lick Wilmerding	47.78	3
2 Tianna Jardstrom	12	Clear Lake	48.74	3
3 Freja Niklasson	9	Sonoma Academy	49.05	2
4 Alexa Tabibian	9	San Francisco University	49.05	3
5 Ellie Jensen		Berean Christian	49.74	3
6 Jeannie Moreno	11	Lick Wilmerding	50.59	3
7 Lulu Barron	11	San Francisco University	51.08	2
8 Arianna Schwartz	9	San Francisco University	51.51	2
9 Aila Owens	10	St Joseph Notre Dame	51.99	3
10 Peaches Wright	9	San Francisco University	52.03	2
11 Olivia Steele	11	College Preparatory	52.05	3
12 Sadie Ray Smith	12	Lick Wilmerding	52.19	2
13 Mackenzie Jones	11	San Francisco University	52.32	3
14 Georgia Van Der Linden	11	Bentley Upper	52.41	2
15 Emily Nadeau	9	Fort Bragg	52.83	2
16 Bella Dubois	11	Middletown	53.85	2
17 Ashlyn Johnson	9	Fort Bragg	54.74	1
18 Alyssa Hart	12	Middletown	55.76	1
19 Tully Leonard	10	Calistoga	55.94	1
20 Rylynn Wright	11	Middletown	57.60	1

Girls 4x100 Meter Relay Varsity

Meet: 49.91 2008 St. Elizabeth

Team	Relay	Finals	H#
Finals			
1 Middletown		50.72	2
1) Zamora Rogers 9	2) Grace Southern 12	3) Alyssa Terry 10	4) Kelsey Lemoine 12
2 Branson		51.73	2
1) Sage Rossman 12	2) Carolina Andrade 11	3) Charlotte Fletcher 11	4) Sophia Milan-Howells 10
3 Urban of San Francisco		52.18	2
1) Sydney Cohen 12	2) Sophia Stephens 11	3) Ava Becker 10	4) Simonne Alunan 11
4 Bentley Upper		52.85	2
1) Alana Bowyer 11	2) Kate Lindeman 12	3) Chayil Hinton 11	4) Katherine Papahadjopoulos 11

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Girls 4x100 Meter Relay Varsity)**

Team	Relay	Finals	H#
5 Technology		55.90	2
1) Holly Herman 12	2) Pinkeo Phongsai 11	3) Aveen Dubai 12	4) Sousiva Ing 12
6 Fort Bragg		57.27	1
1) Maria Ramirez 12	2) Emma Gilchrist 11	3) Megan Lo 10	4) Gigi Fox 11
7 Calistoga		57.39	2
1) Jannet Lonjines 11	2) Tully Leonard 10	3) Alondra Borges 10	4) Erendira Robledo 10
--- Convent and Stuart Hall		DQ	2
1) Shana Ong 9	2) Adele Bonomi 11	3) Bella Shea 11	4) Natalie Stans 9
--- San Francisco University		DQ	2
1) Yasmin Patel 12	2) Molly Wilkinson 9	3) Annika Kral 10	4) Aly Hughes 10

Girls 4x400 Meter Relay Varsity

Meet: 4:07.49 2005

Crystal Springs Uplands

Team	Relay	Finals	H#
Finals			
1 Lick Wilmerding		4:05.82	2
1) Viva Donohoe 11	2) Alison Savage Brooks 12	3) Cate Kreutzen 9	4) Maya Lacamp 10
2 San Francisco University		4:09.55	2
1) Zoe Grumbach 11	2) Isabella Hochschild 10	3) Lulu Barron 11	4) Eve Leupold 11
3 Urban of San Francisco		4:13.43	2
1) Sydney Cohen 12	2) Mikayla Woods	3) Simonne Alunan 11	4) Sophia Stephens 11
4 Middletown		4:16.30	2
1) Giana Tyrrell 11	2) Georgia Guerrero 9	3) Alyssa Terry 10	4) Grace Southern 12
5 Convent and Stuart Hall		4:21.97	2
1) Sofia Pirri 12	2) Isabelle Thiara 11	3) Sofia Telfer 11	4) Adele Bonomi 11
6 St Joseph Notre Dame		4:23.02	2
1) Aila Owens 10	2) Emily Perez 12	3) Viera Taylor	4) Natalie Perez
7 Head-Royce		4:36.90	2
1) Sophie Wayman 9	2) Ona Ortiz-Gudeman 9	3) Lara Kammen 10	4) Kaya Hano 11
8 Athenian		4:37.23	1
1) Lucy Sparks Mendez	2) Kate Mcguire	3) Lauren Hollis	4) Jessica Mckay
9 Fort Bragg		4:41.91	1
1) Maria Ramirez 12	2) Emily Nadeau 9	3) Emma Gilchrist 11	4) Megan Lo 10
10 College Preparatory		4:43.42	1
1) Ava Kennerly 10	2) Anna McKee 12	3) Talia Rotman 9	4) Talia Paulson 12

Girls High Jump Varsity

Meet: 5-06 2006

Ashley Griffith, CSD; Eve King S.F. Uni

Name	Yr	School	Finals
Finals			
1 Nattalea Bazor	12	Fort Bragg	5-00.00
2 Kiki Apple	12	Convent and Stuart Hall	J5-00.00
3 Maddie Dowd	12	San Francisco University	4-10.00
4 Kheli Atluru	12	San Francisco University	4-08.00
5 Hannah See	12	Rincon Valley Christian	J4-08.00
6 Caroline Wu	9	Urban of San Francisco	4-06.00
6 Emma Gilchrist	11	Fort Bragg	J4-04.00
7 Amelie Scheil	10	San Francisco University	4-04.00
8 Danielle Cuthbert	9	San Francisco University	J4-04.00
9 Lara Kammen	10	Head-Royce	J4-04.00
11 Cydney Adamson	10	St Helena	4-02.00
11 Hedvika Slovakova	10	San Domenico	4-02.00

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Girls High Jump Varsity)**

Name	Yr	School	Finals
13 Jazmyn Namvar	9	Fort Bragg	4-00.00
13 Joya Yager	11	Fort Bragg	4-00.00
13 Ava Sutton	11	Fort Bragg	4-00.00
--- Aila Owens	10	St Joseph Notre Dame	NH

Girls Pole Vault Varsity

Meet: 10-02 1997 Becky Studebaker, South Fork

Name	Yr	School	Finals
Finals			
1 Gigi Fox	11	Fort Bragg	7-06.00
2 Andrea Villasenor	9	Calistoga	J7-06.00
3 Hannah See	12	Rincon Valley Christian	7-00.00
4 Bryanna High-Young	12	Middletown	J7-00.00
5 Ashlyn Johnson	9	Fort Bragg	J7-00.00
6 Alexia Aban	9	Fort Bragg	6-06.00

Girls Long Jump Varsity

Meet: 18-06 1980 Karen Lyons, St. Bernard Catholic

Name	Yr	School	Finals	Wind	H#
Finals					
1 Bella Rotzin		Berean Christian	17-09.75	NWI	2
2 Victoria Staples	12	Head-Royce	17-02.75	NWI	2
3 Sage Rossman	12	Branson	16-08.75	NWI	2
3 Azure Siraco	12	Sonoma Academy	16-08.75	NWI	2
5 Annika Kral	10	San Francisco University	16-02.50	NWI	2
6 Taliya Gossett-Salahudeen	9	Bentley Upper	16-00.75	NWI	2
7 Kiki Apple	12	Convent and Stuart Hall	15-10.75	NWI	1
8 Amelie Scheil	10	San Francisco University	15-08.00	NWI	2
9 Siena Martin	11	Head-Royce	15-04.25	NWI	2
9 Danielle Cuthbert	9	San Francisco University	15-04.25	NWI	2
11 Rachel Phelps	11	Rincon Valley Christian	15-02.00	NWI	1
12 Brunn Karin		Marin Academy	14-07.75	NWI	1
13 Holly Herman	12	Technology	14-04.00	NWI	1
14 Sousiva Ing	12	Technology	14-03.75	NWI	1
15 Ava Sutton	11	Fort Bragg	13-04.50	NWI	1
16 Alondra Borges	10	Calistoga	12-07.25	NWI	1
17 Olivia Wilson	11	Marin Academy	12-02.50	NWI	2

Girls Triple Jump Varsity

Meet: 37-03.75 2017 Daijuna Williams, CSD

Name	Yr	School	Finals	Wind	H#
Finals					
1 Olivia Steele	11	College Preparatory	35-02.75	NWI	2
2 Victoria Staples	12	Head-Royce	34-08.50	NWI	2
3 Amelie Scheil	10	San Francisco University	32-09.50	NWI	2
4 Nola Mihaly-Garvin	9	Bentley Upper	J32-09.50	NWI	2
5 Mylaan Gant	9	Bentley Upper	32-08.50	NWI	1
6 Azure Siraco	12	Sonoma Academy	32-02.25	NWI	2
7 Danielle Cuthbert	9	San Francisco University	31-05.00	NWI	2
8 Kheli Atluru	12	San Francisco University	30-11.75	NWI	2

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Girls Triple Jump Varsity)**

Name	Yr	School	Finals	Wind	H#
9 Katie Heffernan	9	St Helena	30-03.25	NWI	2
10 Kiki Apple	12	Convent and Stuart Hall	30-02.50	NWI	1
11 Tully Leonard	10	Calistoga	30-00.75	NWI	1
12 Lilly Amaturo	11	Sonoma Academy	28-09.25	NWI	1
13 Ava Sutton	11	Fort Bragg	28-02.50	NWI	1
14 Andrea Villasenor	9	Calistoga	27-03.75	NWI	1

Girls Shot Put Varsity

Meet: 40-02.75

2005

Samantha Kuo, Crystal Springs Uplands

Name	Yr	School	Finals	H#
Finals				
1 Taelor Roderick	12	Middletown	34-00.75	2
2 Kayden Korst	12	San Domenico	32-07.25	2
3 Hanna Morris	12	Middletown	31-09.25	2
4 Nyxa Aquino-Thomas	11	Convent and Stuart Hall	29-10.25	2
5 Alanna Wroten	9	Fremont Christian	29-03.50	2
6 Bella Dubois	11	Middletown	28-04.25	1
7 Sharon Tao	12	Fremont Christian	28-03.75	1
8 Kiara Morris-Dadzie	12	California School for the De	27-08.00	2
9 Hannah See	12	Rincon Valley Christian	26-03.00	1
10 Andrea Villasenor	9	Calistoga	26-01.25	2
11 Vida Hasson	12	International Fais	25-10.25	2
12 Jamie Ly		Oakland Military Institute	25-10.00	1
13 Tina Duong	12	Technology	25-09.00	1
14 Jaylenne Harris	10	South Fork	25-04.00	1
15 Gabriela Vargas	10	Calistoga	25-00.25	1
16 Amarah Potter	11	Willits	24-11.00	1
17 Mimi LeClair	10	South Fork	24-03.75	1
18 Emily Baldy	11	Hoop Valley	24-02.25	1
19 Jasmine Gonzalez	10	San Francisco University	24-02.00	2

Girls Discus Throw Varsity

Meet: 125-07

1981

Lee Plevney, Lower Lake

Name	Yr	School	Finals	H#
Finals				
1 Taelor Roderick	12	Middletown	116-07	2
2 Hanna Morris	12	Middletown	106-00	2
3 Elizabeth Dutton		Berean Christian	93-07	2
4 Ashley Locatelli	12	California School for the De	91-05	2
5 Nyxa Aquino-Thomas	11	Convent and Stuart Hall	84-11	2
6 Kayden Korst	12	San Domenico	82-11	1
7 Pinkeo Phongsa	11	Technology	80-01	1
8 Ximena Ramirez	11	Middletown	78-11	2
9 Jasmine Gonzalez	10	San Francisco University	78-04	2
10 Kiara Morris-Dadzie	12	California School for the De	78-02	2
11 Tina Duong	12	Technology	77-00	2
12 Gabriela Vargas	10	Calistoga	69-10	1
13 Kheli Atluru	12	San Francisco University	69-07	1
14 Emily Baldy	11	Hoop Valley	69-03	2
15 Mimi LeClair	10	South Fork	67-11	1

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Girls Discus Throw Varsity)**

Name	Yr	School	Finals	H#
16 Isabella Wong	11	Bentley Upper	66-05	1
17 Bella Dubois	11	Middletown	61-09	1
18 Siena Greenberg	12	San Domenico	58-08	1
19 Jaylenne Harris	10	South Fork	58-04	1
20 Madeleine Dondanville	10	Fort Bragg	44-05	1

Boys 100 Meter Dash Varsity

Meet: 10.81 2014 Elijah Lucy, Emery

Name	Yr	School	Finals	Wind	H#
Finals					
1 Nicholas Ong	12	Convent and Stuart Hall	10.84	1.4	3
2 Ryan Searl	11	St Helena	10.88	1.4	3
3 Cameron Orloff	12	Technology	10.92	1.4	3
4 Udo George		Berean Christian	10.94	1.4	3
5 Zavier Annis	11	St Joseph Notre Dame	11.12	1.4	3
6 Tobe Ohajunwa	10	San Domenico	11.54	1.4	3
7 John Sanguinetti		Fremont Christian	11.55	1.8	2
8 Eon Kounalakis	10	Convent and Stuart Hall	11.63	1.8	2
9 Russel Gordon	10	Fort Bragg	11.65	1.8	2
10 Josh Cherian	12	Fremont Christian	11.68	1.4	3
11 Casey Chicoine	12	Middletown	11.69	1.8	2
12 Anderson Montoya	11	Oakland Military Institute	11.70	1.4	3
13 James Juarez	11	Upper Lake	11.85	1.8	2
14 Donavin Valadez	10	Clear Lake	11.86	2.1	1
15 Ivan Robledo	9	St Helena	11.94	1.8	2
16 Tavis Young	11	Hoopaa Valley	12.49	2.1	1
17 Larry Tracy	10	Hoopaa Valley	12.57	2.1	1

Boys 200 Meter Dash Varsity

Meet: 21.72 2014 Bosco Bapuopeleh, Stuart Hall

Name	Yr	School	Finals	Wind	H#
Finals					
1 Nicholas Ong	12	Convent and Stuart Hall	22.29	1.8	3
2 Ryan Searl	11	St Helena	22.42	1.8	3
3 Nick Martin	12	Urban of San Francisco	22.74	1.8	3
4 Cameron Orloff	12	Technology	23.25	1.8	3
5 Tobe Ohajunwa	10	San Domenico	23.31	2.1	2
6 Tavares Marshall	11	Oakland Military Institute	23.35	1.8	3
7 Jacob Gutierrez-Worthy	12	Rincon Valley Christian	23.37	1.8	3
8 Cody DiTomaso	11	St Helena	23.51	1.8	3
9 Casey Chicoine	12	Middletown	23.74	2.1	2
10 John Sanguinetti		Fremont Christian	23.82	2.1	2
11 William Reynolds	12	Hoopaa Valley	23.93	2.1	2
12 James Juarez	11	Upper Lake	24.10	2.1	2
13 Josh Cherian	12	Fremont Christian	24.11	2.1	2
14 Ivan Robledo	9	St Helena	24.13	2.1	2
15 Casey Ross	11	Sonoma Academy	24.22	2.3	1
16 Jasper Hostler	11	Hoopaa Valley	25.02	2.3	1
17 Tristan Campbell	11	Hoopaa Valley	25.59	2.3	1
18 Larry Tracy	10	Hoopaa Valley	25.60	2.3	1

North Coast Section 1A - 5/11/2019

Montgomery High School

Results - trials

Finals ... (Boys 200 Meter Dash Varsity)

Name	Yr	School	Finals	Wind	H#
19 Zavier Annis	11	St Joseph Notre Dame	25.97	1.8	3

Boys 400 Meter Dash Varsity

Meet: 48.98 2011 Lawrence Doherty, International

Name	Yr	School	Finals	H#
Finals				
1 Nick Harris	12	Lick Wilmerding	50.38	3
2 Jacob Gutierrez-Worthy	12	Rincon Valley Christian	50.66	3
3 Nick Martin	12	Urban of San Francisco	50.89	3
4 Tavares Marshall	11	Oakland Military Institute	51.70	3
5 Dalton Cleary	11	International Fais	51.78	3
6 Tucker Sennett	11	Branson	51.99	3
7 Cody DiTomaso	11	St Helena	52.06	3
8 Joey Daly	11	Branson	53.13	2
9 William Reynolds	12	Hoopaa Valley	53.37	3
10 Eamonn Kenny	10	Convent and Stuart Hall	53.67	2
11 Christopher Thompson	11	Athenian	53.68	2
12 Brendan Hogg	12	College Preparatory	53.97	2
13 Forrest Devine	10	Middletown	54.94	2
14 Alex Whitehead	11	Fort Bragg	55.93	2
15 Victor Martinez	10	Middletown	55.96	1
16 Jack Farres	12	Middletown	56.26	1
17 Larry Tracy	10	Hoopaa Valley	57.05	1
18 Giuseppe McKemy	11	Fort Bragg	57.29	1
19 Alan Moran	10	Fort Bragg	60.12	2

Boys 800 Meter Run Varsity

Meet: 1:51.95 2011 Cole Williams, Urban

Name	Yr	School	Finals	H#
Finals				
1 Eddie Dilworth	12	Lick Wilmerding	1:58.05	2
2 Charlie Kennedy	11	San Francisco University	2:00.48	2
3 Aidan Wogan	11	Head-Royce	2:01.31	2
4 William Xenakis	12	Head-Royce	2:02.29	1
5 Brady English	10	Rincon Valley Christian	2:03.42	2
6 John Baker	12	St Helena	2:03.44	1
7 Dante Benedetti	10	Rincon Valley Christian	2:03.88	1
8 Nic Pantelick	12	San Francisco University	2:04.67	1
9 Todd Kane-Ross	11	Emery	2:04.67	2
10 Paden Collard	11	Cloverdale	2:04.99	1
11 Zachary Passalaqua	12	Rincon Valley Christian	2:06.08	2
12 Josue Blanco	11	St Helena	2:06.28	1
13 Ben Galloway	11	Urban of San Francisco	2:06.61	2
14 Rowan Davis	11	International Fais	2:06.76	2
15 Benji Wu	11	Branson	2:08.78	2
16 Mark Kearney	12	Convent and Stuart Hall	2:11.95	2
17 Simon Peterson	10	Rincon Valley Christian	2:26.30	1

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Boys 1600 Meter Run Varsity**

Meet: 4:16.34 1995

Jon Genant, Branson

Name	Yr	School	Finals	H#
Finals				
1 Charlie Kennedy	11	San Francisco University	4:26.54	2
2 Jacob Lehmann Duke	11	College Preparatory	4:28.51	2
3 Rowan Davis	11	International Fais	4:30.29	2
4 Isaac Methum	12	Rincon Valley Christian	4:33.79	2
5 Ezra Parkhill	12	San Francisco University	4:34.89	2
6 Paden Collard	11	Cloverdale	4:36.43	1
7 Simon Peterson	10	Rincon Valley Christian	4:37.02	1
8 Zachary Passalacqua	12	Rincon Valley Christian	4:37.24	2
9 Elliott Weil	12	San Francisco University	4:37.29	2
10 Bailey Williams	12	Technology	4:38.89	1
11 Brady English	10	Rincon Valley Christian	4:40.61	2
12 Dante Benedetti	10	Rincon Valley Christian	4:40.64	2
13 Thomas Rombach	10	Bentley Upper	4:42.56	1
14 Jordan Reilly	11	St Helena	4:43.05	2
15 Adam Spitzler	10	Lick Wilmerding	4:46.18	1
16 Thomas Kunze	12	San Domenico	4:47.14	1

Boys 3200 Meter Run Varsity

Meet: 9:21.71 2017

Cooper Teare, St. Joseph N

Name	Yr	School	Finals
Finals			
1 Andre Williams	12	Sonoma Academy	9:28.52
2 Jacob Lehmann Duke	11	College Preparatory	9:42.65
3 Alex Mader	9	Lick Wilmerding	9:44.76
4 Ethan Ash	11	Head-Royce	10:10.96
5 Isaac Methum	12	Rincon Valley Christian	10:11.92
6 Isaac Rascon	10	Middletown	10:20.26
7 Nick Miller	9	Urban of San Francisco	10:23.08
8 Brady English	10	Rincon Valley Christian	10:24.97
9 Andrew Cheng	11	San Francisco University	10:36.89
10 Chase Leffers	12	San Francisco University	10:41.95
11 Travis Jenkins	11	Technology	10:42.56
12 Antonio Woo	11	Convent and Stuart Hall	10:55.89
13 Simon Peterson	10	Rincon Valley Christian	11:04.48
14 Remy Namvar	11	Fort Bragg	11:11.29
15 Max Cole	9	Technology	11:49.44

Boys 110 Meter Hurdles Varsity

Meet: 14.64 1986

Mike Koellsted, Calistoga

Name	Yr	School	Finals	Wind	H#
Finals					
1 Eric Portillo	12	Fort Bragg	15.56	0.4	2
2 Jacob Lehman	11	St Helena	15.94	0.4	2
3 Peter Levine	11	Urban of San Francisco	15.98	0.4	2
4 Scott Dolan	12	Rincon Valley Christian	16.19	0.4	2
5 Russel Gordon	10	Fort Bragg	16.52	0.4	2
6 Harris Rutherford	12	Convent and Stuart Hall	16.73	0.4	2

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Boys 110 Meter Hurdles Varsity)**

Name	Yr	School	Finals	Wind	H#
7 Ethan Yan	12	College Preparatory	17.03	0.4	2
8 Cole Bianchi	11	Convent and Stuart Hall	17.43	2.0	1
9 Zach Ramos	12	St Joseph Notre Dame	17.46	2.0	1
10 Hagan Cadwallader	11	Middletown	17.68	0.4	2
11 Colton Rowe	11	Sonoma Academy	18.48	2.0	1
12 Soujit Ing	10	Technology	18.57	2.0	1
13 Davis Pyorre	10	Fort Bragg	18.82	2.0	1
14 Hiroki Coyle	10	San Domenico	19.36	2.0	1
15 Max LuJan	11	California School for the De	20.62	2.0	1

Boys 300 Meter Hurdles Varsity

Meet: 39.94 1990 Bill Etter, Ferndale

Name	Yr	School	Finals	H#
Finals				
1 Eric Portillo	12	Fort Bragg	40.73	2
2 Russel Gordon	10	Fort Bragg	42.14	2
3 Soujit Ing	10	Technology	42.27	2
4 Loucas Xenakis	10	Head-Royce	42.36	2
5 Cole Bianchi	11	Convent and Stuart Hall	43.05	2
6 Scott Dolan	12	Rincon Valley Christian	43.64	2
7 Jacob Lehman	11	St Helena	43.81	2
8 Zach Ramos	12	St Joseph Notre Dame	44.02	2
9 Sean Huckleberry	9	San Francisco University	44.28	1
10 Jackson Daecher	12	Convent and Stuart Hall	44.57	1
11 Harris Rutherford	12	Convent and Stuart Hall	46.51	1
12 Jack Farres	12	Middletown	47.26	1
13 Leopold Van den daele	11	Sonoma Academy	47.65	1
14 Filemon Sanchez	10	Middletown	50.24	1

Boys 4x100 Meter Relay Varsity

Meet: 42.57 2013 Emery

Team	Relay	Finals	H#
Finals			
1 St Helena		43.54	2
1) Ryan Searl 11	2) Jacob Lehman 11	3) Christian Iano 12	4) Cody DiTomaso 11
2 Convent and Stuart Hall		44.06	2
1) Terence Leung 12	2) Nicholas Ong 12	3) Eon Kounalakis 10	4) Eamonn Kenny 10
3 Technology		44.52	2
1) Evan Walters 12	2) Soujit Ing 10	3) Brandon McCulloch 12	4) Cameron Orloff 12
4 Fremont Christian		45.04	2
1) Josh Cherian 12	2) John Sanguinetti	3) Eric Liao 11	4) Nick Leong 12
5 Oakland Military Institute		45.06	2
1) John Wu 11	2) Tavares Marshall 11	3) Anderson Montoya 11	4) Jia Wu Xia 11
6 St Joseph Notre Dame		45.92	2
1) Marcus Abendanio 12	2) Zavier Annis 11	3) Joshua Henry 12	4) Jayelen Jones 11
7 Fort Bragg		46.37	1
1) Ruddy Gordon 10	2) Russel Gordon 10	3) Eric Portillo 12	4) Alan Moran 10
8 Middletown		46.50	2
1) Jack Farres 12	2) Victor Martinez 10	3) Victor Guzman 12	4) Casey Chicoine 12
9 Hoopa Valley		47.03	1
1) Tavis Young 11	2) Jasper Hostler 11	3) Tristan Campbell 11	4) William Reynolds 12

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Finals ... (Boys 4x100 Meter Relay Varsity)**

Team	Relay	Finals	H#
--- Branson		DQ	2
1) Reilly Manton 12	2) Will Bollini 9	3) DJ Jones 9	4) Joey Daly 11

Boys 4x400 Meter Relay Varsity

Meet: 3:28.28 2013

Justin Siena

Team	Relay	Finals	H#
Finals			
1 San Francisco University		3:31.51	2
1) Ren Zanze 10	2) Elliott Weil 12	3) Ezra Parkhill 12	4) Charlie Kennedy 11
2 Branson		3:33.80	2
1) Will Bollini 9	2) Joey Daly 11	3) Alex Le 12	4) Tucker Sennett 11
3 Head-Royce		3:36.29	2
1) Ethan Ash 11	2) William Xenakis 12	3) Aidan Wogan 11	4) Sean Cavaliere 10
4 St Helena		3:37.45	2
1) Josue Blanco 11	2) John Baker 12	3) Cody DiTomaso 11	4) Jacob Lehman 11
5 Convent and Stuart Hall		3:38.18	2
1) Cole Bianchi 11	2) Mark Kearney 12	3) Will Burns	4) Eamonn Kenny 10
6 Fort Bragg		3:42.58	2
1) Alex Whitehead 11	2) Enrique Ruiz 11	3) Giuseppe McKemy 11	4) Eric Portillo 12
7 International Fais		3:43.12	1
1) Rowan Davis 11	2) Luca Smith 10	3) Isaiah Koenig 10	4) Dalton Cleary 11
8 Athenian		3:43.35	1
1) Justin Mun 10	2) Jack Moskowitz 12	3) Christopher Thompson 11	4) Eric Arlen
9 Oakland Military Institute		3:49.25	2
1) Anderson Montoya 11	2) Charles Colvin	3) Jia Wu Xia 11	4) Tavares Marshall 11
10 Middletown		3:49.52	1
1) Victor Martinez 10	2) Isaiah Diaz 10	3) Tyler Cobb 11	4) Forrest Devine 10
--- Lick Wilmerding		DQ	2
1) Ben Harris 12	2) Kai Lord	3) Eddie Dilworth 12	4) Nick Harris 12

Boys High Jump Varsity

Meet: 6-07.25 1982

Craig McMillan, Cloverdale

Name	Yr	School	Finals
Finals			
1 Jack Honeyman	12	Convent and Stuart Hall	6-04.00
2 Joe Zhou	11	San Domenico	5-10.00
3 Trevor Mendenhall	12	Rincon Valley Christian	J5-10.00
4 Loucas Xenakis	10	Head-Royce	5-08.00
5 Jullian Clavelle	11	Fort Bragg	J5-08.00
5 Tobe Ohajunwa	10	San Domenico	J5-08.00
7 Warwick Price	11	San Francisco University	J5-08.00
8 Jayelen Jones	11	St Joseph Notre Dame	J5-08.00
9 Henry Yeomans	10	Fort Bragg	5-06.00
10 Andrew Lim	Jr	College Preparatory	5-04.00
10 Donavin Valadez	10	Clear Lake	5-04.00
12 Victor Guzman	12	Middletown	5-02.00
12 Frankie Solinsky-Duryea	9	Lick Wilmerding	5-02.00
14 Jack Farres	12	Middletown	5-00.00

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Boys Pole Vault Varsity**

Meet: 14-01 1993

Jeromy Schull, Willits

Name	Yr	School	Finals
Finals			
1 Carlos Hernandez	12	Fort Bragg	11-06.00
2 Davis Pyorre	10	Fort Bragg	10-06.00
3 Alex Boe	11	Fort Bragg	10-00.00
4 Kyle Paoli	12	Fort Bragg	9-06.00
5 Jackson Scheibal	9	Middletown	J9-06.00

Boys Long Jump Varsity

Meet: 22-07.50 2014

Elijah Lucy, Emery

Name	Yr	School	Finals	Wind	H#
Finals					
1 Peter Levine	11	Urban of San Francisco	21-06.50	NWI	2
2 Spencer O'Brien-Steele	12	Convent and Stuart Hall	21-01.00	NWI	2
3 Udo George		Berean Christian	20-10.25	NWI	2
4 Jacob Gutierrez-Worthy	12	Rincon Valley Christian	20-07.50	NWI	2
5 Christian Young	11	Convent and Stuart Hall	20-04.25	NWI	2
6 Parker Emerson	11	San Francisco University	20-02.50	NWI	1
7 Leonardo Vergara	11	California School for the De	20-00.00	NWI	2
8 Joe Zhou	11	San Domenico	19-09.50	NWI	2
9 Will Bollini	9	Branson	19-04.25	NWI	2
10 Cale Hawkins	10	Rincon Valley Christian	19-01.75	NWI	1
11 Sean Huckleberry	9	San Francisco University	19-01.00	NWI	1
11 Justin Mun	10	Athenian	19-01.00	NWI	2
13 Jullian Clavelle	11	Fort Bragg	18-11.00	NWI	2
14 Casey Ross	11	Sonoma Academy	18-10.25	NWI	1
15 Kenneth Hodges	12	Upper Lake	18-09.25	NWI	1
16 Ryan Searl	11	St Helena	18-06.00	NWI	1
17 Donavin Valadez	10	Clear Lake	17-11.00	NWI	1

Boys Triple Jump Varsity

Meet: 47-06.50 2014

Drew Xandrine-Anderson, Stuart Hall

Name	Yr	School	Finals	Wind	H#
Finals					
1 Sean Huckleberry	9	San Francisco University	43-05.75	NWI	2
2 Joe Zhou	11	San Domenico	42-09.00	NWI	2
3 Ethan Yan	12	College Preparatory	41-07.75	NWI	2
4 Cameron Orloff	12	Technology	40-10.75	NWI	2
5 Spencer O'Brien-Steele	12	Convent and Stuart Hall	40-09.25	NWI	2
6 Loucas Xenakis	10	Head-Royce	40-01.75	NWI	2
7 Alan Moran	10	Fort Bragg	39-07.00	NWI	1
8 Leonardo Vergara	11	California School for the De	39-06.75	NWI	2
9 Jackson Daecher	12	Convent and Stuart Hall	37-08.50	NWI	1
10 Jullian Clavelle	11	Fort Bragg	37-08.00	NWI	1
11 August O'Neil	12	Sonoma Academy	37-04.75	NWI	2
12 Christian Young	11	Convent and Stuart Hall	37-04.50	NWI	1
13 Raul Cano	11	Fort Bragg	35-09.00	NWI	1
13 Harris Rutherford	12	Convent and Stuart Hall	35-09.00	NWI	2
15 Cale Hawkins	10	Rincon Valley Christian	35-00.50	NWI	1

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials****Boys Shot Put Varsity**

Meet: 55-05 1997

Marcus Matheney, St. Bernard Catholic

Name	Yr	School	Finals	H#
Finals				
1 Bryson Trask	12	Middletown	56-08.00	2
2 Torron Henderson	12	Willits	45-04.75	2
3 Isaac Beach	12	St Bernard Academy	40-09.50	2
4 Greyson Rockwell	10	Middletown	38-10.25	1
5 Colton Hayes	11	Hoopa Valley	38-05.25	2
6 Carter Proaps	11	Rincon Valley Christian	38-04.00	1
7 Quinn Randall-Darter	11	St Helena	37-06.00	2
8 Grey Snyder	11	San Domenico	37-05.25	2
9 Tom Ma	11	California Crosspoint	37-04.50	2
10 Ryland Campos	11	St Helena	37-00.75	2
11 Conlan Harrington	10	St Helena	36-03.75	1
12 Max Bucchioni	11	Convent and Stuart Hall	35-11.00	1
13 Kyle McMahan	11	Convent and Stuart Hall	35-07.00	1
14 Vincent Chen	11	Fremont Christian	35-03.75	2
15 Jacob Reed	12	Hoopa Valley	35-02.00	1
16 Allen Gray	10	Rincon Valley Christian	34-07.75	1
17 Will Garlington	11	Convent and Stuart Hall	34-07.25	1
18 Aiden Mendes	11	Hoopa Valley	34-05.75	1
19 Raphael Gonzalez	12	Lick Wilmerding	34-01.00	2
20 Andrew Tandoc	12	St Joseph Notre Dame	31-04.75	1

Boys Discus Throw Varsity

Meet: 170-10 2003

Lonny Witlow, South Fork

Name	Yr	School	Finals	H#
Finals				
1 Bryson Trask	12	Middletown	175-02	2
2 Torron Henderson	12	Willits	134-04	2
3 Grey Snyder	11	San Domenico	125-06	2
4 Will Garlington	11	Convent and Stuart Hall	125-02	2
5 August O'Neil	12	Sonoma Academy	118-04	2
6 Isaac Beach	12	St Bernard Academy	113-07	2
7 Aiden Mendes	11	Hoopa Valley	110-10	2
8 Allen Gray	10	Rincon Valley Christian	108-09	1
9 Greyson Rockwell	10	Middletown	107-11	1
10 Raphael Gonzalez	12	Lick Wilmerding	107-00	2
11 Adolfo Mora	10	Fort Bragg	101-09	2
12 Bowdy Dunn	11	St Bernard Academy	100-10	1
13 Ryland Campos	11	St Helena	100-08	1
14 Andrew Tandoc	12	St Joseph Notre Dame	96-11	1
15 Carter Proaps	11	Rincon Valley Christian	96-08	2
16 Cyrus Ghorbani	10	Convent and Stuart Hall	94-08	1
17 Tom Ma	11	California Crosspoint	94-02	1
18 Kyle McMahan	11	Convent and Stuart Hall	86-09	1
19 Kezian Dunn	9	San Domenico	78-08	1
20 Colton Hayes	11	Hoopa Valley	73-05	1

North Coast Section 1A - 5/11/2019**Montgomery High School****Results - trials**Women - Varsity - Team Rankings - 16 Events Scored

1) Middletown	75	2) San Francisco University	67
3) Lick Wilmerding	51	4) Branson	32
4) Head-Royce	32	6) Convent and Stuart Hall	30
7) Fort Bragg	24.5	8) Berean Christian	22
9) St Helena	21	10) Urban of San Francisco	20.5
11) College Preparatory	18	12) San Francisco Waldorf	16
13) Bentley Upper	15	14) Sonoma Academy	12
15) Marin Academy	10	16) San Domenico	9
17) Rincon Valley Christian	8	17) Clear Lake	8
17) Calistoga	8	17) St Joseph Notre Dame	8
21) California School for the De	4	22) Fremont Christian	2
22) Technology	2	24) Making Waves Academy	1

Men - Varsity - Team Rankings - 16 Events Scored

1) Fort Bragg	60.5	2) Convent and Stuart Hall	59
3) San Francisco University	41	4) St Helena	39
5) Rincon Valley Christian	32	6) Head-Royce	29
7) Urban of San Francisco	28	8) Middletown	27
9) San Domenico	26.5	10) Lick Wilmerding	26
10) Technology	26	12) College Preparatory	22
13) Willits	16	14) Sonoma Academy	12
15) Berean Christian	10	16) Branson	9
17) International FAIS	8	18) St Bernard Academy	7
18) Oakland Military Institute	7	20) Fremont Christian	4
21) St Joseph Notre Dame	3	22) Hoopa Valley	2
23) Cloverdale	1		