

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Event 1 Girls 400 Sprint Medley Throwers**Saturday 3/14/2020 - 8:50 AM**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Windsor	A	1:06.00
	1) #740 Burger, Savannah 10	2) #743 Charleton, Ellery 12	
	3) #756 Hart, Ame 11	4) #749 DeMars, Maxine 11	
4	El Molino	A	58.00
	1) #195 Foszcz, Alex 10	2) #223 Walker, Hailee 12	
	3) #222 Syversen, Maggie 10	4) #216 Sani, Cassidy 12	
	5) #203 Husary, Talia 10	6) #215 Roan, Ellie 10	
5	Montgomery	A	1:05.00
	1) #344 Gulbransen, Sophia 11	2) #360 Marentes, Alyssa 11	
	3) #361 Middleton, Faith 10	4) #367 Owen, Elise 11	
6	Santa Rosa	A	NT
	1) #578 Case, Hazel 9	2) #626 Schroth, Kendall 12	
	3) #633 Walker, Megan 10	4) #603 Henderson, Sofia 9	
	5) #593 Fragoso, Michelle 10		

Event 2 Boys 400 Sprint Medley Throwers**Saturday 3/14/2020 - 8:55 AM**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Sonoma Valle	A	NT
	1) #646 Anderson, Ian 10	2) #656 Evans (Ryan), Charlie 10	
	3) #659 Garon, Miles 12	4) #681 Vanzant, Owen 10	
4	Santa Rosa	A	NT
	1) #628 Solano, Junior 12	2) #591 Foley, Jack 12	
	3) #636 Westover, Garrett 12	4) #640 Zamora, Jordan 10	
	5) #600 Glascock, Logan 11	6) #601 Grace, Conor 10	
5	El Molino	A	NT
	1) #205 Klaus, Tyler 11	2) #211 Rameriz, Miguel 9	
	3) #209 Pacheco, Anthony 10	4) #200 Hayes, Colman 12	
	5) #208 Moreno, Angel 11		

Section 2 of 2 Finals

2	San Domenico	A	NT
	1) #517 Dunn, Kezian 10	2) #520 Fassberg, Cosmo 11	
	3) #523 Jones, Lamont 12	4) #538 Snyder, Grey 12	
3	Montgomery	A	1:00.00
	1) #368 Peapea, Ricky 10	2) #385 Warner, Jason 10	
	3) #349 Howe, Ben 11	4) #339 Garcia Hernande, Gerardo	
4	Cardinal New	A	52.10
	1) #126 Weaver, Camden 12	2) #103 Bevilacqua, Michael 11	
	3) #101 Andrew, Mason 11	4) #117 Gonzalez, Michael 10	
	5) #102 Beerbower, Albert 10	6) #110 Davison, Samuel 12	
5	Windsor	A	55.00
	1) #748 Crean, Colby 12	2) #752 Figueroa, Alberto 12	
	3) #781 Thrall, Jacob 12	4) #785 Vieyra, Christian 12	
6	San Rafael	A	1:09.90
	1) #563 Lubamersky, Liam 12	2) #568 Reyes, Anderson 10	
	3) #564 Lubamersky, Seamus 10	4) #567 Nguyen, Demitris 11	
	5) #562 Chao, Erik 11	6) #560 Beals, Thomas 11	
7	Middletown	A	NT
	1) #281 Breeden, Brody 10	2) #286 Chaires, Roberto 10	
	3) #289 Cortez, Ruben 11	4) #312 Rockwell, Greyson 11	
	5) #301 Martinez, Andres 12		

Event 3 Girls 4x100 Meter Relay**Saturday 3/14/2020 - 9:00 AM**

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	Sonoma Valle	B	NT
	1) #651 Cambero Goni, Paula 9	2) #657 Frazer, Sofia 10	
	3) #666 Ingemansson, Taneka 10	4) #672 Minehan, Kacy 10	
	5) #680 Sickert, Madeline 10		
4	Windsor	A	1:04.00
	1) #741 Camargo, Jocelin 10	2) #753 Gonsalves, Cesaria 9	
	3) #774 Robinson, Alexis 9	4) #768 Parr, Juliette 10	
5	Middletown	A	NT
	1) #313 Rogers, Zamora 10	2) #298 Isherwood, Ellary 11	
	3) #320 White, Summer 11	4) #297 Guerrero, Georgia 10	

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Meet Program - Today's meet

Section 2 of 3 Finals...(Event 3 Girls 4x100 Meter Relay)

2	Santa Rosa	B	1:00.00	_____
	1) #637 Williams, Jennifer 12		2) #635 Watkins, Lily 9	
	3) #584 Dafalla, Waad 12		4) #572 Alvarez, Jasmine 10	
	5) #592 Fragoso, Daisy 12			
3	Montgomery	B	58.00	_____
	1) #327 Batarseh, Elena 11		2) #348 Holmes, Isabel 11	
	3) #363 Monk, Grace 11		4) #370 Riggs, Chloe 9	
4	El Molino	A	56.46	_____
	1) #219 Serrano, Audrey 11		2) #196 Fuentes, Kathy 11	
	3) #192 Depaola, Santia 9		4) #197 Garcia-Lopez, Kiara 11	
5	Fort Bragg	A	56.51	_____
	1) #247 Nadeau, Emily 10		2) #236 Gilchrist, Emma 12	
	3) #248 Namvar, Jazmyn 10		4) #242 Lo, Megan 11	
	5) #235 Fox, Gigi 12			
6	Casa Grande	B	58.06	_____
	1) #130 Arango Hernandez, Beverly		2) #158 Klein, Kaitlyn 10	
	3) #147 Fenyves, Haley 9		4) #148 Flores, Lily 9	
7	Casa Grande	C	1:02.04	_____
	1) #183 Wiggins, Alicia 11		2) #182 Vela, Claudia 11	
	3) #154 Hakim, Layla 10		4) #139 Byrne, Kaele 12	

Section 3 of 3 Finals

1	Montgomery	A	55.21	_____
	1) #350 Jones, Mya 11		2) #325 Ballard, DaRina 10	
	3) #334 Dueck, Jessica 12		4) #352 Kelley, Kira 12	
2	Casa Grande	A	53.02	_____
	1) #168 Perez, Perla 12		2) #179 Tiu, Maya 11	
	3) #177 Thors, Isabelle 9		4) #169 Reposa, Audrey 10	
3	Rancho Cotat	A	51.63	_____
	1) #505 Soriano, Kelly 12		2) #493 Monroe, Madison 11	
	3) #502 Ripple, Makenna 9		4) #509 Whitley, Anevay 10	
4	Cardinal New	A	45.80	_____
	1) #119 Jordan, Vivien 9		2) #104 Bonzi, Jenna 11	
	3) #124 Simpkins, Sam 9		4) #120 Niehaus, Alex 12	
5	Santa Rosa	A	51.00	_____
	1) #625 Schroth, Kassidy 10		2) #638 Wong, Anastasia 11	
	3) #614 McKamey, CoCo 9		4) #594 Fry, Macdalah 11	
6	Petaluma	A	52.00	_____
	1) #422 Sullivan, Cali 11		2) #404 Efhan, Megan 10	
	3) #393 Bell, Courtney 12		4) #417 Rodrigues, Katrina 10	
7	Sonoma Valle	A	54.81	_____
	1) #653 Crespo, Chelsey 11		2) #673 Panelli, Zoe 10	
	3) #670 Martin, Lola 9		4) #667 Jensen, Rachel 9	
	5) #661 Gobbee, Rue 10			
8	San Domenico	A	55.93	_____
	1) #521 Fleece, Piper 10		2) #529 Morgan, Abby 11	
	3) #532 Noden, Ashlyn 10		4) #534 Rist, Vienna 11	

Event 4 Boys 4x100 Meter Relay

Saturday 3/14/2020 - 9:15 AM

Lane	Team	Relay	Seed Time
Section 1 of 4 Finals			
1	San Domenico	B	NT
	1) #510 Bushkov, Tristan 10		2) #511 Caen, Cameron 11
	3) #536 Rodas, Jonnathan 9		4) #535 Robinson, Sam 12
	5) #514 Coyle, Hiroki 11		
2	Middletown	C	NT
	1) #284 calvin, Javed 9		2) #295 Foxworthy, Matthew 9
	3) #319 White, Nathan 10		4) #311 Rego, Ty 9
3	Middletown	B	NT
	1) #293 Domingo, Jason 11		2) #282 Breiner, Tyler 12
	3) #307 Perez, Javier 11		4) #318 Vazquez, Jair 10
4	Piner	D	54.55
	1) #468 Tang, Patrick 10		2) #438 Gonzalez, Fabian 10
	3) #449 Madriz, Ivan 12		4) #454 Ngo, Tien 9
	5) #457 Ojeda Rojas, Julian 10		
5	Middletown	A	NT
	1) #302 Martinez, Victor 11		2) #290 Devine, Forrest 11
	3) #303 McComes, Dallas 11		4) #296 Godinez, Gabe 11
6	Middletown	D	NT
	1) #291 Diaz, Isaiah 11		2) #285 Carter, Kenneth 9
	3) #304 Mendoza, Emilio 11		4) #292 Dicoovski, Nadav 9
	5) #288 Cortez, Joseph 9		
7	Sonoma Valle	B	NT
	1) #649 Cabrera, Adrian 10		2) #650 Calhoun, Ryder 9
	3) #669 MacNeil Blackwood, Aidar		4) #677 Saravia, Tristan 9
	5) #663 Hammond, Zachary 10		
8	Upper Lake	A	NT
	1) #728 Guaydacan, Richard 11		2) #727 Fernandez, Donovan 9
	3) #733 Serafin, Angel 9		4) #730 Juarez, James 12
	5) #726 Alonso, Adrian 10		

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Meet Program - Today's meet

Section 2 of 4 Finals...(Event 4 Boys 4x100 Meter Relay)

1	Montgomery	D	53.72	_____
	1) #371 Rodriguez Gonzalez, Emili	2) #377 Soos, Chris 12		
	3) #382 Torres, Jonathan 12	4) #383 Torres, Theodore 10		
2	Piner	B	52.84	_____
	1) #450 Mendoza, Victor 11	2) #444 Lalli, Tyler 11		
	3) #442 Huynh, Vincent 11	4) #453 Miller, Duncan 10		
3	Windsor	B	52.00	_____
	1) #747 Collins, T.J. 10	2) #758 Kegler, Kevin 10		
	3) #739 Brown, Eugene 9	4) #782 Trechter, Christian 9		
4	Casa Grande	B	50.76	_____
	1) #161 Martinez, Exemi 12	2) #131 Arterberry, Damian 9		
	3) #141 Cooper, Mason 9	4) #127 Akognon, Tolulope 10		
5	Piner	C	51.24	_____
	1) #470 Thammasoth, Joshua 11	2) #464 Salguero, Carlos 9		
	3) #466 Silakul, Justin 11	4) #443 Kim, Isaac 11		
6	Cardinal New	A	52.30	_____
	1) #105 Bonzi, William 9	2) #111 Diep, Kenny 12		
	3) #125 Waite, Ricky 10	4) #113 Elias, Jorge 10		
	5) #109 Coogan, Dallas 10			
7	Montgomery	C	53.50	_____
	1) #378 Staples, Matthew 11	2) #337 Fuller, Loki 10		
	3) #386 Yopez-Ruiz, Jason 10	4) #331 Clayton, Jared 10		
8	Santa Rosa	B	54.00	_____
	1) #570 Achacon, Andre 9	2) #574 Benz, Valentine 10		
	3) #575 Borromeo, Gabe 10	4) #617 Paredes-Gutierrez, Jesus 10		

Section 3 of 4 Finals

1	Montgomery	B	49.29	_____
	1) #338 Garcia, Lucas 12	2) #324 Amaya, Jonathan 12		
	3) #335 Farrell-DeGuia, Mason 9	4) #376 Sloan-Randall, Logan 10		
2	Piner	A	48.81	_____
	1) #455 Nguyen, Minh 12	2) #435 Furry, Vernon 10		
	3) #431 Collins, Michael 11	4) #426 Caballero, Joset 12		
	5) #437 Goldberg, Jaydon 11			
3	Windsor	A	48.00	_____
	1) #770 Pigg, Marques 12	2) #773 Pring, Patrick 11		
	3) #755 Hansen, Joseph 10	4) #777 Sievers, Jake 12		
4	Casa Grande	A	46.93	_____
	1) #132 Bagley, Daniel 12	2) #146 Felix, Jacob 10		
	3) #174 Tangonan, John Paul 12	4) #155 Humphreys, Tobias 11		
5	Fort Bragg	A	47.50	_____
	1) #238 Gordon, Russel 11	2) #241 Ku Pech, Antonio 11		
	3) #237 Gordon, Ruddy 11	4) #246 Moran, Alan 11		
	5) #250 Ruiz, Enrique 12			
6	Montgomery	A	48.35	_____
	1) #357 Luong, Tan 11	2) #354 Kozlowski, Joshua 11		
	3) #347 Hawkins, Cale 11	4) #340 Garcia-Rossi, Ari 12		
7	Rancho Cotat	B	49.01	_____
	1) #478 Casarotti, Justin 9	2) #495 Ortega, Elijah 10		
	3) #507 Vallejos, Andrew	4) #508 Victor, Joe 10		
8	San Domenico	A	49.82	_____
	1) #533 Ohajunwa, Tobe 11	2) #513 Connan, Braeden 9		
	3) #537 Scal, Dmitri 11	4) #512 Campbell, Ian 12		
	5) #523 Jones, Lamont 12			

Section 4 of 4 Finals

1	Petaluma	A	46.70	_____
	1) #416 Pologeorgis, Silas 9	2) #396 Calito Garcia, Luis 11		
	3) #397 Castiglia, Ryan 10	4) #423 Sullivan, Jack 12		
2	Santa Rosa	A	46.31	_____
	1) #583 Cook, Nathan 12	2) #607 Kozlowski, Jack 12		
	3) #622 Prince, Trevien 12	4) #629 Stringer-Stine, Johnathan 1		
3	El Molino	A	45.77	_____
	1) #191 Cibrian-Gomez, Jacob 11	2) #198 Gonzales, Jesse 11		
	3) #212 Ransome, Ethan 12	4) #213 Ransome, Finn 12		
4	Emery	A	44.55	_____
	1) #224 Algaradi, Ibrahim 11	2) #226 Johnson, Naias 11		
	3) #229 Reece, Donovan 12	4) #227 Kane-Ross, Todd 12		
	5) #225 Dharhan, Ibrahim 12			
5	Fortuna	A	45.35	_____
	1) #253 Bolden, Tai 11	2) #254 Boyd, Draven 12		
	3) #257 Pratt, Connor 11	4) #258 Rexford, RJ 10		
6	San Marin	A	46.30	_____
	1) #554 Oxlaj, Jeffrey 11	2) #551 Mancuso, Nate 11		
	3) #557 Sims, Cameron 11	4) #555 Reyes-Ruiz, Everth 11		
7	Rancho Cotat	A	46.50	_____
	1) #496 Ortiz, Deion 11	2) #500 Rankin, Rasheed 12		
	3) #485 Holzmman, Noah 11	4) #499 Pruitt, Raylond 11		
8	Sonoma Valle	A	46.91	_____
	1) #668 Luque, Mateo 10	2) #648 Belleville, Hunter 10		
	3) #655 Esteve, Antonio 9	4) #678 Schaus, Gabe 10		

Event 5 Girls 4x1600 Meter Relay

Saturday 3/14/2020 - 9:30 AM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Santa Rosa	A	24:40.00
	1) #587 Elsa, Tara 10	2) #620 Pride, Jordan 12	
	3) #579 Cates, Emilie 11	4) #580 Cederborg, Leah 9	
2	Petaluma	A	30:00.00
	1) #392 Baker, Shalynn 10	2) #406 Hernandez Martinez, Alexa	
	3) #401 Doherty, Kiera 9	4) #412 Morris, Georgiana 9	
3	Piner	A	NT
	1) #460 Quintero, Elisa 10	2) #451 Mezey, Luisa 10	
	3) #441 Humphrey, Amanda 10	4) #432 Delgado, Suhail 10	
	5) #469 Tesfamariam, Missy 10	6) #447 Luna, Paulina 9	

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Event 6 Boys 4x1600 Meter Relay

Saturday 3/14/2020 - 10:10 AM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Montgomery	A	18:57.01
	1) #336 Fifer, Nathan 9	2) #353 Kiernan, Dillon 11	
	3) #364 Morthole, Lucas 10	4) #381 Tesfamichael, Kibreab 12	
2	Santa Rosa	A	19:00.00
	1) #588 Engel, Andrew 12	2) #613 McKamey, Andrew 11	
	3) #602 Grams, Steven 11	4) #585 Delgado, Faris 11	
3	Montgomery	B	19:10.01
	1) #323 Alcaraz Parra, Erick 11	2) #333 Dalsing, Hayden 11	
	3) #355 Lacefield, Jonathan 9	4) #342 Gesell, James 9	
4	Windsor	A	19:40.00
	1) #761 Larson, Hunter 12	2) #780 Theiss, Tallen 10	
	3) #764 McAlister, Landon 11	4) #779 Smith, Dustin 10	
5	Ukiah	A	20:15.00
	1) #718 Rubio, Ivan 11	2) #713 Mucho, Caleb 11	
	3) #699 Hoyt, Michael 10	4) #695 Gibson, Nathan 9	
	5) #704 Leggett, Michael 11	6) #692 Dewall, Dylan 11	
6	Windsor	B	20:20.00
	1) #783 Vail, Steven 12	2) #757 Hidalgo, Max 10	
	3) #763 Manni, Kevin 10	4) #765 Melvin, Garrett 10	
7	Santa Rosa	B	20:20.00
	1) #586 Dethlefsen, Ben 9	2) #609 Liggett, Tristan 9	
	3) #624 Schott, James 10	4) #618 Phillips, Dylan 10	
8	Casa Grande	A	21:30.00
	1) #176 Thompson, Ethan 11	2) #135 Brady, Michael 9	
	3) #162 McCulloch, Max 9	4) #170 Risic, Ryder 9	
9	Rancho Cotat	A	22:20.00
	1) #481 Clark, Anthony 11	2) #490 Medina, Jonathan 11	
	3) #503 Rodriguez, Mateo 10	4) #475 Acosta, Diego 11	
10	Petaluma	A	22:20.00
	1) #405 Gutierrez, Javier 9	2) #409 Juarez Aragon, Alex 11	
	3) #407 Hicks, Aidan 9	4) #403 Duiven, Willem 9	
	5) #395 Calito Garcia, Carlos 12		
11	Montgomery	C	NT
	1) #380 Stults, Zachary 9	2) #322 Aguirre, Bryan 10	
	3) #345 Hagemann, Andrew 12	4) #379 Stevens, Andrew 9	
12	Piner	A	NT
	1) #448 Luong, Austin 12	2) #427 Cano, Jeremiah 12	
	3) #471 Tran, Tyler 10	4) #440 Hayes, Jared 9	
13	Piner	B	NT
	1) #436 Garcia Menjivar, Jimmy 10	2) #446 Lopez, Javier 10	
	3) #434 Farrell, David 9	4) #452 Mezey, Tyler 12	
14	Piner	C	NT
	1) #474 Ward, Bryce 9	2) #433 Erickson, Carter 10	
	3) #439 Hartman, Stuart 10	4) #428 Cano, Ruben 10	
	5) #456 Nguyen, Viet 10		
15	Piner	D	NT
	1) #430 Chavez, Jonathan 9	2) #462 Reyes, Pedro 9	
	3) #473 Valentin, David 9	4) #458 Osorio Medina, Rogelio 9	
16	Middletown	A	NT
	1) #291 Diaz, Isaiah 11	2) #310 Rego, Jordan 12	
	3) #307 Perez, Javier 11	4) #309 Rascon, Isaac 11	

Event 101 Outdoor Pentathlon: #1 Girls 100 Meter Hurdles

Saturday 3/14/2020 - 10:40 AM

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	263 Cook, Max	10	Healdsburg	NT
4	271 Joy, Emery	9	Healdsburg	NT
5	187 Broome, Jeanne	11	El Molino	NT
6	528 Meier, Heidi	10	San Domenico	NT

Event 7 Girls 100 Meter Hurdles

Saturday 3/14/2020 - 10:45 AM

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
3	314 Ryon, Trinity	10	Middletown	NT
4	294 Dubois, Bella	12	Middletown	NT
5	348 Holmes, Isabel	11	Montgomery	NT
Section 2 of 4 Finals				
1	682 Wheatley, Regan	12	Sonoma Valle	NT
2	306 Perez, Diesi	9	Middletown	NT
3	539 Youman, Dylan	9	San Domenico	24.78
4	532 Noden, Ashlyn	10	San Domenico	23.30
5	149 Foursha, Tamra	10	Casa Grande	23.75
6	308 Perez, Nelsy	12	Middletown	NT
7	260 Cano, Clarissa	9	Healdsburg	NT
8	328 Beck, Fayola	10	Montgomery	NT
Section 3 of 4 Finals				
1	159 Lemesh, Aiva	11	Casa Grande	22.50
2	243 Mendoza, Lexi	12	Fort Bragg	21.50
3	247 Nadeau, Emily	10	Fort Bragg	20.84
4	534 Rist, Vienna	11	San Domenico	20.64
5	183 Wiggins, Alicia	11	Casa Grande	20.82
6	549 Gomez, Faith	10	San Marin	21.00
7	134 Borre, Jacy	10	Casa Grande	21.50
8	373 Schiffrin, Belle	9	Montgomery	23.30
Section 4 of 4 Finals				
1	494 Nava, Natalie	10	Rancho Cotat	20.15
2	576 Botello-Zetina, Daniela	12	Santa Rosa	19.61
3	219 Serrano, Audrey	11	El Molino	19.01
4	614 McKamey, CoCo	9	Santa Rosa	17.25
5	184 Winsemius, Chloe	11	Casa Grande	18.40
6	483 Hernandez, Luisa	12	Rancho Cotat	19.18
7	546 Choi, Claire	10	San Marin	19.75
8	542 Aivaliotis, Madison	10	San Marin	20.50

Event 102 Outdoor Pentathlon: #1 Boys 110 Meter Hurdles

Saturday 3/14/2020 - 10:50 AM

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
2	283 Cadwallader, Hagan	12	Middletown	NT
3	255 Cox, Bo	11	Fortuna	NT
4	280 Boden, Parker	10	Middletown	NT
5	359 Maltby, Jake	11	Montgomery	NT
6	252 Arrasmith, Nathan	12	Fortuna	NT
7	424 Ainlay, Kevin	12	Piner	NT

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Event 8 Boys 110 Meter Hurdles**Saturday 3/14/2020 - 10:55 AM**

Lane	Name	Yr	School	Seed Time
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Section 1 of 3 Finals

3	282 Breiner, Tyler	12	Middletown	NT
4	652 Casillas, Antonio	9	Sonoma Valle	NT
5	773 Pring, Patrick	11	Windsor	NT

Section 2 of 3 Finals

2	129 Arango, Christopher	11	Casa Grande	NT
3	767 Pagan, Nicholas	12	Windsor	NT
4	512 Campbell, Ian	12	San Domenico	22.58
5	383 Torres, Theodore	10	Montgomery	NT
6	283 Cadwallader, Hagan	12	Middletown	NT
7	280 Boden, Parker	10	Middletown	NT

Section 3 of 3 Finals

1	514 Coyle, Hiroki	11	San Domenico	20.50
2	237 Gordon, Ruddy	11	Fort Bragg	20.00
3	611 Manning, Alex	10	Santa Rosa	16.69
4	341 George, Jaymon	10	Montgomery	16.42
5	155 Humphreys, Tobias	11	Casa Grande	16.62
6	238 Gordon, Russel	11	Fort Bragg	17.00
7	249 Pyorre, Davis	11	Fort Bragg	20.49
8	671 Martindale, Lucas	11	Sonoma Valle	21.36

Event 9 Girls 800 Sprint Medley 1-1-2-4**Saturday 3/14/2020 - 11:05 AM**

Lane	Team	Relay	Seed Time
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Section 1 of 3 Finals

3	San Domenico	B	NT
1) #522 Herman, Greta 10			
2) #539 Youman, Dylan 9			
3) #515 Da Silva, Mai 10			
4) #541 Zhang, Dora 11			
5) #524 Knott, Katarina 9			
4	El Molino	A	NT
1) #196 Fuentes, Kathy 11			
2) #192 Depaola, Santia 9			
3) #197 Garcia-Lopez, Kiara 11			
4) #194 Fassett, Sienna 10			
5) #210 Posner, Adyson 12			
5	San Domenico	A	NT
1) #532 Noden, Ashlyn 10			
2) #534 Rist, Vienna 11			
3) #521 Fleece, Piper 10			
4) #529 Morgan, Abby 11			
6	Sonoma Valle	B	NT
1) #672 Minehan, Kacy 10			
2) #651 Cambero Goni, Paula 9			
3) #657 Frazer, Sofia 10			
4) #680 Sickert, Madeline 10			

Section 2 of 3 Finals

1	Piner	A	NT
1) #459 Phelps, Rachel 12			
2) #445 Loe, Ruby 10			
3) #472 Tyohannes, Liyah 10			
4) #465 Schmidt, Josalyn 9			
5) #467 Solorio Camarillo, Miriam			
2	Healdsburg	A	NT
1) #260 Cano, Clarissa 9			
2) #275 Nordvedt, Sofia 10			
3) #261 Carrada, Jennifer 11			
4) #267 Fletcher, Alyssa 12			
5) #274 Malmgren, Lilly 12			
6) #278 Pastene, Grace 10			
3	Montgomery	B	2:15.00
1) #370 Riggs, Chloe 9			
2) #321 Abraha, Lily 12			
3) #348 Holmes, Isabel 11			
4) #332 Colvin, Abbey 11			
4	Casa Grande	A	2:13.87
1) #175 Theodore, Omaisca 10			
2) #171 Schulz, Roxanne 9			
3) #134 Borre, Jacy 10			
4) #159 Lemesh, Aiva 11			
5	Petaluma	A	2:15.00
1) #410 Kaufusi, Lolohea 11			
2) #404 Eghan, Megan 10			
3) #393 Bell, Courtney 12			
4) #422 Sullivan, Cali 11			
6	Sonoma Valle	A	NT
1) #673 Panelli, Zoe 10			
2) #661 Gobbee, Rue 10			
3) #664 Hoban, Lilianna 10			
4) #662 Gutierrez, Valeria 11			
5) #682 Wheatley, Regan 12			
7	Windsor	A	NT
1) #768 Parr, Juliette 10			
2) #744 Chavez, Alejandra 9			
3) #742 Campos, Kendall 12			
4) #771 Pignataro, Jayda 12			
8	Middletown	A	NT
1) #298 Isherwood, Ellary 11			
2) #320 White, Summer 11			
3) #297 Guerrero, Georgia 10			
4) #317 Tyrrell, Giana 12			

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Section 3 of 3 Finals...(Event 9 Girls 800 Sprint Medley 1-1-2-4)

1	Rancho Cotat	A	2:08.00	_____
	1) #476 Bell, Nia 10		2) #483 Hernandez, Luisa 12	
	3) #509 Whitley, Anevay 10		4) #494 Nava, Natalie 10	
2	Montgomery	A	2:05.00	_____
	1) #325 Ballard, DaRina 10		2) #334 Dueck, Jessica 12	
	3) #352 Kelley, Kira 12		4) #350 Jones, Mya 11	
3	Santa Rosa	B	2:04.00	_____
	1) #590 Fernandez, Sienna 9		2) #608 Lakemoon, Lakemoon 10	
	3) #631 Valencia Dimas, Diana 9		4) #577 Bruce, Eliana 11	
4	Santa Rosa	A	1:53.00	_____
	1) #638 Wong, Anastasia 11		2) #594 Fry, Macdalah 11	
	3) #614 McKamey, CoCo 9		4) #625 Schroth, Kassidy 10	
	5) #612 Markoff, Lydia 10			
5	Cardinal New	A	2:03.00	_____
	1) #104 Bonzi, Jenna 11		2) #119 Jordan, Vivien 9	
	3) #124 Simpkins, Sam 9		4) #120 Niehaus, Alex 12	
	5) #115 Freisch, Avery 9			
6	San Marin	A	2:05.00	_____
	1) #558 Tai, Madella 10		2) #544 Carey, Lailah 9	
	3) #552 Mckee, Jakayla 9		4) #556 Reynolds, Simone 9	
7	Ukiah	A	2:07.00	_____
	1) #700 Johnson, Macyi 9		2) #705 Losak, Lilly 9	
	3) #719 Ruffin, Emylia 11		4) #720 Ruffin, Kianna 10	
	5) #693 Dixon, Preciouss 11		6) #694 Gaylord, Kaylee 10	
8	Cardinal New	B	2:12.00	_____
	1) #118 Hilberman, Cassandra 11		2) #114 Erwin, Lilly 10	
	3) #106 Brunetti, Julia 9		4) #108 Carinalli, Lilly 9	

Section 2 of 4 Finals

1	San Domenico	B	NT	_____
	1) #510 Bushkov, Tristan 10		2) #535 Robinson, Sam 12	
	3) #511 Caen, Cameron 11		4) #540 Zamorano, Zidane 9	
2	Middletown	A	NT	_____
	1) #302 Martinez, Victor 11		2) #303 McComes, Dallas 11	
	3) #296 Godinez, Gabe 11		4) #290 Devine, Forrest 11	
3	Upper Lake	A	NT	_____
	1) #728 Guaydacan, Richard 11		2) #730 Juarez, James 12	
	3) #733 Serafin, Angel 9		4) #726 Alonso, Adrian 10	
	5) #727 Fernandez, Donovan 9			
4	Casa Grande	C	2:04.92	_____
	1) #173 Suazo, James 9		2) #152 Griffin, Jeremy 9	
	3) #141 Cooper, Mason 9		4) #185 Zhou, Derek 9	
5	Piner	B	NT	_____
	1) #442 Huynh, Vincent 11		2) #444 Lalli, Tyler 11	
	3) #453 Miller, Duncan 10		4) #450 Mendoza, Victor 11	
	5) #437 Goldberg, Jaydon 11			
6	Fort Bragg	A	NT	_____
	1) #241 Ku Pech, Antonio 11		2) #238 Gordon, Russel 11	
	3) #237 Gordon, Ruddy 11		4) #246 Moran, Alan 11	
	5) #250 Ruiz, Enrique 12			
7	Sonoma Valle	A	NT	_____
	1) #668 Luque, Mateo 10		2) #655 Esteva, Antonio 9	
	3) #648 Belleville, Hunter 10		4) #654 Cusick, Dylan 10	
	5) #660 Giller, Tymen 10			
8	San Domenico	A	NT	_____
	1) #513 Connan, Braeden 9		2) #537 Scal, Dmitri 11	
	3) #533 Ohajunwa, Tobe 11		4) #536 Rodas, Jonnathan 9	
	5) #514 Coyle, Hiroki 11			

Event 10 Boys 800 Sprint Medley 1-1-2-4

Saturday 3/14/2020 - 11:20 AM

Lane	Team	Relay	Seed Time	
Section 1 of 4 Finals				
2	Healdsburg	A	NT	_____
	1) #262 Chris, Dow 11		2) #266 Efram, Owen 9	
	3) #268 Garcia, Constantino 10		4) #272 Liam, O'Gorman 10	
	5) #259 Ahumada, Erinaldo 10			
3	Piner	C	NT	_____
	1) #449 Madriz, Ivan 12		2) #454 Ngo, Tien 9	
	3) #438 Gonzalez, Fabian 10		4) #468 Tang, Patrick 10	
	5) #440 Hayes, Jared 9		6) #474 Ward, Bryce 9	
4	El Molino	A	NT	_____
	1) #212 Ransome, Ethan 12		2) #213 Ransome, Finn 12	
	3) #198 Gonzales, Jesse 11		4) #191 Cibrian-Gomez, Jacob 11	
	5) #199 Grassl, Luke 10		6) #220 Spelman, Dustin 9	
5	Piner	A	NT	_____
	1) #435 Furry, Vernon 10		2) #426 Caballero, Joset 12	
	3) #455 Nguyen, Minh 12		4) #461 Reyes, Jilberto 11	
	5) #470 Thammasoth, Joshua 11		6) #431 Collins, Michael 11	
6	Sonoma Valle	B	NT	_____
	1) #669 MacNeil Blackwood, Aidar		2) #650 Calhoun, Ryder 9	
	3) #652 Casillas, Antonio 9		4) #677 Saravia, Tristan 9	
	5) #678 Schaus, Gabe 10			

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Section 3 of 4 Finals...(Event 10 Boys 800 Sprint Medley 1-1-2-4)

1	Casa Grande	B	1:58.61	
	1) #160 Marchant, Cooper 9	2) #136 Bucy, Ethan 9		
	3) #161 Martinez, Exemi 12	4) #131 Arterberry, Damian 9		
2	Montgomery	B	1:55.00	
	1) #376 Sloan-Randall, Logan 10	2) #335 Farrell-DeGuia, Mason 9		
	3) #324 Amaya, Jonathan 12	4) #338 Garcia, Lucas 12		
3	Santa Rosa	B	1:50.00	
	1) #575 Borromeo, Gabe 10	2) #623 Robledo, Diego 10		
	3) #621 Prince, Darius 9	4) #597 Garcia-Diaz, Justin 10		
4	Montgomery	A	1:50.00	
	1) #356 Lorenzo, Justin 10	2) #354 Kozlowski, Joshua 11		
	3) #357 Luong, Tan 11	4) #369 Perkins, Turner 10		
5	Cardinal New	B	1:50.00	
	1) #111 Diep, Kenny 12	2) #125 Waite, Ricky 10		
	3) #105 Bonzi, William 9	4) #123 Prendiville, Matthew 12		
	5) #117 Gonzalez, Michael 10			
6	Windsor	A	1:52.00	
	1) #777 Sievers, Jake 12	2) #755 Hansen, Joseph 10		
	3) #746 Cionci, John 12	4) #750 Didero, Ethan 11		
7	Casa Grande	A	1:56.38	
	1) #151 Gonzalez Ruiz, Daniel 10	2) #127 Akognon, Tolulope 10		
	3) #137 Burger, Gavin 11	4) #157 Johnson, Cody 12		
8	Montgomery	C	2:00.00	
	1) #331 Clayton, Jared 10	2) #382 Torres, Jonathan 12		
	3) #337 Fuller, Loki 10	4) #366 Oliver, Ashton 11		

Section 4 of 4 Finals

1	Petaluma	A	1:50.00	
	1) #419 Seifert, Ryan 9	2) #397 Castiglia, Ryan 10		
	3) #416 Pologeorgis, Silas 9	4) #423 Sullivan, Jack 12		
2	Cardinal New	A	1:45.00	
	1) #102 Beerbower, Albert 10	2) #109 Coogan, Dallas 10		
	3) #107 Caldron, Fernando 10	4) #116 Gallo, Max 11		
	5) #122 Prado, Mario 11			
3	Fortuna	A	1:44.63	
	1) #258 Rexford, RJ 10	2) #257 Pratt, Connor 11		
	3) #253 Bolden, Tai 11	4) #254 Boyd, Draven 12		
4	Emery	A	1:37.00	
	1) #225 Dharhan, Ibrahim 12	2) #229 Reece, Donovan 12		
	3) #226 Johnson, Naias 11	4) #227 Kane-Ross, Todd 12		
	5) #230 Weathers, Anthony 12	6) #228 Kassem, Faiz 12		
5	Santa Rosa	A	1:40.00	
	1) #611 Manning, Alex 10	2) #583 Cook, Nathan 12		
	3) #622 Prince, Trevien 12	4) #629 Stringer-Stine, Johnathan 1		
6	Ukiah	A	1:45.00	
	1) #698 Hardage, Ryan 9	2) #724 Wastik, Marcus 9		
	3) #687 Cliburn, Charlie 11	4) #684 Cauckwell, Jasper 12		
	5) #718 Rubio, Ivan 11	6) #711 Mello, Jacob 11		
7	San Marin	A	1:45.00	
	1) #554 Oxla, Jeffrey 11	2) #551 Mancuso, Nate 11		
	3) #557 Sims, Cameron 11	4) #555 Reyes-Ruiz, Everth 11		
8	Rancho Cotat	A	1:50.00	
	1) #484 Hirsch, Andrew	2) #482 Dunaway, Wyatt		
	3) #498 Ponzini, Shaun 10	4) #490 Medina, Jonathan 11		

Event 11 Girls 4x800 Meter Relay

Saturday 3/14/2020 - 11:35 AM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Santa Rosa	A	10:40.00
	1) #571 Alapa, Jasmine 10	2) #582 Cook, Lola 10	
	3) #627 Simon, Emma 12	4) #632 Van Holt, Alexandra 9	
2	Casa Grande	A	12:00.00
	1) #128 Alvarenga, Alessandra 12	2) #172 Steeves, Ashlyn 11	
	3) #138 Busch, Moriah 10	4) #156 Jimenez Carreno, Kayla 9	
3	Santa Rosa	B	12:20.00
	1) #599 Gentry, Milla 12	2) #634 Watkins, Emma 12	
	3) #596 Gamble, Sydney 9	4) #587 Elsa, Tara 10	
4	Sonoma Valle	A	12:23.42
	1) #664 Hoban, Lilianna 10	2) #658 Garcia, Jasmine 12	
	3) #662 Gutierrez, Valeria 11	4) #665 Hunter, Anabelle 10	
5	Rancho Cotat	A	13:30.00
	1) #476 Bell, Nia 10	2) #479 Case, Olivia 12	
	3) #494 Nava, Natalie 10	4) #492 Mitchell, Nyema 11	
6	Ukiah	A	NT
	1) #712 Mucho, Amanda 9	2) #717 Rozelski, Ella 11	
	3) #696 Gittleman, Mia 9	4) #708 McMenomey, Hannah 10	
7	Middletown	A	NT
	1) #300 Martin del Campo, Mariela	2) #316 Thomas, Tayley 11	
	3) #299 Kinsel, Erica 11	4) #317 Tyrrell, Giana 12	
8	Piner	A	NT
	1) #460 Quintero, Elisa 10	2) #451 Mezey, Luisa 10	
	3) #469 Tesfamariam, Missy 10	4) #447 Luna, Paulina 9	
	5) #441 Humphrey, Amanda 10	6) #432 Delgado, Suhail 10	

Event 12 Boys 4x800 Meter Relay

Saturday 3/14/2020 - 11:55 AM

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
1	Middletown	A	NT
	1) #303 McComes, Dallas 11	2) #305 Nance, Kevin 11	
	3) #309 Rascon, Isaac 11	4) #293 Domingo, Jason 11	
2	Piner	C	NT
	1) #474 Ward, Bryce 9	2) #433 Erickson, Carter 10	
	3) #428 Cano, Ruben 10	4) #439 Hartman, Stuart 10	
	5) #462 Reyes, Pedro 9	6) #456 Nguyen, Viet 10	
3	Sonoma Valle	B	NT
	1) #649 Cabrera, Adrian 10	2) #652 Casillas, Antonio 9	

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Meet Program - Today's meet

Section 2 of 2 Finals...(Event 12 Boys 4x800 Meter Relay)

1	Montgomery	A	8:30.01	_____
	1) #336 Fifer, Nathan 9		2) #353 Kiernan, Dillon 11	
	3) #364 Morthole, Lucas 10		4) #381 Tesfamichael, Kibreab 12	
2	Montgomery	B	8:45.01	_____
	1) #323 Alcaraz Parra, Erick 11		2) #342 Gesell, James 9	
	3) #355 Lacefield, Jonathan 9		4) #365 Nacouzi, Rami 9	
3	Casa Grande	B	9:00.00	_____
	1) #142 Cross, Kieran 11		2) #143 Cross, Peyton 12	
	3) #176 Thompson, Ethan 11		4) #145 Donlan, Andrew 11	
4	Montgomery	C	9:05.01	_____
	1) #322 Aguirre, Bryan 10		2) #345 Hagemann, Andrew 12	
	3) #379 Stevens, Andrew 9		4) #380 Stults, Zachary 9	
5	Santa Rosa	A	9:15.00	_____
	1) #585 Delgado, Faris 11		2) #624 Schott, James 10	
	3) #602 Grams, Steven 11		4) #618 Phillips, Dylan 10	
6	San Marin	A	9:20.00	_____
	1) #548 Espinoza, Harrison 11		2) #559 Tumbokon, Aiden 10	
	3) #550 Lunde, Raymond 10		4) #551 Mancuso, Nate 11	
7	Petaluma	A	9:25.00	_____
	1) #395 Calito Garcia, Carlos 12		2) #396 Calito Garcia, Luis 11	
	3) #405 Gutierrez, Javier 9		4) #409 Juarez Aragon, Alex 11	
8	Rancho Cotat	A	9:35.00	_____
	1) #481 Clark, Anthony 11		2) #490 Medina, Jonathan 11	
	3) #495 Ortega, Elijah 10		4) #503 Rodriguez, Mateo 10	
9	Windsor	A	9:45.00	_____
	1) #784 Valenzuela, Eli 10		2) #772 Prasad, Avi 12	
	3) #759 Kvamme, Ben 11		4) #783 Vail, Steven 12	
10	Casa Grande	A	10:00.00	_____
	1) #181 Vasquez, Isaac 9		2) #178 Thunen, Niko 9	
	3) #185 Zhou, Derek 9		4) #162 McCulloch, Max 9	
11	San Domenico	A	10:15.00	_____
	1) #540 Zamorano, Zidane 9		2) #519 Espulgar-Rowe, Joshua 12	
	3) #516 DeStefano, Andrea 9		4) #525 Kunze, Will 11	
12	Sonoma Valle	A	10:29.36	_____
	1) #675 Rivas, Christopher 11		2) #660 Giller, Tymen 10	
13	Ukiah	A	NT	_____
	1) #711 Mello, Jacob 11		2) #704 Leggett, Michael 11	
	3) #686 Clark, Samson 9		4) #721 Takacs, Levi 10	
	5) #692 Dewall, Dylan 11			
14	Piner	B	NT	_____
	1) #436 Garcia Menjivar, Jimmy 10		2) #446 Lopez, Javier 10	
	3) #434 Farrell, David 9		4) #452 Mezey, Tyler 12	
	5) #473 Valentin, David 9		6) #458 Osorio Medina, Rogelio 9	
15	Piner	A	NT	_____
	1) #448 Luong, Austin 12		2) #427 Cano, Jeremiah 12	
	3) #471 Tran, Tyler 10		4) #440 Hayes, Jared 9	
16	Healdsburg	A	NT	_____
	1) #266 Efram, Owen 9		2) #276 Ortiz, Edgar 11	
	3) #265 Dankowski, Jameson 10		4) #264 Cyphers, Alex 9	

Event 13 Girls 400 Meter Hurdles

Saturday 3/14/2020 - 12:15 PM

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	313 Rogers, Zamora	10	Middletown	NT
2	247 Nadeau, Emily	10	Fort Bragg	NT
3	294 Dubois, Bella	12	Middletown	NT
4	298 Isherwood, Ellary	11	Middletown	NT
5	219 Serrano, Audrey	11	El Molino	NT
6	243 Mendoza, Lexi	12	Fort Bragg	NT
7	373 Schiffrin, Belle	9	Montgomery	NT

Section 2 of 2 Finals

1	658 Garcia, Jasmine	12	Sonoma Valle	NT
2	549 Gomez, Faith	10	San Marin	1:30.00
3	542 Aivaliotis, Madison	10	San Marin	1:27.00
4	614 McKamey, CoCo	9	Santa Rosa	1:08.50
5	165 Morgan, Gwen	10	Casa Grande	1:24.00
6	546 Choi, Claire	10	San Marin	1:27.00
7	240 Johnson, Ashlynn	10	Fort Bragg	NT
8	297 Guerrero, Georgia	10	Middletown	NT

Event 14 Boys 400 Meter Hurdles

Saturday 3/14/2020 - 12:20 PM

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
3	463 Robert, NJ	9	Piner	NT
4	383 Torres, Theodore	10	Montgomery	NT
5	514 Coyle, Hiroki	11	San Domenico	NT
6	671 Martindale, Lucas	11	Sonoma Valle	NT
Section 2 of 2 Finals				
1	310 Rego, Jordan	12	Middletown	NT
2	675 Rivas, Christopher	11	Sonoma Valle	NT
3	341 George, Jaymon	10	Montgomery	NT
4	238 Gordon, Russel	11	Fort Bragg	1:06.00
5	237 Gordon, Ruddy	11	Fort Bragg	1:11.00
6	155 Humphreys, Tobias	11	Casa Grande	NT
7	212 Ransome, Ethan	12	El Molino	NT
8	282 Breiner, Tyler	12	Middletown	NT

Event 15 Girls 4x200 Meter Relay

Saturday 3/14/2020 - 12:30 PM

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	El Molino	B	NT
	1) #201 Hebert, Savannah 11		2) #218 Saunders, Alina 10
	3) #203 Husary, Talia 10		4) #214 Rivas, Kendra 9
4	Middletown	A	NT
	1) #313 Rogers, Zamora 10		2) #320 White, Summer 11
	3) #298 Isherwood, Ellary 11		4) #297 Guerrero, Georgia 10
5	El Molino	A	NT
	1) #197 Garcia-Lopez, Kiara 11		2) #217 Saunders, Alicia 12
	3) #192 Depaola, Santia 9		4) #196 Fuentes, Kathy 11

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Montgomery HS

Meet Program - Today's meet

Section 2 of 3 Finals...(Event 15 Girls 4x200 Meter Relay)

1	Sonoma Valle	B	NT	_____
	1) #680 Sickert, Madeline 10		2) #651 Cambero Goni, Paula 9	
	3) #657 Frazer, Sofia 10		4) #666 Ingemansson, Taneka 10	
	5) #672 Minehan, Kacy 10			
2	San Domenico	A	NT	_____
	1) #541 Zhang, Dora 11		2) #522 Herman, Greta 10	
	3) #526 Lahart, Jillian 9		4) #531 Murphy, Sinead 9	
	5) #524 Knott, Katarina 9			
3	Montgomery	B	2:10.00	_____
	1) #348 Holmes, Isabel 11		2) #321 Abraha, Lily 12	
	3) #370 Riggs, Chloe 9		4) #332 Colvin, Abbey 11	
4	Santa Rosa	B	2:07.00	_____
	1) #637 Williams, Jennifer 12		2) #572 Alvarez, Jasmine 10	
	3) #592 Fragoso, Daisy 12		4) #584 Dafalla, Waad 12	
5	Casa Grande	A	2:08.00	_____
	1) #149 Foursha, Tamra 10		2) #183 Wiggins, Alicia 11	
	3) #159 Lemesh, Aiva 11		4) #134 Borre, Jacy 10	
	5) #184 Winsemius, Chloe 11		6) #128 Alvarenga, Alessandra 12	
6	Sonoma Valle	A	2:12.36	_____
	1) #653 Crespo, Chelsey 11		2) #667 Jensen, Rachel 9	
	3) #661 Gobbee, Rue 10		4) #682 Wheatley, Regan 12	
7	Healdsburg	A	NT	_____
	1) #261 Carrada, Jennifer 11		2) #267 Fletcher, Alyssa 12	
	3) #274 Malmgren, Lilly 12		4) #277 Parker, Keeley 10	
	5) #279 Woods, Sophie 10		6) #275 Nordvedt, Sofia 10	
8	Fort Bragg	A	NT	_____
	1) #242 Lo, Megan 11		2) #244 Millen, Aria 10	
	3) #248 Namvar, Jazmyn 10		4) #235 Fox, Gigi 12	
	5) #236 Gilchrist, Emma 12			

Section 3 of 3 Finals

1	Cardinal New	A	2:04.00	_____
	1) #120 Niehaus, Alex 12		2) #106 Brunetti, Julia 9	
	3) #124 Simpkins, Sam 9		4) #104 Bonzi, Jenna 11	
	5) #114 Erwin, Lilly 10			
2	Ukiah	A	2:00.00	_____
	1) #705 Losak, Lilly 9		2) #700 Johnson, Macy 9	
	3) #720 Ruffin, Kianna 10		4) #719 Ruffin, Emylia 11	
	5) #694 Gaylord, Kaylee 10		6) #693 Dixon, Preciouss 11	
3	San Marin	A	2:00.00	_____
	1) #558 Tai, Madella 10		2) #544 Carey, Lailah 9	
	3) #552 Mckee, Jakayla 9		4) #556 Reynolds, Simone 9	
4	Santa Rosa	A	1:49.00	_____
	1) #625 Schroth, Kassidy 10		2) #598 Garey, Julia 10	
	3) #631 Valencia Dimas, Diana 9		4) #638 Wong, Anastasia 11	
	5) #612 Markoff, Lydia 10			
5	Rancho Cotat	A	1:50.00	_____
	1) #505 Soriano, Kelly 12		2) #506 Vadrnawale, Alesi 10	
	3) #493 Monroe, Madison 11		4) #502 Ripple, Makenna 9	
6	Montgomery	A	2:00.00	_____
	1) #325 Ballard, DaRina 10		2) #350 Jones, Mya 11	
	3) #363 Monk, Grace 11		4) #352 Kelley, Kira 12	
7	Windsor	A	2:00.00	_____
	1) #753 Gonsalves, Cesaria 9		2) #741 Camargo, Jocelin 10	
	3) #768 Parr, Juliette 10		4) #774 Robinson, Alexis 9	
8	Cardinal New	B	2:06.00	_____
	1) #119 Jordan, Vivien 9		2) #118 Hilberman, Cassandra 11	
	3) #115 Freisch, Avery 9		4) #108 Carinalli, Lilly 9	
	5) #112 Donlon, Julia 12			

Event 16 Boys 4x200 Meter Relay

Saturday 3/14/2020 - 12:40 PM

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
2	Sonoma Valle	B	NT
	1) #649 Cabrera, Adrian 10		2) #652 Casillas, Antonio 9
	3) #650 Calhoun, Ryder 9		4) #669 MacNeil Blackwood, Aidar
3	Piner	C	NT
	1) #466 Silakul, Justin 11		2) #470 Thammasoth, Joshua 11
	3) #464 Salguero, Carlos 9		4) #443 Kim, Isaac 11
4	Healdsburg	A	NT
	1) #262 Chris, Dow 11		2) #268 Garcia, Constantino 10
	3) #272 Liam, O'Gorman 10		4) #270 Gutierrez, Erick 9
	5) #266 Efram, Owen 9		
5	Emery	A	NT
	1) #228 Kassem, Faiz 12		2) #226 Johnson, Naias 11
	3) #227 Kane-Ross, Todd 12		4) #229 Reece, Donovan 12
	5) #224 Algaradi, Ibrahim 11		6) #225 Dharhan, Ibrahim 12
6	Piner	D	NT
	1) #468 Tang, Patrick 10		2) #438 Gonzalez, Fabian 10
	3) #454 Ngo, Tien 9		4) #461 Reyes, Jilberto 11
7	Piner	B	NT
	1) #450 Mendoza, Victor 11		2) #444 Lalli, Tyler 11
	3) #442 Huynh, Vincent 11		4) #453 Miller, Duncan 10

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Section 2 of 3 Finals...(Event 16 Boys 4x200 Meter Relay)

1	Middletown	A	NT	_____
	1) #288 Cortez, Joseph 9		2) #285 Carter, Kenneth 9	
	3) #311 Rego, Ty 9		4) #284 calivin, Javed 9	
	5) #295 Foxworthy, Matthew 9		6) #292 Dicoski, Nadav 9	
2	Casa Grande	B	2:00.00	_____
	1) #131 Arterberry, Damian 9		2) #167 Novello, Vinnie 9	
	3) #152 Griffin, Jeremy 9		4) #137 Burger, Gavin 11	
3	Windsor	A	1:55.00	_____
	1) #758 Kegler, Kevin 10		2) #787 Woods, Dylan 9	
	3) #775 Sanchez Ramos, Sebastian		4) #751 Ehni, Dylan 9	
4	Montgomery	B	1:50.00	_____
	1) #338 Garcia, Lucas 12		2) #331 Clayton, Jared 10	
	3) #337 Fuller, Loki 10		4) #356 Lorenzo, Justin 10	
5	Casa Grande	A	1:52.00	_____
	1) #129 Arango, Christopher 11		2) #140 Cardenas, Jaime 9	
	3) #151 Gonzalez Ruiz, Daniel 10		4) #144 Desenberg, Luke 9	
	5) #170 Risic, Ryder 9			
6	Sonoma Valle	A	1:57.91	_____
	1) #648 Belleville, Hunter 10		2) #655 Esteva, Antonio 9	
	3) #668 Luque, Mateo 10		4) #674 Reyes, Joaquin 10	
	5) #675 Rivas, Christopher 11			
7	El Molino	A	NT	_____
	1) #191 Cibrian-Gomez, Jacob 11		2) #212 Ransome, Ethan 12	
	3) #198 Gonzales, Jesse 11		4) #213 Ransome, Finn 12	
	5) #186 Begley, Eli 11			
8	Piner	A	NT	_____
	1) #455 Nguyen, Minh 12		2) #435 Furry, Vernon 10	
	3) #431 Collins, Michael 11		4) #426 Caballero, Joset 12	
	5) #437 Goldberg, Jaydon 11			

Section 3 of 3 Finals

1	Cardinal New	A	1:45.00	_____
	1) #105 Bonzi, William 9		2) #111 Diep, Kenny 12	
	3) #113 Elias, Jorge 10		4) #125 Waite, Ricky 10	
	5) #109 Coogan, Dallas 10			
2	Rancho Cotat	B	1:40.50	_____
	1) #495 Ortega, Elijah 10		2) #507 Vallejos, Andrew	
	3) #508 Victor, Joe 10		4) #478 Casarotti, Justin 9	
3	Montgomery	A	1:40.00	_____
	1) #329 Bessire, Nolan 10		2) #369 Perkins, Turner 10	
	3) #357 Luong, Tan 11		4) #340 Garcia-Rossi, Ari 12	
4	Santa Rosa	A	1:36.00	_____
	1) #583 Cook, Nathan 12		2) #611 Manning, Alex 10	
	3) #629 Stringer-Stine, Johnathan 1		4) #622 Prince, Trevien 12	
5	Rancho Cotat	A	1:37.50	_____
	1) #477 Betti, Dominic 12		2) #485 Holzmann, Noah 11	
	3) #499 Pruitt, Raylond 11		4) #500 Rankin, Rasheed 12	
6	Ukiah	A	1:40.00	_____
	1) #687 Cliburn, Charlie 11		2) #684 Cauckwell, Jasper 12	
	3) #698 Hardage, Ryan 9		4) #724 Wastik, Marcus 9	
	5) #718 Rubio, Ivan 11			
7	Fortuna	A	1:44.74	_____
	1) #254 Boyd, Draven 12		2) #253 Bolden, Tai 11	
	3) #258 Rexford, RJ 10		4) #257 Pratt, Connor 11	
8	Santa Rosa	B	1:48.00	_____
	1) #570 Achacon, Andre 9		2) #615 Moreno, Kenny 11	
	3) #617 Paredes-Gutierrez, Jesus 10		4) #574 Benz, Valentine 10	

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Event 17 Girls Distance Medley 12-4-8-16

Saturday 3/14/2020 - 12:50 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Casa Grande	A	13:45.00
	1) #133 Baswell, Emma 12	2) #165 Morgan, Gwen 10	
	3) #138 Busch, Moriah 10	4) #156 Jimenez Carreno, Kayla 9	
2	Windsor	A	14:00.00
	1) #766 O'Mara, Erin 12	2) #771 Pignataro, Jayda 12	
	3) #778 Smith, Ava 12	4) #745 Chung, Lilja 10	
3	Santa Rosa	A	14:00.00
	1) #579 Cates, Emilie 11	2) #627 Simon, Emma 12	
	3) #571 Alapa, Jasmine 10	4) #620 Pride, Jordan 12	
4	Santa Rosa	B	14:25.00
	1) #632 Van Holt, Alexandra 9	2) #634 Watkins, Emma 12	
	3) #599 Gentry, Milla 12	4) #580 Cederborg, Leah 9	
5	Sonoma Acade	A	14:32.00
	1) #641 Glenn, Aly 9	2) #644 Zechiel, Claire 12	
	3) #643 Stewart, Mackenzie 11	4) #642 Gott, Lucy 10	
6	Ukiah	A	NT
	1) #712 Mucho, Amanda 9	2) #708 McMenomey, Hannah 10	
	3) #696 Gittleman, Mia 9	4) #717 Rozelski, Ella 11	
7	Piner	A	NT
	1) #447 Luna, Paulina 9	2) #441 Humphrey, Amanda 10	
	3) #451 Mezey, Luisa 10	4) #460 Quintero, Elisa 10	
8	Middletown	A	NT
	1) #300 Martin del Campo, Mariela	2) #316 Thomas, Tayley 11	
	3) #317 Tyrrell, Giana 12	4) #299 Kinsel, Erica 11	

Event 18 Boys Distance Medley 12-4-8-16

Saturday 3/14/2020 - 1:20 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Santa Rosa	A	11:05.00
	1) #588 Engel, Andrew 12	2) #622 Prince, Trevien 12	
	3) #630 Telloian, Owen 12	4) #613 McKamey, Andrew 11	
2	Napa	A	11:19.73
	1) #388 Cosca, Erik 12	2) #387 Acuna, David 11	
	3) #389 Rios, Daniel 12	4) #390 Surh, Elliot 12	
3	Cardinal New	A	11:42.00
	1) #116 Gallo, Max 11	2) #113 Elias, Jorge 10	
	3) #123 Prendiville, Matthew 12	4) #122 Prado, Mario 11	
4	Montgomery	A	11:45.03
	1) #364 Morthole, Lucas 10	2) #353 Kiernan, Dillon 11	
	3) #336 Fifer, Nathan 9	4) #381 Tesfamichael, Kibreab 12	
5	Windsor	A	12:00.00
	1) #779 Smith, Dustin 10	2) #765 Melvin, Garrett 10	
	3) #738 Aguayo, Joshua 11	4) #761 Larson, Hunter 12	
6	Casa Grande	A	12:00.00
	1) #145 Donlan, Andrew 11	2) #142 Cross, Kieran 11	
	3) #176 Thompson, Ethan 11	4) #143 Cross, Peyton 12	
7	Ukiah	A	12:00.00
	1) #713 Mucho, Caleb 11	2) #711 Mello, Jacob 11	
	3) #718 Rubio, Ivan 11	4) #704 Leggett, Michael 11	
8	Windsor	B	12:20.00
	1) #780 Theiss, Tallen 10	2) #757 Hidalgo, Max 10	
	3) #763 Manni, Kevin 10	4) #764 McAlister, Landon 11	
9	Santa Rosa	B	12:30.00
	1) #585 Delgado, Faris 11	2) #586 Dethlefsen, Ben 9	
	3) #609 Liggett, Tristan 9	4) #602 Grams, Steven 11	
10	Montgomery	B	12:58.01
	1) #323 Alcaraz Parra, Erick 11	2) #342 Gesell, James 9	
	3) #365 Nacouzi, Rami 9	4) #355 Lacefield, Jonathan 9	
11	Casa Grande	B	13:00.00
	1) #178 Thunen, Niko 9	2) #180 Uppal, Jas 11	
	3) #181 Vasquez, Isaac 9	4) #162 McCulloch, Max 9	
12	Petaluma	A	13:30.00
	1) #409 Juarez Aragon, Alex 11	2) #407 Hicks, Aidan 9	
	3) #405 Gutierrez, Javier 9	4) #413 Newell, Drake 10	
13	Rancho Cotat	A	13:30.00
	1) #475 Acosta, Diego 11	2) #480 Cisneros, Lissandro 10	
	3) #497 Philidor, McDieun 11	4) #498 Ponzini, Shaun 10	
14	Montgomery	C	13:40.01
	1) #380 Stults, Zachary 9	2) #322 Aguirre, Bryan 10	
	3) #345 Hagemann, Andrew 12	4) #379 Stevens, Andrew 9	
15	Ukiah	B	NT
	1) #695 Gibson, Nathan 9	2) #721 Takacs, Levi 10	
	3) #699 Hoyt, Michael 10	4) #692 Dewall, Dylan 11	
	5) #686 Clark, Samson 9		
16	Middletown	A	NT
	1) #307 Perez, Javier 11	2) #310 Rego, Jordan 12	
	3) #291 Diaz, Isaiah 11	4) #309 Rascon, Isaac 11	
17	Piner	C	NT
	1) #473 Valentin, David 9	2) #450 Mendoza, Victor 11	
	3) #430 Chavez, Jonathan 9	4) #462 Reyes, Pedro 9	
18	Piner	B	NT
	1) #446 Lopez, Javier 10	2) #474 Ward, Bryce 9	
	3) #428 Cano, Ruben 10	4) #452 Mezey, Tyler 12	

North Coast Track Extravaganza - 3/14/2020

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Section 1 of 1 Finals

5) #439 Hartman, Stuart 10			
19 Piner	A	NT	_____
1) #427 Cano, Jeremiah 12		2) #440 Hayes, Jared 9	
3) #471 Tran, Tyler 10		4) #436 Garcia Menjivar, Jimmy 10	
20 Healdsburg	A	NT	_____
1) #265 Dankowski, Jameson 10		2) #268 Garcia, Constantino 10	
3) #276 Ortiz, Edgar 11		4) #264 Cyphers, Alex 9	
5) #266 Efram, Owen 9		6) #270 Gutierrez, Erick 9	
21 El Molino	A	NT	_____
1) #190 Carmona, Alan 9		2) #188 Broome, Ted 9	
3) #202 Hilberg, Kazuki 10		4) #186 Begley, Eli 11	
5) #204 Kellar, Brett 9			
22 San Domenico	A	NT	_____
1) #525 Kunze, Will 11		2) #516 DeStefano, Andrea 9	
3) #536 Rodas, Jonnathan 9		4) #519 Espulgar-Rowe, Joshua 12	

Event 19 Girls 1600 Sprint Medley 2-2-4-8

Saturday 3/14/2020 - 1:50 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Santa Rosa	B	4:55.00 _____
	1) #590 Fernandez, Sienna 9		2) #635 Watkins, Lily 9
	3) #627 Simon, Emma 12		4) #637 Williams, Jennifer 12
	5) #606 Joseph, Lael 11		
4	Santa Rosa	A	4:35.00 _____
	1) #625 Schroth, Cassidy 10		2) #598 Garey, Julia 10
	3) #638 Wong, Anastasia 11		4) #582 Cook, Lola 10
5	Montgomery	A	4:50.00 _____
	1) #325 Ballard, DaRina 10		2) #363 Monk, Grace 11
	3) #350 Jones, Mya 11		4) #332 Colvin, Abbey 11
6	Piner	A	NT _____
	1) #459 Phelps, Rachel 12		2) #447 Luna, Paulina 9
	3) #472 Tyohannes, Liyah 10		4) #465 Schmidt, Joselyn 9
	5) #432 Delgado, Suhail 10		

Event 20 Boys 1600 Sprint Medley 2-2-4-8

Saturday 3/14/2020 - 2:05 PM

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Emery	A	NT _____
	1) #225 Dharhan, Ibrahim 12		2) #226 Johnson, Naias 11
	3) #229 Reece, Donovan 12		4) #227 Kane-Ross, Todd 12
	5) #228 Kassem, Faiz 12		6) #224 Algaradi, Ibrahim 11
4	Piner	A	NT _____
	1) #426 Caballero, Joset 12		2) #431 Collins, Michael 11
	3) #463 Robert, NJ 9		4) #461 Reyes, Jilberto 11
	5) #429 Castillo, Oilver 12		6) #435 Furry, Vernon 10
5	Middletown	A	NT _____
	1) #293 Domingo, Jason 11		2) #296 Godinez, Gabe 11
	3) #290 Devine, Forrest 11		4) #305 Nance, Kevin 11

Section 2 of 2 Finals...(Event 20 Boys 1600 Sprint Medley 2-2-4-8)

1	Casa Grande	B	5:10.00 _____
	1) #144 Desenberg, Luke 9		2) #151 Gonzalez Ruiz, Daniel 10
	3) #167 Novello, Vinnie 9		4) #170 Risic, Ryder 9
2	Windsor	A	4:30.00 _____
	1) #751 Ehni, Dylan 9		2) #782 Trechter, Christian 9
	3) #772 Prasad, Avi 12		4) #759 Kvamme, Ben 11
3	Santa Rosa	A	3:56.00 _____
	1) #629 Stringer-Stine, Johnathan 1		2) #611 Manning, Alex 10
	3) #630 Telloian, Owen 12		4) #613 McKamey, Andrew 11
4	Casa Grande	A	3:44.20 _____
	1) #146 Felix, Jacob 10		2) #174 Tangonan, John Paul 12
	3) #150 Giroux, Matthew 12		4) #164 Moon, Logan 12
5	Cardinal New	A	3:55.00 _____
	1) #102 Beerbower, Albert 10		2) #107 Caldron, Fernando 10
	3) #116 Gallo, Max 11		4) #122 Prado, Mario 11
	5) #125 Waite, Ricky 10		
6	Santa Rosa	B	4:14.00 _____
	1) #575 Borromeo, Gabe 10		2) #623 Robledo, Diego 10
	3) #621 Prince, Darius 9		4) #597 Garcia-Diaz, Justin 10
7	Cardinal New	B	4:31.00 _____
	1) #113 Elias, Jorge 10		2) #111 Diep, Kenny 12
	3) #105 Bonzi, William 9		4) #123 Prendiville, Matthew 12

Event 101 Outdoor Pentathlon: #2 Girls 800 Meter Run

Saturday 3/14/2020 - 2:20 PM

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	528 Meier, Heidi	10	San Domenico	NT _____
2	271 Joy, Emery	9	Healdsburg	NT _____
3	187 Broome, Jeanne	11	El Molino	NT _____
4	263 Cook, Max	10	Healdsburg	NT _____

Event 102 Outdoor Pentathlon: #2 Boys 800 Meter Run

Saturday 3/14/2020 - 2:35 PM

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	252 Arrasmith, Nathan	12	Fortuna	NT _____
2	283 Cadwallader, Hagan	12	Middletown	NT _____
3	255 Cox, Bo	11	Fortuna	NT _____
4	424 Ainlay, Kevin	12	Piner	NT _____
5	280 Boden, Parker	10	Middletown	NT _____
6	359 Maltby, Jake	11	Montgomery	NT _____

North Coast Track Extravaganza - 3/14/2020

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Meet Program - Today's meet

Event 21 Mixed 4x400 Meter Relay

Saturday 3/14/2020 - 9:00 AM

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Upper Lake	A	NT
	1) #727 Fernandez, Donovan 9	2) #726 Alonso, Adrian 10	
	3) #729 Jones, Atlantis 10	4) #731 Petrie, Zoey 10	
3	Middletown	A	NT
4	Santa Rosa	A	4:10.00
5	Petaluma	A	NT
6	San Marin	A	NT
	1) #557 Sims, Cameron 11	2) #555 Reyes-Ruiz, Everth 11	
	3) #552 Mckee, Jakayla 9	4) #556 Reynolds, Simone 9	
Section 2 of 2 Finals			
1	Montgomery	A	4:00.00
	1) #357 Luong, Tan 11	2) #329 Bessire, Nolan 10	
	3) #330 Briceno, Mariah 12	4) #352 Kelley, Kira 12	
2	Casa Grande	A	4:00.00
	1) #150 Giroux, Matthew 12	2) #164 Moon, Logan 12	
	3) #133 Baswell, Emma 12	4) #169 Reposa, Audrey 10	
3	Rancho Cotat	A	3:50.00
	1) #485 Holzmann, Noah 11	2) #477 Betti, Dominic 12	
	3) #493 Monroe, Madison 11	4) #505 Soriano, Kelly 12	
4	Piner	A	4:38.63
	1) #448 Luong, Austin 12	2) #455 Nguyen, Minh 12	
	3) #445 Loe, Ruby 10	4) #459 Phelps, Rachel 12	
5	Windsor	A	4:20.00
6	Sonoma Valle	A	4:58.93
	1) #648 Belleville, Hunter 10	2) #671 Martindale, Lucas 11	
	3) #664 Hoban, Lilianna 10	4) #673 Panelli, Zoe 10	
7	Ukiah	A	4:50.04
	1) #684 Cauckwell, Jasper 12	2) #687 Cliburn, Charlie 11	
	3) #719 Ruffin, Emylia 11	4) #720 Ruffin, Kianna 10	
8	Cardinal New	A	4:03.00
	1) #116 Gallo, Max 11	2) #122 Prado, Mario 11	
	3) #120 Niehaus, Alex 12	4) #104 Bonzi, Jenna 11	

Event 60 Boys Shot Put

Saturday 3/14/2020 - 9:00 AM

Pos	Name	Yr	School	Seed Mark
Flight 1 of 13 Finals				
1	722 Tarin, Andrew	9	Ukiah	ND
2	754 Guzman, Michael	11	Windsor	ND
3	283 Cadwallader, Hagan	12	Middletown	ND
4	418 Romo Macias, Fabian	11	Petaluma	ND
Flight 2 of 13 Finals				
1	707 Malavich, Daniel	9	Ukiah	ND
2	781 Thrall, Jacob	12	Windsor	ND
3	318 Vazquez, Jair	10	Middletown	ND
4	315 Stafford, Jayden	11	Middletown	ND
5	208 Moreno, Angel	11	El Molino	ND
6	281 Breeden, Brody	10	Middletown	ND
7	433 Erickson, Carter	10	Piner	ND
8	209 Pacheco, Anthony	10	El Molino	ND

Flight 3 of 13 Finals...(Event 60 Boys Shot Put)

1	565 McCabe, Henry	11	San Rafael	ND
2	339 Garcia Hernande, Gerardo	11	Montgomery	ND
3	449 Madriz, Ivan	12	Piner	ND
4	748 Crean, Colby	12	Windsor	ND
5	683 Casteneda, Aaron	10	Ukiah	ND
6	305 Nance, Kevin	11	Middletown	ND
7	457 Ojeda Rojas, Julian	10	Piner	ND
8	231 Ahumada, Gabriel	10	Fort Bragg	ND

Flight 4 of 13 Finals

1	107 Caldron, Fernando	10	Cardinal New	ND
2	723 Vasquez, Matthew	9	Ukiah	ND
3	681 Vanzant, Owen	10	Sonoma Valle	ND
4	121 Pires, Matthew	12	Cardinal New	ND
5	776 Santarelli, Noel	10	Windsor	ND
6	762 Maldonado, Mauricio	12	Windsor	ND
7	714 Raugewitz, CJ	9	Ukiah	ND
8	103 Bevilacqua, Michael	11	Cardinal New	ND

Flight 5 of 13 Finals

1	656 Evans (Ryan), Charlie	10	Sonoma Valle	ND
2	785 Vieyra, Christian	12	Windsor	ND
3	397 Castiglia, Ryan	10	Petaluma	ND
4	312 Rockwell, Greyson	11	Middletown	ND
5	101 Andrew, Mason	11	Cardinal New	ND
6	697 Goodwin, Joseph	12	Ukiah	ND
7	211 Rameriz, Miguel	9	El Molino	ND
8	207 McNamara, James	9	El Molino	ND

Flight 6 of 13 Finals

1	349 Howe, Ben	11	Montgomery	ND
2	126 Weaver, Camden	12	Cardinal New	ND
3	289 Cortez, Ruben	11	Middletown	ND
4	286 Chaires, Roberto	10	Middletown	ND
5	443 Kim, Isaac	11	Piner	ND
6	269 Gardner, Alexander	12	Healdsburg	ND
7	280 Boden, Parker	10	Middletown	ND
8	166 Neidlinger, Darren	12	Casa Grande	ND

Flight 7 of 13 Finals

1	301 Martinez, Andres	12	Middletown	ND
2	646 Anderson, Ian	10	Sonoma Valle	ND
3	538 Snyder, Grey	12	San Domenico	ND
4	153 Guzman Medina, Carlos	10	Casa Grande	ND
5	398 Crayne, Matt	10	Petaluma	ND
6	117 Gonzalez, Michael	10	Cardinal New	ND
7	520 Fassberg, Cosmo	11	San Domenico	ND
8	273 Lippincott, Trey	10	Healdsburg	ND

Flight 8 of 13 Finals

1	737 Smith, Gabriel	10	Victory Chri	ND
2	573 Anderson, Kai	12	Santa Rosa	ND
3	639 Yancey, Joe	12	Santa Rosa	21-11.00
4	610 Mackey, James	11	Santa Rosa	22-00.00
5	619 Post, James	12	Santa Rosa	22-01.00
6	566 Munoz, Roman	11	San Rafael	23-00.00
7	567 Nguyen, Demitris	11	San Rafael	24-10.00
8	562 Chao, Erik	11	San Rafael	25-09.00

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Flight 9 of 13 Finals

1	560 Beals, Thomas	11	San Rafael	26-06.00	_____
2	568 Reyes, Anderson	10	San Rafael	26-11.00	_____
3	636 Westover, Garrett	12	Santa Rosa	27-02.75	_____
4	564 Lubamersky, Seamus	10	San Rafael	27-08.00	_____
5	616 O'Sullivan, Stephen	10	Santa Rosa	28-03.00	_____
6	659 Garon, Miles	12	Sonoma Valle	28-05.00	_____
7	205 Klaus, Tyler	11	El Molino	28-11.00	_____
8	591 Foley, Jack	12	Santa Rosa	29-10.00	_____

Flight 10 of 13 Finals

1	523 Jones, Lamont	12	San Domenico	29-11.50	_____
2	589 Erlendson, Jayden	12	Santa Rosa	31-02.00	_____
3	239 Hernandez, Victor		Fort Bragg	31-03.00	_____
4	488 Lopes, Deven	12	Rancho Cotat	31-11.25	_____
5	604 Him, Kobe	12	Santa Rosa	32-06.00	_____
6	504 Skaggs, Kadin	10	Rancho Cotat	32-06.00	_____
7	486 Huff, Jeff	12	Rancho Cotat	32-08.00	_____
8	628 Solano, Junior	12	Santa Rosa	32-10.00	_____

Flight 11 of 13 Finals

1	368 Peapea, Ricky	10	Montgomery	33-01.50	_____
2	685 Ciseneros, Erik	11	Ukiah	33-05.00	_____
3	343 Glattfelder, Karsen	10	Montgomery	33-08.75	_____
4	232 Cresci, Gian	12	Fort Bragg	33-10.00	_____
5	688 Costello, Kaison	10	Ukiah	33-10.00	_____
6	399 Crayne, Scott	12	Petaluma	33-11.00	_____
7	385 Warner, Jason	10	Montgomery	34-03.25	_____
8	329 Bessire, Nolan	10	Montgomery	34-04.50	_____

Flight 12 of 13 Finals

1	163 Meininger, Jacob	12	Casa Grande	35-00.25	_____
2	752 Figueroa, Alberto	12	Windsor	35-00.75	_____
3	517 Dunn, Kezian	10	San Domenico	35-05.00	_____
4	563 Lubamersky, Liam	12	San Rafael	35-07.00	_____
5	487 Kruse, Michael	12	Rancho Cotat	37-00.00	_____
6	245 Mora, Adolfo	11	Fort Bragg	37-02.00	_____
7	640 Zamora, Jordan	10	Santa Rosa	37-05.50	_____
8	701 Kraemer, Logan	12	Ukiah	37-06.00	_____

Flight 13 of 13 Finals

1	716 Ray, Mark	12	Ukiah	37-10.00	_____
2	200 Hayes, Colman	12	El Molino	38-00.00	_____
3	102 Beerbower, Albert	10	Cardinal New	38-02.50	_____
4	600 Glascock, Logan	11	Santa Rosa	38-06.75	_____
5	601 Grace, Conor	10	Santa Rosa	38-11.00	_____
6	500 Rankin, Rasheed	12	Rancho Cotat	39-01.00	_____
7	110 Davison, Samuel	12	Cardinal New	44-09.00	_____
8	703 Laiwa-McKay, Kalathan	12	Ukiah	53-11.50	_____

Event 61 Girls Discus Throw**Saturday 3/14/2020 - 9:00 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 7 Finals

1	740 Burger, Savannah	10	Windsor	ND	_____
2	732 Schaffter, Emma	10	Upper Lake	ND	_____
3	287 Chairez, Leslie	11	Middletown	ND	_____
4	112 Donlon, Julia	12	Cardinal New	ND	_____
5	358 Malachowski, Nora	10	Montgomery	ND	_____
6	702 Krasts, Thea	11	Ukiah	ND	_____
7	690 Delossantos, Ameri	12	Ukiah	ND	_____
8	217 Saunders, Alicia	12	El Molino	ND	_____

Flight 2 of 7 Finals

1	743 Charleton, Ellery	12	Windsor	ND	_____
2	223 Walker, Hailee	12	El Molino	ND	_____
3	693 Dixon, Preciouss	11	Ukiah	ND	_____
4	374 Schultz, Anna	12	Montgomery	ND	_____
5	279 Woods, Sophie	10	Healdsburg	ND	_____
6	351 Jones-Hubbart, Amena	10	Montgomery	ND	_____
7	756 Hart, Ame	11	Windsor	ND	_____
8	294 Dubois, Bella	12	Middletown	ND	_____

Flight 3 of 7 Finals

1	277 Parker, Keeley	10	Healdsburg	ND	_____
2	541 Zhang, Dora	11	San Domenico	37-01.50	_____
3	222 Syversen, Maggie	10	El Molino	42-09	_____
4	394 Borjas Sanchez, Adriana	10	Petaluma	44-04	_____
5	360 Marentes, Alyssa	11	Montgomery	46-01	_____
6	392 Baker, Shalynn	10	Petaluma	47-03	_____
7	706 Maki, Samantha	10	Ukiah	47-09	_____
8	530 Mukukula, Noku	So	San Domenico	50-03	_____

Flight 4 of 7 Finals

1	645 Aho, Naomi	10	Sonoma Valle	50-10	_____
2	518 Egonu, Chileta	11	San Domenico	52-02	_____
3	275 Nordvedt, Sofia	10	Healdsburg	52-04	_____
4	344 Gulbransen, Sophia	11	Montgomery	54-07.50	_____
5	593 Fragosio, Michelle	10	Santa Rosa	57-07	_____
6	561 Berry, Samantha	11	San Rafael	58-08	_____
7	367 Owen, Elise	11	Montgomery	59-00	_____
8	709 McQueary, Emily	11	Ukiah	59-01	_____

Flight 5 of 7 Finals

1	233 Davis, Miah	11	Fort Bragg	59-11	_____
2	749 DeMars, Maxine	11	Windsor	60-00	_____
3	361 Middleton, Faith	10	Montgomery	60-01	_____
4	725 Wheeler, Ivy	11	Ukiah	61-04	_____
5	633 Walker, Megan	10	Santa Rosa	65-06	_____
6	195 Foszcz, Alex	10	El Molino	69-05	_____
7	234 Dondanville, Madeleine	11	Fort Bragg	70-04	_____
8	676 Rolston, Campbell	10	Sonoma Valle	72-09	_____

North Coast Track Extravaganza - 3/14/2020

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Flight 6 of 7 Finals

1	402 Dooley, Kelsey	10	Petaluma	73-05	_____
2	786 West, Riley	12	Windsor	73-10	_____
3	710 McQuery, Sydney	12	Ukiah	74-01	_____
4	691 Delossantos, Amerika	12	Ukiah	74-03	_____
5	203 Husary, Talia	10	El Molino	75-08	_____
6	547 Clark, Jena	10	San Marin	77-00	_____
7	578 Case, Hazel	9	Santa Rosa	79-04	_____
8	543 Antunes-Anderson, Jorda	10	San Marin	79-10	_____

Flight 7 of 7 Finals

1	215 Roan, Ellie	10	El Molino	80-08	_____
2	603 Henderson, Sofia	9	Santa Rosa	84-10	_____
3	626 Schroth, Kendall	12	Santa Rosa	86-09	_____
4	569 Taufal, Kalva	12	San Rafael	96-08	_____
5	576 Botello-Zetina, Daniela	12	Santa Rosa	102-04	_____
6	689 Cunningham, Danielle	12	Ukiah	103-09	_____
7	425 Ainlay, Samantha	11	Piner	124-02	_____
8	216 Sani, Kassidy	12	El Molino	132-06.50	_____

Event 101 Outdoor Pentathlon: #3 Girls Long Jump

Saturday 3/14/2020 - 9:00 AM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	263 Cook, Max	10	Healdsburg	ND	_____
2	528 Meier, Heidi	10	San Domenico	ND	_____
3	187 Broome, Jeanne	11	El Molino	ND	_____
4	271 Joy, Emery	9	Healdsburg	ND	_____

Event 102 Outdoor Pentathlon: #3 Boys Long Jump

Saturday 3/14/2020 - 9:00 AM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	283 Cadwallader, Hagan	12	Middletown	ND	_____
2	252 Arrasmith, Nathan	12	Fortuna	ND	_____
3	359 Maltby, Jake	11	Montgomery	ND	_____
4	280 Boden, Parker	10	Middletown	ND	_____
5	255 Cox, Bo	11	Fortuna	ND	_____
6	424 Ainlay, Kevin	12	Piner	ND	_____

Event 56 Boys Long Jump

Saturday 3/14/2020 - 9:30 AM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 8 Finals					
1	319 White, Nathan	10	Middletown	ND	_____
2	391 Alioto, Joseph	12	Petaluma	ND	_____
3	511 Caen, Cameron	11	San Domenico	ND	_____
4	264 Cyphers, Alex	9	Healdsburg	ND	_____
5	272 Liam, O'Gorman	10	Healdsburg	ND	_____
6	454 Ngo, Tien	9	Piner	ND	_____
7	304 Mendoza, Emilio	11	Middletown	ND	_____

Flight 2 of 8 Finals...(Event 56 Boys Long Jump)

1	735 DeVries, Jude	9	Victory Chri	ND	_____
2	193 Drenth, Francis	9	El Molino	ND	_____
3	270 Gutierrez, Erick	9	Healdsburg	ND	_____
4	288 Cortez, Joseph	9	Middletown	ND	_____
5	468 Tang, Patrick	10	Piner	ND	_____
6	663 Hammond, Zachary	10	Sonoma Valle	ND	_____
7	206 Konrad, Jaxxon	12	El Molino	ND	_____
8	285 Carter, Kenneth	9	Middletown	ND	_____

Flight 3 of 8 Finals

1	311 Rego, Ty	9	Middletown	ND	_____
2	295 Foxworthy, Matthew	9	Middletown	ND	_____
3	283 Cadwallader, Hagan	12	Middletown	ND	_____
4	356 Lorenzo, Justin	10	Montgomery	ND	_____
5	438 Gonzalez, Fabian	10	Piner	ND	_____
6	470 Thammasoth, Joshua	11	Piner	ND	_____
7	408 Johnson, Gianni	12	Petaluma	ND	_____
8	280 Boden, Parker	10	Middletown	ND	_____

Flight 4 of 8 Finals

1	484 Hirsch, Andrew		Rancho Cotat	11-05.50	_____
2	371 Rodriguez Gonzalez, Emi	10	Montgomery	11-09.00	_____
3	489 Luis, Shaun	9	Rancho Cotat	13-02.50	_____
4	189 Brown, Hunter	9	El Molino	13-04.50	_____
5	377 Soos, Chris	12	Montgomery	13-06.50	_____
6	386 Yopez-Ruiz, Jason	10	Montgomery	13-10.50	_____
7	220 Spelman, Dustin	9	El Molino	14-01.50	_____
8	437 Goldberg, Jaydon	11	Piner	14-02.75	_____

Flight 5 of 8 Finals

1	442 Huynh, Vincent	11	Piner	14-05.00	_____
2	221 Strehlow, Zach	12	El Molino	14-05.00	_____
3	354 Kozlowski, Joshua	11	Montgomery	14-09.25	_____
4	378 Staples, Matthew	11	Montgomery	15-00.00	_____
5	510 Bushkov, Tristan	10	San Domenico	15-00.00	_____
6	508 Victor, Joe	10	Rancho Cotat	15-02.25	_____
7	482 Dunaway, Wyatt		Rancho Cotat	15-03.25	_____
8	501 Reagan, Brian	12	Rancho Cotat	15-04.75	_____

Flight 6 of 8 Finals

1	186 Begley, Eli	11	El Molino	15-06.25	_____
2	466 Silakul, Justin	11	Piner	15-06.50	_____
3	434 Farrell, David	9	Piner	15-11.50	_____
4	607 Kozlowski, Jack	12	Santa Rosa	16-00.00	_____
5	769 Pietrok, Max	10	Windsor	16-05.50	_____
6	647 Barry, Connor	12	Sonoma Valle	16-07.75	_____
7	583 Cook, Nathan	12	Santa Rosa	16-07.75	_____
8	674 Reyes, Joaquin	10	Sonoma Valle	16-10.50	_____

Flight 7 of 8 Finals

1	199 Grassl, Luke	10	El Molino	16-11.25	_____
2	767 Pagan, Nicholas	12	Windsor	17-01.50	_____
3	257 Pratt, Connor	11	Fortuna	17-02.00	_____
4	527 Leng, Kevin	10	San Domenico	17-07.50	_____
5	770 Pigg, Marques	12	Windsor	17-08.25	_____
6	241 Ku Pech, Antonio	11	Fort Bragg	17-10.75	_____
7	513 Connan, Braeden	9	San Domenico	17-11.00	_____
8	132 Bagley, Daniel	12	Casa Grande	18-00.00	_____

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Flight 8 of 8 Finals

1	375 Shaw, Jaydon	10	Montgomery	18-02.50	_____
2	157 Johnson, Cody	12	Casa Grande	18-05.50	_____
3	347 Hawkins, Cale	11	Montgomery	18-11.75	_____
4	420 Shirk, Caden	12	Petaluma	19-00.50	_____
5	679 Sendaydiego, Luke	12	Sonoma Valle	19-01.50	_____
6	254 Boyd, Draven	12	Fortuna	19-03.00	_____
7	174 Tangonan, John Paul	12	Casa Grande	19-08.25	_____
8	411 Moeckel, Anthony	12	Petaluma	19-09.25	_____

Event 51 Girls High Jump

Saturday 3/14/2020 - 9:00 AM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	316 Thomas, Tayley	11	Middletown	NH	_____
2	320 White, Summer	11	Middletown	NH	_____
3	314 Ryon, Trinity	10	Middletown	NH	_____
4	218 Saunders, Alina	10	El Molino	NH	_____
5	465 Schmidt, Josalyn	9	Piner	NH	_____
6	306 Perez, Diesi	9	Middletown	NH	_____
7	326 Barr, Ashleigh	12	Montgomery	NH	_____
8	118 Hilberman, Cassandra	11	Cardinal New	NH	_____
9	112 Donlon, Julia	12	Cardinal New	NH	_____
10	412 Morris, Georgiana	9	Petaluma	NH	_____
11	667 Jensen, Rachel	9	Sonoma Valle	NH	_____
12	515 Da Silva, Mai	10	San Domenico	3-10.00	_____
13	632 Van Holt, Alexandra	9	Santa Rosa	4-02.00	_____
14	248 Namvar, Jazmyn	10	Fort Bragg	4-02.00	_____
15	472 Tyohannes, Liyah	10	Piner	4-02.00	_____
16	278 Pastene, Grace	10	Healdsburg	4-04.00	_____
17	524 Knott, Katarina	9	San Domenico	4-04.00	_____
18	236 Gilchrist, Emma	12	Fort Bragg	4-04.00	_____
19	372 Rogers, Abriana	11	Montgomery	4-04.00	_____
20	184 Winsemius, Chloe	11	Casa Grande	4-06.00	_____
21	177 Thors, Isabelle	9	Casa Grande	4-08.00	_____
22	445 Loe, Ruby	10	Piner	4-08.00	_____
23	346 Harrington, Megan	11	Montgomery	4-10.00	_____
24	553 Null, Zoe	12	San Marin	4-10.00	_____
25	670 Martin, Lola	9	Sonoma Valle	5-02.00	_____

Event 55 Girls Long Jump

Saturday 3/14/2020 - 9:30 AM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 6 Finals					
1	326 Barr, Ashleigh	12	Montgomery	ND	_____
2	267 Fletcher, Alyssa	12	Healdsburg	ND	_____
3	214 Rivas, Kendra	9	El Molino	ND	_____
4	218 Saunders, Alina	10	El Molino	ND	_____
5	729 Jones, Atlantis	10	Upper Lake	ND	_____
6	372 Rogers, Abriana	11	Montgomery	ND	_____

Flight 2 of 6 Finals...(Event 55 Girls Long Jump)

1	306 Perez, Diesi	9	Middletown	ND	_____
2	731 Petrie, Zoey	10	Upper Lake	ND	_____
3	736 Huesca Miranda, Lucia	10	Victory Chri	ND	_____
4	201 Hebert, Savannah	11	El Molino	ND	_____
5	210 Posner, Adyson	12	El Molino	ND	_____
6	261 Carrada, Jennifer	11	Healdsburg	ND	_____
7	192 Depaola, Santia	9	El Molino	ND	_____
8	401 Doherty, Kiera	9	Petaluma	6-09.00	_____

Flight 3 of 6 Finals

1	274 Malmgren, Lilly	12	Healdsburg	7-01.50	_____
2	666 Ingemansson, Taneka	10	Sonoma Valle	9-09.00	_____
3	278 Pastene, Grace	10	Healdsburg	9-10.50	_____
4	260 Cano, Clarissa	9	Healdsburg	9-11.00	_____
5	672 Minehan, Kacy	10	Sonoma Valle	9-11.00	_____
6	115 Freisch, Avery	9	Cardinal New	10-03.50	_____
7	118 Hilberman, Cassandra	11	Cardinal New	10-07.00	_____
8	753 Gonsalves, Cesaria	9	Windsor	10-07.50	_____

Flight 4 of 6 Finals

1	774 Robinson, Alexis	9	Windsor	10-11.50	_____
2	124 Simpkins, Sam	9	Cardinal New	11-00.00	_____
3	327 Batarseh, Elena	11	Montgomery	11-00.50	_____
4	414 Palmi, Lucca	9	Petaluma	11-08.50	_____
5	768 Parr, Juliette	10	Windsor	11-09.50	_____
6	658 Garcia, Jasmine	12	Sonoma Valle	12-03.00	_____
7	119 Jordan, Vivien	9	Cardinal New	12-04.00	_____
8	421 Skoff, Julia	12	Petaluma	12-04.50	_____

Flight 5 of 6 Finals

1	626 Schroth, Kendall	12	Santa Rosa	12-06.50	_____
2	147 Fenyses, Haley	9	Casa Grande	12-07.50	_____
3	158 Klein, Kaitlyn	10	Casa Grande	12-08.50	_____
4	572 Alvarez, Jasmine	10	Santa Rosa	13-02.50	_____
5	415 Pologeorgis, Alexa	11	Petaluma	13-05.00	_____
6	505 Soriano, Kelly	12	Rancho Cotat	13-06.00	_____
7	459 Phelps, Rachel	12	Piner	13-06.00	_____
8	539 Youman, Dylan	9	San Domenico	13-07.00	_____

Flight 6 of 6 Finals

1	361 Middleton, Faith	10	Montgomery	13-11.00	_____
2	608 Lakemoon, Lakemoon	10	Santa Rosa	14-00.00	_____
3	576 Botello-Zetina, Daniela	12	Santa Rosa	14-00.50	_____
4	139 Byrne, Kaele	12	Casa Grande	14-02.00	_____
5	667 Jensen, Rachel	9	Sonoma Valle	14-02.50	_____
6	502 Ripple, Makenna	9	Rancho Cotat	15-02.00	_____
7	346 Harrington, Megan	11	Montgomery	15-04.50	_____
8	168 Perez, Perla	12	Casa Grande	15-10.50	_____

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Meet Program - Today's meet

Event 53 Girls Pole Vault**Saturday 3/14/2020 - 9:00 AM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	194 Fasset, Sienna	10	El Molino	NH	_____
2	401 Doherty, Kiera	9	Petaluma	NH	_____
3	308 Perez, Nelsy	12	Middletown	NH	_____
4	441 Humphrey, Amanda	10	Piner	NH	_____
5	760 Langdale, Makayla	11	Windsor	NH	_____
6	400 Crayne, Taylor	9	Petaluma	NH	_____
7	545 Cesko, Sally	10	San Marin	6-00.00	_____
8	244 Millen, Aria	10	Fort Bragg	6-06.00	_____
9	582 Cook, Lola	10	Santa Rosa	7-00.00	_____
10	240 Johnson, Ashlynn	10	Fort Bragg	7-00.00	_____
11	579 Cates, Emilie	11	Santa Rosa	7-06.00	_____
12	445 Loe, Ruby	10	Piner	7-06.00	_____
13	235 Fox, Gigi	12	Fort Bragg	7-09.00	_____
14	571 Alapa, Jasmine	10	Santa Rosa	8-00.00	_____
15	608 Lakemoon, Lakemoon	10	Santa Rosa	8-00.00	_____

Event 101 Outdoor Pentathlon: #4 Girls High Jump**Saturday 3/14/2020 - 11:00 AM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	271 Joy, Emery	9	Healdsburg	NH	_____
2	263 Cook, Max	10	Healdsburg	NH	_____
3	528 Meier, Heidi	10	San Domenico	NH	_____
4	187 Broome, Jeanne	11	El Molino	NH	_____

Event 102 Outdoor Pentathlon: #4 Boys High Jump**Saturday 3/14/2020 - 11:30 AM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	280 Boden, Parker	10	Middletown	NH	_____
2	283 Cadwallader, Hagan	12	Middletown	NH	_____
3	424 Ainlay, Kevin	12	Piner	NH	_____
4	252 Arrasmith, Nathan	12	Fortuna	NH	_____
5	359 Maltby, Jake	11	Montgomery	NH	_____
6	255 Cox, Bo	11	Fortuna	NH	_____

Event 52 Boys High Jump**Saturday 3/14/2020 - 12:00 PM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	181 Vasquez, Isaac	9	Casa Grande	NH	_____
2	746 Cionci, John	12	Windsor	NH	_____
3	735 DeVries, Jude	9	Victory Chri	NH	_____
4	283 Cadwallader, Hagan	12	Middletown	NH	_____
5	318 Vazquez, Jair	10	Middletown	NH	_____
6	144 Desenberg, Luke	9	Casa Grande	NH	_____
7	282 Breiner, Tyler	12	Middletown	NH	_____
8	304 Mendoza, Emilio	11	Middletown	NH	_____
9	408 Johnson, Gianni	12	Petaluma	NH	_____
10	206 Konrad, Jaxxon	12	El Molino	NH	_____
11	280 Boden, Parker	10	Middletown	NH	_____
12	484 Hirsch, Andrew		Rancho Cotat	4-06.00	_____
13	270 Gutierrez, Erick	9	Healdsburg	4-06.00	_____
14	782 Trechter, Christian	9	Windsor	4-08.00	_____
15	482 Dunaway, Wyatt		Rancho Cotat	4-08.00	_____
16	193 Drenth, Francis	9	El Molino	4-10.00	_____
17	220 Spelman, Dustin	9	El Molino	4-10.00	_____
18	107 Caldron, Fernando	10	Cardinal New	4-10.00	_____
19	150 Giroux, Matthew	12	Casa Grande	5-00.00	_____
20	769 Pietrok, Max	10	Windsor	5-00.00	_____
21	537 Scal, Dmitri	11	San Domenico	5-02.00	_____
22	787 Woods, Dylan	9	Windsor	5-02.00	_____
23	336 Fifer, Nathan	9	Montgomery	5-02.00	_____
24	329 Bessire, Nolan	10	Montgomery	5-02.00	_____
25	605 Holland, Chris	12	Santa Rosa	5-04.00	_____
26	527 Leng, Kevin	10	San Domenico	5-04.00	_____
27	251 Yeomans, Henry	11	Fort Bragg	5-08.00	_____
28	384 Tucker, Gabriel	11	Montgomery	6-02.00	_____
29	679 Sendaydiego, Luke	12	Sonoma Valle	6-05.00	_____

Event 62 Boys Discus Throw**Saturday 3/14/2020 - 9:00 AM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 11 Finals					
1	269 Gardner, Alexander	12	Healdsburg	ND	_____
2	301 Martinez, Andres	12	Middletown	ND	_____
3	126 Weaver, Camden	12	Cardinal New	ND	_____
4	520 Fassberg, Cosmo	11	San Domenico	ND	_____
5	121 Pires, Matthew	12	Cardinal New	ND	_____
6	781 Thrall, Jacob	12	Windsor	ND	_____
7	281 Breeden, Brody	10	Middletown	ND	_____
8	565 McCabe, Henry	11	San Rafael	ND	_____

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Flight 2 of 11 Finals

1	573 Anderson, Kai	12	Santa Rosa	ND	_____
2	538 Snyder, Grey	12	San Domenico	ND	_____
3	208 Moreno, Angel	11	El Molino	ND	_____
4	315 Stafford, Jayden	11	Middletown	ND	_____
5	349 Howe, Ben	11	Montgomery	ND	_____
6	318 Vazquez, Jair	10	Middletown	ND	_____
7	289 Cortez, Ruben	11	Middletown	ND	_____
8	312 Rockwell, Greyson	11	Middletown	ND	_____

Flight 3 of 11 Finals

1	166 Neidlinger, Darren	12	Casa Grande	ND	_____
2	305 Nance, Kevin	11	Middletown	ND	_____
3	286 Chaires, Roberto	10	Middletown	ND	_____
4	457 Ojeda Rojas, Julian	10	Piner	ND	_____
5	715 Raugewitz, Walker	11	Ukiah	132-05	_____
6	339 Garcia Hernande, Gerard	11	Montgomery	41-06	_____
7	207 McNamara, James	9	El Molino	41-09	_____
8	754 Guzman, Michael	11	Windsor	45-03	_____

Flight 4 of 11 Finals

1	211 Rameriz, Miguel	9	El Molino	47-01	_____
2	566 Munoz, Roman	11	San Rafael	47-06	_____
3	433 Erickson, Carter	10	Piner	50-06	_____
4	776 Santarelli, Noel	10	Windsor	52-05	_____
5	209 Pacheco, Anthony	10	El Molino	55-07	_____
6	762 Maldonado, Mauricio	12	Windsor	55-07	_____
7	681 Vanzant, Owen	10	Sonoma Valle	56-07	_____
8	722 Tarin, Andrew	9	Ukiah	57-06	_____

Flight 5 of 11 Finals

1	677 Saravia, Tristan	9	Sonoma Valle	58-00	_____
2	714 Raugewitz, CJ	9	Ukiah	59-06	_____
3	273 Lippincott, Trey	10	Healdsburg	59-07	_____
4	646 Anderson, Ian	10	Sonoma Valle	60-10	_____
5	449 Madriz, Ivan	12	Piner	61-08	_____
6	723 Vasquez, Matthew	9	Ukiah	61-09	_____
7	748 Crean, Colby	12	Windsor	63-10	_____
8	491 Millan, Mateo	9	Rancho Cotat	64-08	_____

Flight 6 of 11 Finals

1	205 Klaus, Tyler	11	El Molino	65-00	_____
2	103 Bevilacqua, Michael	11	Cardinal New	65-06	_____
3	785 Vieyra, Christian	12	Windsor	67-01	_____
4	656 Evans (Ryan), Charlie	10	Sonoma Valle	68-03	_____
5	659 Garon, Miles	12	Sonoma Valle	69-06	_____
6	398 Crayne, Matt	10	Petaluma	69-09	_____
7	418 Romo Macias, Fabian	11	Petaluma	69-09	_____
8	486 Huff, Jeff	12	Rancho Cotat	69-11	_____

Flight 7 of 11 Finals

1	562 Chao, Erik	11	San Rafael	70-08	_____
2	683 Casteneda, Aaron	10	Ukiah	70-10	_____
3	564 Lubamersky, Seamus	10	San Rafael	73-03	_____
4	153 Guzman Medina, Carlos	10	Casa Grande	73-06	_____
5	639 Yancey, Joe	12	Santa Rosa	74-01	_____
6	685 Ciseneros, Erik	11	Ukiah	74-10	_____
7	504 Skaggs, Kadin	10	Rancho Cotat	75-01	_____
8	619 Post, James	12	Santa Rosa	77-05	_____

Flight 8 of 11 Finals...(Event 62 Boys Discus Throw)

1	523 Jones, Lamont	12	San Domenico	78-00	_____
2	628 Solano, Junior	12	Santa Rosa	78-01	_____
3	567 Nguyen, Demitris	11	San Rafael	78-05	_____
4	752 Figueroa, Alberto	12	Windsor	79-03	_____
5	707 Malavich, Daniel	9	Ukiah	79-05	_____
6	560 Beals, Thomas	11	San Rafael	81-08	_____
7	487 Kruse, Michael	12	Rancho Cotat	83-00	_____
8	701 Kraemer, Logan	12	Ukiah	83-10	_____

Flight 9 of 11 Finals

1	568 Reyes, Anderson	10	San Rafael	83-10	_____
2	488 Lopes, Deven	12	Rancho Cotat	85-08	_____
3	434 Farrell, David	9	Piner	85-09	_____
4	368 Peapea, Ricky	10	Montgomery	86-05	_____
5	610 Mackey, James	11	Santa Rosa	88-00	_____
6	604 Him, Kobe	12	Santa Rosa	88-10	_____
7	239 Hernandez, Victor		Fort Bragg	89-03	_____
8	343 Glattfelder, Karsen	10	Montgomery	90-11	_____

Flight 10 of 11 Finals

1	616 O'Sullivan, Stephen	10	Santa Rosa	91-01	_____
2	232 Cresci, Gian	12	Fort Bragg	93-09	_____
3	688 Costello, Kaison	10	Ukiah	93-10	_____
4	716 Ray, Mark	12	Ukiah	96-09	_____
5	589 Erlendson, Jayden	12	Santa Rosa	104-05	_____
6	517 Dunn, Kezian	10	San Domenico	105-09	_____
7	385 Warner, Jason	10	Montgomery	106-05	_____
8	399 Crayne, Scott	12	Petaluma	110-10	_____

Flight 11 of 11 Finals

1	163 Meininger, Jacob	12	Casa Grande	111-00	_____
2	591 Foley, Jack	12	Santa Rosa	113-07	_____
3	245 Mora, Adolfo	11	Fort Bragg	114-05	_____
4	601 Grace, Conor	10	Santa Rosa	115-11	_____
5	703 Laiwa-McKay, Kalathan	12	Ukiah	ND	_____
6	200 Hayes, Colman	12	El Molino	133-02	_____
7	563 Lubamersky, Liam	12	San Rafael	137-07	_____
8	110 Davison, Samuel	12	Cardinal New	168-04	_____

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Meet Program - Today's meet

Event 54 Boys Pole Vault**Saturday 3/14/2020 - 12:00 PM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	256 Letter, Kobe	12	Fortuna	NH	_____
2	189 Brown, Hunter	9	El Molino	NH	_____
3	380 Stults, Zachary	9	Montgomery	NH	_____
4	769 Pietrok, Max	10	Windsor	NH	_____
5	310 Rego, Jordan	12	Middletown	NH	_____
6	253 Bolden, Tai	11	Fortuna	NH	_____
7	202 Hilberg, Kazuki	10	El Molino	NH	_____
8	259 Ahumada, Eraldo	10	Healdsburg	NH	_____
9	747 Collins, T.J.	10	Windsor	7-06.00	_____
10	463 Robert, NJ	9	Piner	7-06.00	_____
11	581 Contreras, Alejandro	12	Santa Rosa	9-00.00	_____
12	615 Moreno, Kenny	11	Santa Rosa	9-00.00	_____
13	770 Pigg, Marques	12	Windsor	9-00.00	_____
14	231 Ahumada, Gabriel	10	Fort Bragg	9-06.00	_____
15	109 Coogan, Dallas	10	Cardinal New	10-06.00	_____
16	249 Pyorre, Davis	11	Fort Bragg	11-01.00	_____

Event 58 Boys Triple Jump**Saturday 3/14/2020 - 12:00 PM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	335 Farrell-DeGuia, Mason	9	Montgomery	ND	_____
2	408 Johnson, Gianni	12	Petaluma	ND	_____
3	272 Liam, O'Gorman	10	Healdsburg	ND	_____
4	206 Konrad, Jaxxon	12	El Molino	ND	_____
5	391 Alioto, Joseph	12	Petaluma	ND	_____
6	354 Kozlowski, Joshua	11	Montgomery	ND	_____
7	356 Lorenzo, Justin	10	Montgomery	ND	_____
8	770 Pigg, Marques	12	Windsor	ND	_____
Flight 2 of 3 Finals					
1	420 Shirk, Caden	12	Petaluma	ND	_____
2	510 Bushkov, Tristan	10	San Domenico	27-03.50	_____
3	376 Sloan-Randall, Logan	10	Montgomery	30-05.25	_____
4	221 Strehlow, Zach	12	El Molino	32-09.50	_____
5	508 Victor, Joe	10	Rancho Cotat	32-10.75	_____
6	466 Silakul, Justin	11	Piner	34-00.25	_____
7	463 Robert, NJ	9	Piner	34-08.50	_____
8	199 Grassl, Luke	10	El Molino	34-11.75	_____
Flight 3 of 3 Finals					
1	750 Didero, Ethan	11	Windsor	36-07.00	_____
2	647 Barry, Connor	12	Sonoma Valle	36-09.25	_____
3	501 Reagan, Brian	12	Rancho Cotat	37-04.50	_____
4	246 Moran, Alan	11	Fort Bragg	38-06.25	_____
5	375 Shaw, Jaydon	10	Montgomery	38-10.50	_____
6	679 Sendaydiego, Luke	12	Sonoma Valle	39-00.50	_____
7	527 Leng, Kevin	10	San Domenico	39-01.00	_____
8	595 Gack, Remington	11	Santa Rosa	42-09.00	_____

Event 57 Girls Triple Jump**Saturday 3/14/2020 - 12:00 PM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Finals					
1	201 Hebert, Savannah	11	El Molino	ND	_____
2	346 Harrington, Megan	11	Montgomery	ND	_____
3	539 Youman, Dylan	9	San Domenico	ND	_____
4	682 Wheatley, Regan	12	Sonoma Valle	ND	_____
5	326 Barr, Ashleigh	12	Montgomery	ND	_____
6	313 Rogers, Zamora	10	Middletown	ND	_____
Flight 2 of 3 Finals					
1	753 Gonsalves, Cesaria	9	Windsor	25-09.00	_____
2	421 Skoff, Julia	12	Petaluma	25-09.50	_____
3	278 Pastene, Grace	10	Healdsburg	27-05.00	_____
4	415 Pologeorgis, Alexa	11	Petaluma	28-09.00	_____
5	362 Moalla, Hannah	11	Montgomery	28-11.00	_____
6	673 Panelli, Zoe	10	Sonoma Valle	29-00.00	_____
7	637 Williams, Jennifer	12	Santa Rosa	29-01.00	_____
8	361 Middleton, Faith	10	Montgomery	29-05.00	_____
Flight 3 of 3 Finals					
1	502 Ripple, Makenna	9	Rancho Cotat	29-11.00	_____
2	210 Posner, Adyson	12	El Molino	30-02.25	_____
3	545 Cesko, Sally	10	San Marin	30-04.00	_____
4	195 Foszcz, Alex	10	El Molino	30-09.00	_____
5	670 Martin, Lola	9	Sonoma Valle	31-00.50	_____
6	168 Perez, Perla	12	Casa Grande	31-01.00	_____
7	608 Lakemoon, Lakemoon	10	Santa Rosa	32-01.00	_____
8	216 Sani, Cassidy	12	El Molino	32-05.75	_____

Event 59 Girls Shot Put**Saturday 3/14/2020 - 12:00 PM**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 8 Finals					
1	217 Saunders, Alicia	12	El Molino	ND	_____
2	351 Jones-Hubbart, Amena	10	Montgomery	ND	_____
3	374 Schultz, Anna	12	Montgomery	ND	_____
4	734 Avila-Edwards, Haylee	11	Victory Chri	ND	_____
Flight 2 of 8 Finals					
1	358 Malachowski, Nora	10	Montgomery	ND	_____
2	732 Schaffter, Emma	10	Upper Lake	ND	_____
3	756 Hart, Ame	11	Windsor	ND	_____
4	287 Chairez, Leslie	11	Middletown	ND	_____
5	299 Kinsel, Erica	11	Middletown	ND	_____
6	294 Dubois, Bella	12	Middletown	ND	_____
7	702 Krasts, Thea	11	Ukiah	ND	_____
8	740 Burger, Savannah	10	Windsor	ND	_____

North Coast Track Extravaganza - 3/14/2020

Montgomery HS

Meet Program - Today's meet

Flight 3 of 8 Finals

1	223 Walker, Hailee	12	El Molino	ND	_____
2	690 Delossantos, Ameri	12	Ukiah	ND	_____
3	743 Charleton, Ellery	12	Windsor	ND	_____
4	279 Woods, Sophie	10	Healdsburg	ND	_____
5	277 Parker, Keeley	10	Healdsburg	ND	_____
6	392 Baker, Shalynn	10	Petaluma	10-10.50	_____
7	360 Marentes, Alyssa	11	Montgomery	14-02.50	_____
8	645 Aho, Naomi	10	Sonoma Valle	14-09.50	_____

Flight 4 of 8 Finals

1	467 Solorio Camarillo, Mirian	9	Piner	14-11.00	_____
2	367 Owen, Elise	11	Montgomery	15-09.50	_____
3	222 Syversen, Maggie	10	El Molino	16-02.00	_____
4	593 Fragoso, Michelle	10	Santa Rosa	17-06.50	_____
5	275 Nordvedt, Sofia	10	Healdsburg	17-08.00	_____
6	114 Erwin, Lilly	10	Cardinal New	17-10.50	_____
7	344 Gulbransen, Sophia	11	Montgomery	18-09.00	_____
8	633 Walker, Megan	10	Santa Rosa	19-07.50	_____

Flight 5 of 8 Finals

1	394 Borjas Sanchez, Adriana	10	Petaluma	20-09.00	_____
2	709 McQueary, Emily	11	Ukiah	21-03.50	_____
3	518 Egonu, Chileta	11	San Domenico	21-05.50	_____
4	541 Zhang, Dora	11	San Domenico	21-09.00	_____
5	578 Case, Hazel	9	Santa Rosa	22-02.00	_____
6	749 DeMars, Maxine	11	Windsor	22-03.00	_____
7	233 Davis, Miah	11	Fort Bragg	22-05.00	_____
8	203 Husary, Talia	10	El Molino	22-07.00	_____

Flight 6 of 8 Finals

1	606 Joseph, Lael	11	Santa Rosa	22-08.00	_____
2	234 Dondanville, Madeleine	11	Fort Bragg	22-08.00	_____
3	402 Dooley, Kelsey	10	Petaluma	22-08.25	_____
4	594 Fry, Macdalah	11	Santa Rosa	23-01.00	_____
5	543 Antunes-Anderson, Jordai	10	San Marin	24-00.00	_____
6	561 Berry, Samantha	11	San Rafael	24-00.00	_____
7	547 Clark, Jena	10	San Marin	24-03.00	_____
8	693 Dixon, Preciouss	11	Ukiah	24-05.00	_____

Flight 7 of 8 Finals

1	725 Wheeler, Ivy	11	Ukiah	24-05.50	_____
2	195 Foszcz, Alex	10	El Molino	24-09.00	_____
3	710 McQuery, Sydney	12	Ukiah	24-09.00	_____
4	676 Rolston, Campbell	10	Sonoma Valle	25-02.00	_____
5	706 Maki, Samantha	10	Ukiah	25-08.00	_____
6	530 Mukukula, Noku	So	San Domenico	26-10.00	_____
7	425 Ainlay, Samantha	11	Piner	27-02.00	_____
8	215 Roan, Ellie	10	El Molino	27-02.50	_____

Flight 8 of 8 Finals

1	691 Delossantos, Amerika	12	Ukiah	27-04.00	_____
2	569 Taufa, Kalva	12	San Rafael	28-00.00	_____
3	786 West, Riley	12	Windsor	28-05.00	_____
4	603 Henderson, Sofia	9	Santa Rosa	30-03.00	_____
5	576 Botello-Zetina, Daniela	12	Santa Rosa	30-10.50	_____
6	626 Schroth, Kendall	12	Santa Rosa	31-02.00	_____
7	216 Sani, Cassidy	12	El Molino	36-06.00	_____
8	689 Cunningham, Danielle	12	Ukiah	37-01.25	_____

Event 101 Outdoor Pentathlon: #5 Girls Shot Put

Saturday 3/14/2020 - 1:00 PM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	271 Joy, Emery	9	Healdsburg	ND	_____
2	528 Meier, Heidi	10	San Domenico	ND	_____
3	263 Cook, Max	10	Healdsburg	ND	_____
4	187 Broome, Jeanne	11	El Molino	ND	_____

Event 102 Outdoor Pentathlon: #5 Boys Shot Put

Saturday 3/14/2020 - 1:30 PM

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	424 Ainlay, Kevin	12	Piner	ND	_____
2	359 Maltby, Jake	11	Montgomery	ND	_____
3	280 Boden, Parker	10	Middletown	ND	_____
4	255 Cox, Bo	11	Fortuna	ND	_____
5	283 Cadwallader, Hagan	12	Middletown	ND	_____
6	252 Arrasmith, Nathan	12	Fortuna	ND	_____