

The Santa Rosa Field Event Jamboree

The 7th Annual Santa Rosa Field Event Jamboree will be conducted at Santa Rosa High School at historic Nevers Field and newly christened Courtemarche Track.

Address: Santa Rosa High School, 1235 Mendocino Avenue, Santa Rosa, CA 95401

Date: Saturday March 19, 2022

Time: All events will begin at 10:00 AM

Fee: \$5 per athlete. Make checks payable to PAC (Panther Athletic Club)

Throws:

- Varsity Boys and Girls (3 attempts, top 8 get 3 more throws)
- Frosh/Soph Boys and Girls (4 attempts)
- JV Boys and Girls (4 attempts)
- All throws measured; no minimum standard
- Weigh-ins begin at 8:00 AM. Warm-up throws at 9:30 AM

Pole Vault:

- Girls first then Boys; opening heights are 6' for girls and 7' for boys
- If the field is small, we will run a continuous pit mixing genders

High Jump:

- Boys first then Girls; opening heights are 4'6" for boys and 3'6" for girls
- If the field is small, we will run a continuous pit mixing genders

Long Jump (3 attempts) followed by Triple Jump (3 attempts)

- North Pit: Varsity Boys; Frosh Soph Boys
- South Pit: Varsity Girls; Frosh Soph Girls

Registration:

- Entries due by Wednesday midnight **March 16, 2022**
- Enter recent or honest marks for **SHOT and DISCUS only** on the attached Excel spreadsheet
- **Email to Doug Courtemarche at zeemie@aol.com**
- Late entries allowed

Awards: Custom medals for first, second, and third for each division