

REVISED 2022 BIG CAT ORDER OF EVENTS

TRACK EVENTS BEGIN AT 9:00 AM

4 x 100M RELAY JVG, JVB, VG, VB

1600M JVG, JVB, VG, VB

*Dedication Ceremony naming
track in honor of Doug
Courtemarche (~20 mins)*

110M HURDLES VB 39"

110M HURDLES JVB 36"

100M HURDLES JVG 33"

100M HURDLES VG 33"

400M JVG, JVB, VG, VB

100M JVG, JVB, VG, VB

800M JVG, JVB, VG, VB

300M HURDLES JVG, VG 30"

300M HURDLES JVB, VB 36"

200M JVG, JVB, VG, VB

3200M JVG, JVB, VG, VB
(Races may be combined)

4 x 400M RELAY JVG, JVB, VG, VB

FIELD EVENTS BEGIN AT 9:00 AM

VG SHOT PUT (3 attempts)

JVG SHOT PUT (3 attempts)

VB DISCUS (3 attempts)

JVB DISCUS (3 attempts)

BOYS HIGH JUMP (Continuous)

JVB HIGH JUMP (start at 4'6")

VB HIGH JUMP (start at 5'0")

POLE VAULT (Continuous)

JVG/VG 6'0"

JVB 7'6"

VB 9'0"

LONG JUMP (3 attempts/Open Pit)

Girls run throughs 8:30 am - 9:00 am

Girls 9:00 am - 11:30 am

Boys run throughs 11:30 am - 12:00 pm

Boys 12:00 pm - 2:30 pm

***The following events will begin
after the conclusion of the above
events:***

VB SHOT PUT (3 attempts)

JVB SHOT PUT (3 attempts)

VG DISCUS (3 attempts)

JVG DISCUS (3 attempts)

GIRLS HIGH JUMP (Continuous)

JVG HIGH JUMP (start at 3'6")

VG HIGH JUMP (start at 4'0")

TRIPLE JUMP (3 attempts/Open
Pit; after LJ/2:30 pm)