

**NCS Redwood Empire - 5/16/2026**  
**Santa Rosa JC**  
**Meet Program**

**Event 1 Girls 4x100 Meter Relay Varsity (24)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Sonoma Valle		53.88
	1) #859 Francis, Tilly 12	2) #865 Johnson, Jade 10	
	3) #861 Gonzalez, Natalia 10	4) #868 Palacio, Helen 11	
2	Fortuna		53.50
	1) #285 Burgess, Addison 11	2) #290 Cortez, Jacky 10	
	3) #295 Hufford, Kylie 9	4) #291 Dill, Ava 11	
3	Lower Lake		53.17
	1) #372 Castro-Luna, Cristal 11	2) #379 Milano, Irianna 11	
	3) #380 Montanez, Crystal 11	4) #387 Watson, mary 12	
4	Rancho Cotat		52.72
	1) #666 Allsup, Kara 9	2) #676 Miller, Grace 9	
	3) #670 Ellison, Isabelle 9	4) #680 Steverson, Versai 10	
5	Eureka		53.10
	1) #244 Copeland, Aurora 11	2) #233 Antonio, Ezralyne 10	
	3) #246 Dotson-Murphy, Made	4) #259 Ladika, Evelyn 11	
6	McKinleyvill		53.42
	1) #498 Han, Leah 10	2) #509 Weldon, Betty 12	
	3) #504 Ramsey, Elizabeth 10	4) #497 Grande, Zen 9	
7	Cardinal New		53.57
	1) #160 Kilstrom, Alina 9	2) #161 Lockwood, Cassie 11	
	3) #158 Hayeems, Naiomi 11	4) #153 Grigg, Zella 10	
8	Novato		54.94
	1) #578 Brahmandam, Akhila 1	2) #594 Murison Smith, Farallo	
	3) #602 Van Alyea, Elizabeth 9	4) #581 De Jesus Sabido, Leslie	

**Section 2 of 3 Finals**

1	Casa Grande		52.50
	1) #199 Olivarez, Lillyanna 12	2) #177 Carmona, Davanee 9	
	3) #194 Mervil, Junia 10	4) #198 Olivarez, Leilani 9	
2	Analy		52.30
	1) #44 Hudgens, Nylah 11	2) #31 Campanile, Marianna 9	
	3) #37 Feuerherdt, Charlotte 9	4) #27 Alley, Chloe 10	
3	Piner		51.77
	1) #636 Gaytan, Ariana 11	2) #652 Ogbonna, Ngozi 9	
	3) #650 Newbold, Azelia 9	4) #630 Cibrian Gomez, Brisa 1	
4	Windsor		51.58
	1) #1056 Noteman, Brookelyn	2) #1067 VanMidde, Aubrey 9	
	3) #1057 Nunley, Malia 9	4) #1069 Zalamea, Ava 9	
5	Napa		51.68
	1) #552 Cerletti, Samantha 11	2) #551 Ceresia, Kaia 9	
	3) #571 Pepper, Aimee 11	4) #572 Quintana, Sophia 12	
6	Marin Cathol		52.01
	1) #477 Mokelke, Camille 10	2) #478 Pavelka, Violet 10	
	3) #469 Horton, Sarah 9	4) #479 Peterson, Riley 9	
7	Montgomery		52.37
	1) #516 Burton, Leia 11	2) #529 Kinsey, Megan 12	
	3) #546 Young, Belden 10	4) #515 Burgo, Aurelia 12	
8	Santa Rosa		52.64
	1) #827 James, Maliyah 11	2) #832 Kovacevich, Faye 11	
	3) #818 Fagent, Olivia 11	4) #847 Sloat, Ada 11	

**Section 3 of 3 Finals**

1	Maria Carril		50.66
	1) #422 Henkel, Alena 10	2) #401 Carrillo, Tava 10	
	3) #440 Morley, Gianna 12	4) #442 Mulligan, Martina 10	
2	Redwood (Lar		50.02
	1) #707 Glassell, Izzy 9	2) #709 Hawks, Iris 11	
	3) #749 Towns, Rachel 10	4) #751 Vangorder, Jaden 12	
3	Justin-Siena		49.62
	1) #352 Moore, Isabella 12	2) #360 Shackford, Bella 11	
	3) #334 Cullinane, Georgia 9	4) #335 Cutler, Mackenzie 11	
4	Archie Willi		48.93
	1) #138 Silva, Sophia 10	2) #111 Betti, Petra 11	
	3) #117 Ervell, Viveca 9	4) #114 Clark, Addison 9	
5	Tamalpais		48.93
	1) #892 Feher, Anna 12	2) #904 Karolak, Maja 10	
	3) #887 Chan, Abigail 9	4) #894 Friedrichsdorf, Johann	
6	Terra Linda		49.96
	1) #958 Stil, Sofia 9	2) #938 Iyer, Nina 10	
	3) #931 Cheema, Jasleen 11	4) #940 Madrid, Coco 12	
7	American Can		50.65
	1) #6 Butler, Kailani 9	2) #15 Kirstine, Sequoia 11	
	3) #3 Brown, Aalanah 12	4) #20 Rocker, Ileyah 12	
8	Petaluma		51.22
	1) #627 Vital, Siena 11	2) #619 Middleton, Luca 10	
	3) #628 Walling, Lucille 11	4) #618 Looper, Olivia 12	

**Event 2 Boys 4x100 Meter Relay Varsity (24)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Montgomery		47.08
	1) #531 Lau, Yanoch 9	2) #545 Whaley, Ronan 12	
	3) #512 Antenucci, Alex 9	4) #522 Eng, Sovonn 12	
2	Archie Willi		46.69
	1) #133 Mosher, Mani 12	2) #134 Nelson, Henry 12	
	3) #137 Scozzaro, Sinjin 11	4) #126 Johnston, Landon 9	
3	Terra Linda		46.01
	1) #930 Caldwell, Caden 11	2) #933 Frias, Santiago 11	
	3) #964 Wells, Adrian 10	4) #937 Iyer, Bodhi 10	
4	Piner		45.39
	1) #642 Koroibulu Nadaku, Ma	2) #643 Lee, Aaron 9	
	3) #664 Wright, Markus 12	4) #657 Sanchez Hernandez, Ai	
5	Santa Rosa		45.55
	1) #819 Fox, Brandon 11	2) #820 Gonzalez, Krystof 12	
	3) #829 Kelsey, Cooper 12	4) #823 Hansen, Solomon 11	
6	Novato		46.46
	1) #585 Gast, Aristotle 10	2) #583 Encinas, Elijah 11	
	3) #603 Young, Logan 9	4) #597 Rae Whitehouse, Desm	
7	Marin Cathol		46.88
	1) #462 Choung, Brandon 12	2) #460 Chigos, Nicco 10	
	3) #485 Urioste, Oscar 9	4) #489 Walden, Triston 9	
8	McKinleyvill		47.42
	1) #494 Dibble, Roy 9	2) #491 Clare, Dash 10	
	3) #508 Sotelo, Braylon 11	4) #499 Heldebrandt, Cameron	

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**Section 2 of 3 Finals...(Event 2 Boys 4x100 Meter Relay Vars**

1	Maria Carril	44.42
	1) #415 Freeman, Zyah 12	2) #410 Esquivel-Arango, Jacol
	3) #448 Sherwood, Grant 10	4) #411 Famini, Lucas 11
2	Rancho Cotat	44.14
	1) #669 Cortner, Aiden 11	2) #675 McClellan, John 12
	3) #672 Groom, John 10	4) #671 Gregori, Wyatt 12
3	Cardinal New	43.82
	1) #156 Hanlon-Strane, Kordell	2) #167 Penney, Ka'Vaughn 11
	3) #165 Marts, Cole 12	4) #150 Cargill, Zion 11
4	Tamalpais	43.68
	1) #879 Blacher, Leo 10	2) #885 Cannon, Marley 12
	3) #886 Carder, Jacob 12	4) #903 Holt, Streeter 11
5	Justin-Siena	43.78
	1) #351 Moore, Carl 10	2) #371 Wong, Greyson 11
	3) #342 Henley, Josh 11	4) #347 Love, Nicholas 12
6	Arcata	44.14
	1) #92 McGoldrick, Eoin 11	2) #100 Shaner, Lorenzo 10
	3) #62 Bertell, Jack 11	4) #90 Mason, A'Sa 10
7	Analy	44.40
	1) #53 Rinkor, Jackson 11	2) #28 Andrews, Brady 10
	3) #59 Yakzan, Dennis 10	4) #49 Moore, Kiddell 9
8	Lower Lake	44.47
	1) #383 Rincon, Christian 12	2) #377 Mckneely, Rajhiever 11
	3) #376 Lopez, Jeremiah 11	4) #381 Percoats, Roy 9

**Section 3 of 3 Finals**

1	Fortuna	43.32
	1) #284 Bolden, Tiki 10	2) #283 Bolden, Kavi 12
	3) #297 Limon, Mako 12	4) #303 Stacy, Jack 12
2	Redwood (Lar	43.06
	1) #689 Cleary, Marco 12	2) #691 Crumpler, Collin 10
	3) #698 Ferst, Mateo 11	4) #723 Mastracco, Felix 11
3	American Can	42.75
	1) #9 Crowder, Peyton 11	2) #4 Budu, Jona 12
	3) #5 Burse, Jordan 11	4) #25 Woodson, Jay 12
4	San Marin	42.52
	1) #770 Havling, Dylan 12	2) #776 Mattiuzzo, Leo 12
	3) #767 Golan, Jack 12	4) #782 Short, Myles 11
5	Petaluma	42.60
	1) #621 Moeckel, Nick 10	2) #611 Garzoli, Jacob 12
	3) #615 Kiger, Stefano 11	4) #624 Shaw, Daniel 12
6	Vintage	42.76
	1) #1007 Borrayo, Angel 12	2) #1030 Sanchez, Ruben 12
	3) #1023 Johnson, Kahli 12	4) #1008 Butler, Sean 11
7	Windsor	43.19
	1) #1050 Lopez, Alejandro AJ 1	2) #1049 Lepper, Zaccuur 11
	3) #1063 Soto Jr., Marco 12	4) #1037 Andreacchi, Domenic
8	Napa	43.54
	1) #549 Bynum, Dante 10	2) #562 Gualberto, Eryck 11
	3) #558 Feigel, Karson 12	4) #561 Gonzalez, Andy 12

**Event 3 Girls 1600 Meter Run Varsity (24)**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>				
1	659 Uraje Galindo, Jocelyn	12	Piner	5:22.45
2	901 Harrington, Zoe	10	Tamalpais	5:22.88
3	1040 Behrens, Emma	9	Windsor	5:30.20
4	1070 Zepaltas, Audrey	9	Windsor	5:33.90
5	884 Campbell, Olivia	9	Tamalpais	5:33.97
6	89 MacDonald, Kjersti	9	Arcata	5:34.05
7	405 Crocker, Quinne	12	Maria Carril	5:34.23
8	856 Delorefice, Capri	10	Sonoma Valle	5:36.46
9	345 Kelleher, Katie	9	Justin-Siena	5:38.99
10	1028 Price, Kennley	10	Vintage	5:40.90
11	250 Gast, Claire	11	Eureka	5:41.33
12	296 Lester, Brida	12	Fortuna	5:50.97
<b>Section 2 of 2 Finals</b>				
1	727 Middleton, Sydney	12	Redwood (Lar	4:55.57
2	135 Palmer, Claire	12	Archie Willi	4:57.24
3	806 Tanner, Autumn	11	San Rafael	4:57.69
4	454 Tribbey, Joslyn	11	Maria Carril	4:58.80
5	142 Sullivan, Ainsley	11	Archie Willi	4:59.44
6	406 Crocker, Sloane	12	Maria Carril	5:02.89
7	745 Smith, Sydney	9	Redwood (Lar	5:10.55
8	163 Mallon, Ashlin	11	Cardinal New	5:12.41
9	718 Kozubik, Kate	11	Redwood (Lar	5:12.60
10	109 Berberich, Sonia	9	Archie Willi	5:19.55
11	40 Hall, Miriam	11	Analy	5:19.92
12	1068 Williams, Emily	10	Windsor	5:20.49

**Event 4 Boys 1600 Meter Run Varsity (24)**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>				
1	33 Dickson, Logan	11	Analy	4:27.66
2	444 Petrik, Austin	12	Maria Carril	4:32.59
3	686 Bush, Oliver	10	Redwood (Lar	4:33.21
4	105 Walker, Ocean	12	Arcata	4:33.35
5	300 Ornelas, Juan	10	Fortuna	4:33.47
6	705 Giang, Roman	11	Redwood (Lar	4:33.52
7	871 Smith, Thurston	9	Sonoma Valle	4:33.73
8	96 Poston, Evan	11	Arcata	4:34.87
9	427 Kearns, Laszlo	11	Maria Carril	4:35.18
10	412 Fitch, Kincade	9	Maria Carril	4:35.71
11	734 Robertson, Cole	10	Redwood (Lar	4:36.21
12	368 Vale, Cameron	11	Justin-Siena	4:37.74

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**Section 2 of 2 Finals...(Event 4 Boys 1600 Meter Run Varsity)**

1	900 Harrington, Finn	12 Tamalpais	4:18.88
2	921 Ruark, Lucas	12 Tamalpais	4:19.74
3	928 Ajmani, Shahan	12 Terra Linda	4:19.78
4	1061 Post, Corbin	11 Windsor	4:20.19
5	763 Catanach, Justin	12 San Marin	4:20.84
6	922 Siedman, Atticus	11 Tamalpais	4:21.37
7	1044 Ervin, Michael	10 Windsor	4:21.85
8	425 Jones, Cameron	11 Maria Carril	4:23.17
9	764 Cloney, Chase	10 San Marin	4:23.22
10	403 Cochrane, Hugh	10 Maria Carril	4:24.86
11	1011 Eichner, Teddy	12 Vintage	4:26.16
12	907 Kornfeld, Michael	11 Tamalpais	4:27.17

**Event 5 Girls 100 Meter Hurdles Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	511 Alvarado Medina, Zai	11 Montgomery	18.73
2	456 Wilson, Kalea	10 Maria Carril	18.59
3	350 McLaughlin, Laura	11 Justin-Siena	18.54
4	748 Tang, Junlan	10 Redwood (Lar)	18.30
5	281 Aubuchon, Amy	12 Fortuna	18.39
6	896 Gebhard, Frankie	11 Tamalpais	18.56
7	271 Siggins, Epona	11 Eureka	18.68
8	506 Sobehrad, Leona	9 McKinleyvill	19.12

**Section 2 of 3 Finals**

1	328 Cannariato, Claire	12 Justin-Siena	18.13
2	908 Lanigan, Ava	10 Tamalpais	17.91
3	361 Sinclair, Emilyn	11 Justin-Siena	17.61
4	925 Tornqvist, Emelie	10 Tamalpais	17.47
5	852 Verspecht, Mieke	12 Santa Rosa	17.50
6	18 Pierce, Madelyn	12 American Can	17.87
7	278 Wyllie, Natalie	10 Eureka	18.11
8	636 Gaytan, Ariana	11 Piner	18.19

**Section 3 of 3 Finals**

1	132 Miller, Nola	11 Archie Willi	17.40
2	719 Leung, Maddie	10 Redwood (Lar)	16.99
3	401 Carrillo, Tava	10 Maria Carril	16.19
4	442 Mulligan, Martina	10 Maria Carril	14.67
5	201 Sheehan, Grace	12 Casa Grande	16.16
6	394 Belt, Beatrice	12 Maria Carril	16.36
7	516 Burton, Leia	11 Montgomery	17.33
8	878 Berman, Jackie	12 Tamalpais	17.43

**Event 6 Boys 110 Meter Hurdles Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	344 Jamison, Jack	12 Justin-Siena	19.18
2	911 Lopez, Tiago	10 Tamalpais	18.93
3	774 Larsen, August	11 San Marin	18.49
4	29 Antognini, Parker	10 Analy	18.09
5	815 Dennis, Jason	12 Santa Rosa	18.47
6	733 Reitzel, Jack	9 Redwood (Lar)	18.72
7	391 Bade, Joshua	11 Maria Carril	19.06
8	828 Jones, Waylon	10 Santa Rosa	19.31

**Section 2 of 3 Finals**

1	597 Rae Whitehouse, Desr	10 Novato	17.66
2	423 Hill, Kenneth	10 Maria Carril	17.13
3	969 Brown, Caelan	12 Ukiah	16.93
4	257 Hoffman, Thomas	11 Eureka	16.77
5	330 Carey, Troy	10 Justin-Siena	16.77
6	448 Sherwood, Grant	10 Maria Carril	17.11
7	254 Hayhurst-John, Miles	9 Eureka	17.24
8	607 Bosco, Connor	11 Petaluma	17.72

**Section 3 of 3 Finals**

1	923 Sigurdsson, Hector	12 Tamalpais	16.07
2	118 Ferguson, Nick	12 Archie Willi	15.86
3	685 Brellin, Dane	12 Redwood (Lar)	15.80
4	885 Cannon, Marley	12 Tamalpais	15.51
5	260 Landry, Bo	11 Eureka	15.74
6	1035 Ward, Daniel	12 Vintage	15.85
7	984 Mitchell, Parker	12 Ukiah	16.02
8	326 Binz, Kevin	11 Justin-Siena	16.40

**Event 7 Girls 400 Meter Dash Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	336 Dolter, Gabrielle	9 Justin-Siena	63.07
2	818 Fagent, Olivia	11 Santa Rosa	62.98
3	225 Robinson, Zakayla	12 Del Norte	62.26
4	404 Consiglieri, Victoria	9 Maria Carril	62.00
5	981 Maynard, Kaci	10 Ukiah	62.06
6	1013 Fiene, Sophia	12 Vintage	62.81
7	1047 Jensen, Darla	10 Windsor	63.06
8	101 Stoll, Zelia	10 Arcata	63.08

**Section 2 of 3 Finals**

1	725 McKenna, Cara	11 Redwood (Lar)	61.87
2	743 Simon, Caroline	10 Redwood (Lar)	61.38
3	994 Smilgys, Ava	9 Ukiah	61.29
4	680 Steverson, Versai	10 Rancho Cotat	60.48
5	751 Vangorder, Jaden	12 Redwood (Lar)	60.68
6	1053 Malsbary, Annaleigh	10 Windsor	61.32
7	265 Ortiz, Grecia	12 Eureka	61.48
8	149 Campbell, Ava	11 Cardinal New	61.99

**Section 3 of 3 Finals**

1	887 Chan, Abigail	9 Tamalpais	60.26
2	301 Ruiz, Madison	12 Fortuna	59.49
3	1010 Duncan, Alexandra	11 Vintage	58.94
4	894 Friedrichsdorf, Johann	11 Tamalpais	57.29
5	359 Reiter, Lainey	12 Justin-Siena	57.67
6	794 Dennes, Alexa	9 San Rafael	59.29
7	270 Rominger, Elizabeth	11 Eureka	59.59
8	422 Henkel, Alena	10 Maria Carril	60.31

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**Event 8 Boys 400 Meter Dash Varsity (24)**

Lane Name	Yr	School	Seed Time
<b>Section 1 of 3 Finals</b>			
1 292 Florez-Lopez, Humberto	12	Fortuna	53.10
2 22 Smiley, Tru'	11	American Can	52.86
3 213 Garcia-Levy, Jayden	10	Del Norte	52.64
4 937 Iyer, Bodhi	10	Terra Linda	52.19
5 10 Davis, Malachi	10	American Can	52.28
6 688 Centeno, Jimmy	10	Redwood (Lar	52.69
7 128 Ketcham, Jackson	9	Archie Willi	52.98
8 159 Holzapfel, Asher	11	Cardinal New	53.21

**Section 2 of 3 Finals**

1 263 Morris, Sean	12	Eureka	51.86
2 882 Burnett, Dexter	12	Tamalpais	51.72
3 8 Cardenas, Ethan	11	American Can	51.37
4 86 Lewis, Jaxon	9	Arcata	51.21
5 1060 Ponce, Ethan	12	Windsor	51.30
6 615 Kiger, Stefano	11	Petaluma	51.46
7 1064 Stanley, Ian	12	Windsor	51.74
8 38 Gonsalves, Jeffery	10	Analy	52.13

**Section 3 of 3 Finals**

1 1037 Andreacchi, Domenico	12	Windsor	50.53
2 1007 Borrayo, Angel	12	Vintage	49.70
3 204 Balent, Landon	11	Del Norte	49.56
4 1022 Howell, Mason	12	Vintage	48.11
5 140 Singh, Devin	11	Archie Willi	49.26
6 4 Budu, Jona	12	American Can	49.63
7 92 McGoldrick, Eoin	11	Arcata	50.08
8 1063 Soto Jr., Marco	12	Windsor	50.79

**Event 9 Girls 100 Meter Dash Varsity (24)**

Lane Name	Yr	School	Seed Time
<b>Section 1 of 3 Finals</b>			
1 265 Ortiz, Grecia	12	Eureka	13.41
2 270 Rominger, Elizabeth	11	Eureka	13.08
3 958 Stil, Sofia	9	Terra Linda	13.04
4 27 Alley, Chloe	10	Analy	13.02
5 117 Ervell, Viveca	9	Archie Willi	13.03
6 707 Glassell, Izzy	9	Redwood (Lar	13.07
7 44 Hudgens, Nylah	11	Analy	13.09
8 244 Copeland, Aurora	11	Eureka	13.42

**Section 2 of 3 Finals**

1 709 Hawks, Iris	11	Redwood (Lar	13.00
2 630 Cibrian Gomez, Brisa	10	Piner	12.90
3 628 Walling, Lucille	11	Petaluma	12.84
4 978 Lunceford, Lucy	11	Ukiah	12.73
5 551 Ceresia, Kaia	9	Napa	12.78
6 904 Karolak, Maja	10	Tamalpais	12.88
7 1069 Zalamea, Ava	9	Windsor	12.98
8 138 Silva, Sophia	10	Archie Willi	13.00

**Section 3 of 3 Finals**

1 334 Cullinane, Georgia	9	Justin-Siena	12.60
2 335 Cutler, Mackenzie	11	Justin-Siena	12.48
3 940 Madrid, Coco	12	Terra Linda	12.33
4 111 Betti, Petra	11	Archie Willi	12.20
5 713 Horn, Annalise	11	Redwood (Lar	12.25
6 3 Brown, Aalanah	12	American Can	12.36
7 153 Grigg, Zella	10	Cardinal New	12.55
8 892 Feher, Anna	12	Tamalpais	12.70

**Event 10 Boys 100 Meter Dash Varsity (24)**

Lane Name	Yr	School	Seed Time
<b>Section 1 of 3 Finals</b>			
1 672 Groom, John	10	Rancho Cotat	11.32
2 303 Stacy, Jack	12	Fortuna	11.28
3 266 Pannell Herbst, Isaiah	12	Eureka	11.24
4 698 Ferst, Mateo	11	Redwood (Lar	11.20
5 621 Moeckel, Nick	10	Petaluma	11.22
6 90 Mason, A'Sa	10	Arcata	11.25
7 415 Freeman, Zyah	12	Maria Carril	11.29
8 381 Percoats, Roy	9	Lower Lake	11.37

**Section 2 of 3 Finals**

1 671 Gregori, Wyatt	12	Rancho Cotat	11.20
2 624 Shaw, Daniel	12	Petaluma	11.13
3 1030 Sanchez, Ruben	12	Vintage	11.10
4 9 Crowder, Peyton	11	American Can	11.07
5 347 Love, Nicholas	12	Justin-Siena	11.09
6 53 Rinkor, Jackson	11	Analy	11.13
7 778 Reier, Freddy	10	San Marin	11.19
8 1023 Johnson, Kahli	12	Vintage	11.20

**Section 3 of 3 Finals**

1 195 Metzler, Jackson	12	Casa Grande	10.96
2 776 Mattiuzzo, Leo	12	San Marin	10.93
3 283 Bolden, Kavi	12	Fortuna	10.82
4 689 Cleary, Marco	12	Redwood (Lar	10.72
5 782 Short, Myles	11	San Marin	10.79
6 5 Burse, Jordan	11	American Can	10.88
7 150 Cargill, Zion	11	Cardinal New	10.94
8 903 Holt, Streeter	11	Tamalpais	10.97

**Event 11 Girls 800 Meter Run Varsity (24)**

Lane Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1 728 Nass, Beatrice	11	Redwood (Lar	2:29.62
2 845 Sarraf, Tiare	11	Santa Rosa	2:29.81
3 743 Simon, Caroline	10	Redwood (Lar	2:30.67
4 1028 Price, Kennley	10	Vintage	2:32.33
5 367 Umuytan, Olivia	12	Justin-Siena	2:33.30
6 36 Eichenseher, Isabelle	9	Analy	2:34.50
7 492 Davis, Lydia	10	McKinleyvill	2:35.75
8 570 Palafox, Alexandra	10	Napa	2:36.01
9 507 Som, Amara	10	McKinleyvill	2:36.12
10 235 Bartlett, Iris	9	Eureka	2:36.14
11 902 Hekemian, Gwyneth	9	Tamalpais	2:36.50
12 35 Duong, Priya	10	Analy	2:37.39

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**Section 2 of 2 Finals...(Event 11 Girls 800 Meter Run Varsity)**

1	913 McMahon, Ava	10	Tamalpais	2:18.87
2	135 Palmer, Claire	12	Archie Willi	2:19.19
3	794 Dennes, Alexa	9	San Rafael	2:19.94
4	1004 Bawden, Kendall	12	Vintage	2:22.09
5	57 Wenzel-James, Emma	11	Analy	2:22.67
6	654 Olvera, Kamila	11	Piner	2:22.95
7	400 Carollo, Sofia	10	Maria Carril	2:23.78
8	142 Sullivan, Ainsley	11	Archie Willi	2:24.15
9	479 Peterson, Riley	9	Marin Cathol	2:25.19
10	164 Mallon, Siena	9	Cardinal New	2:25.65
11	191 Ho, Ninel	9	Casa Grande	2:26.78
12	71 DeCarli, Bella	11	Arcata	2:27.15

**Event 12 Boys 800 Meter Run Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	148 Busenitz, Sepp	9	Cardinal New	2:01.70
2	196 Navarro, Jorge	12	Casa Grande	2:01.79
3	1032 Title, Casey	12	Vintage	2:05.11
4	461 Choi, Jonnie	12	Marin Cathol	2:05.55
5	563 Heiser, Walter	12	Napa	2:05.57
6	176 Breyfogle, EJ	11	Casa Grande	2:05.99
7	999 Valencia, Adrian	9	Ukiah	2:06.31
8	306 Beckman, Jack	10	Healdsburg	2:06.75
9	528 Karres, Tristan	11	Montgomery	2:06.75
10	215 Haapala, Michael	11	Del Norte	2:07.14
11	282 Bailey, Caden	10	Fortuna	2:07.16
12	61 Amaro, Sebastian	10	Arcata	2:07.39

**Section 2 of 2 Finals**

1	181 Dufour, Jack	12	Casa Grande	1:53.88
2	32 Dawson, Owen	12	Analy	1:54.47
3	309 De Maria Nall, Phoeni	9	Healdsburg	1:55.27
4	446 Rath, Jonathan	12	Maria Carril	1:55.94
5	315 McWilliams, Jake	12	Healdsburg	1:56.51
6	1011 Eichner, Teddy	12	Vintage	1:57.49
7	569 Nunez-Torres, Joshua	10	Napa	1:58.25
8	43 Holman, Quince	12	Analy	1:58.67
9	358 Reber, Ryan	12	Justin-Siena	1:59.05
10	108 Berberich, Leo	11	Archie Willi	2:00.53
11	922 Siedman, Atticus	11	Tamalpais	2:01.00
12	706 Givas, Thanos	11	Redwood (Lar	2:01.40

**Event 13 Girls 300 Meter Hurdles Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	199 Olivarez, Lillyanna	12	Casa Grande	53.30
2	281 Aubuchon, Amy	12	Fortuna	53.00
3	231 White, Annabelle	10	Del Norte	52.54
4	456 Wilson, Kalea	10	Maria Carril	51.46
5	278 Wyllie, Natalie	10	Eureka	51.52
6	127 Kelley, Julia	10	Archie Willi	52.99
7	154 Griswold, Avalon	11	Cardinal New	53.18
8	870 Schnabel, Solis	11	Sonoma Valle	54.51

**Section 2 of 3 Finals**

1	908 Lanigan, Ava	10	Tamalpais	50.90
2	328 Cannariato, Claire	12	Justin-Siena	49.88
3	925 Tornqvist, Emelie	10	Tamalpais	49.58
4	346 Loose, Abigail	12	Justin-Siena	49.05
5	602 Van Alyea, Elizabeth	9	Novato	49.51
6	149 Campbell, Ava	11	Cardinal New	49.83
7	361 Sinclair, Emilyn	11	Justin-Siena	50.43
8	994 Smilgys, Ava	9	Ukiah	51.29

**Section 3 of 3 Finals**

1	138 Silva, Sophia	10	Archie Willi	48.62
2	1010 Duncan, Alexandra	11	Vintage	46.42
3	394 Belt, Beatrice	12	Maria Carril	46.25
4	1019 Heffner, Helen	11	Vintage	44.75
5	940 Madrid, Coco	12	Terra Linda	45.73
6	401 Carrillo, Tava	10	Maria Carril	46.37
7	751 Vangorder, Jaden	12	Redwood (Lar	46.93
8	725 McKenna, Cara	11	Redwood (Lar	49.00

**Event 14 Boys 300 Meter Hurdles Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	1039 Bazile, James	12	Windsor	44.60
2	330 Carey, Troy	10	Justin-Siena	44.43
3	685 Brellin, Dane	12	Redwood (Lar	44.18
4	10 Davis, Malachi	10	American Can	43.87
5	275 Vainuku, Palavi	11	Eureka	43.95
6	905 Keane, David	12	Tamalpais	44.35
7	828 Jones, Waylon	10	Santa Rosa	44.52
8	214 Gomez, Daniel	12	Del Norte	44.70

**Section 2 of 3 Finals**

1	1045 Gibboney, Jordan	10	Windsor	43.79
2	912 McDonald, Blaise	10	Tamalpais	43.51
3	448 Sherwood, Grant	10	Maria Carril	42.94
4	610 Fisher, Duncan	11	Petaluma	42.54
5	923 Sigurdsson, Hector	12	Tamalpais	42.85
6	969 Brown, Caelan	12	Ukiah	42.95
7	1035 Ward, Daniel	12	Vintage	43.67
8	562 Gualberto, Eryck	11	Napa	43.86

**Section 3 of 3 Finals**

1	326 Binz, Kevin	11	Justin-Siena	41.96
2	297 Limon, Mako	12	Fortuna	41.63
3	984 Mitchell, Parker	12	Ukiah	41.24
4	885 Cannon, Marley	12	Tamalpais	39.66
5	118 Ferguson, Nick	12	Archie Willi	40.61
6	63 Boyce, Finn	10	Arcata	41.41
7	462 Choung, Brandon	12	Marin Cathol	41.80
8	254 Hayhurst-John, Miles	9	Eureka	42.53

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**Event 15 Girls 200 Meter Dash Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	749	Towns, Rachel	10 Redwood (Lar)	27.38
2	44	Hudgens, Nylah	11 Analy	27.23
3	265	Ortiz, Grecia	12 Eureka	27.17
4	27	Alley, Chloe	10 Analy	27.08
5	709	Hawks, Iris	11 Redwood (Lar)	27.15
6	868	Palacio, Helen	11 Sonoma Valle	27.21
7	904	Karolak, Maja	10 Tamalpais	27.27
8	179	Crain, Ginelle	10 Casa Grande	27.42

**Section 2 of 3 Finals**

1	680	Steverson, Versai	10 Rancho Cotat	26.83
2	551	Ceresia, Kaia	9 Napa	26.73
3	1069	Zalamea, Ava	9 Windsor	26.52
4	887	Chan, Abigail	9 Tamalpais	26.35
5	442	Mulligan, Martina	10 Maria Carril	26.44
6	978	Lunceford, Lucy	11 Ukiah	26.68
7	117	Ervell, Viveca	9 Archie Willi	26.79
8	529	Kinsey, Megan	12 Montgomery	26.95

**Section 3 of 3 Finals**

1	153	Grigg, Zella	10 Cardinal New	26.20
2	335	Cutler, Mackenzie	11 Justin-Siena	25.99
3	894	Friedrichsdorf, Johann	11 Tamalpais	25.37
4	359	Reiter, Lainey	12 Justin-Siena	25.21
5	111	Betti, Petra	11 Archie Willi	25.24
6	3	Brown, Aalanah	12 American Can	25.63
7	270	Rominger, Elizabeth	11 Eureka	26.11
8	301	Ruiz, Madison	12 Fortuna	26.32

**Event 16 Boys 200 Meter Dash Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 3 Finals**

1	28	Andrews, Brady	10 Analy	23.23
2	671	Gregori, Wyatt	12 Rancho Cotat	23.08
3	53	Rinkor, Jackson	11 Analy	22.84
4	1037	Andreacchi, Domeni	12 Windsor	22.66
5	347	Love, Nicholas	12 Justin-Siena	22.72
6	549	Bynum, Dante	10 Napa	23.06
7	415	Freeman, Zyah	12 Maria Carril	23.12
8	303	Stacy, Jack	12 Fortuna	23.50

**Section 2 of 3 Finals**

1	1007	Borrayo, Angel	12 Vintage	22.48
2	4	Budu, Jona	12 American Can	22.44
3	611	Garzoli, Jacob	12 Petaluma	22.36
4	150	Cargill, Zion	11 Cardinal New	22.34
5	283	Bolden, Kavi	12 Fortuna	22.34
6	204	Balent, Landon	11 Del Norte	22.37
7	903	Holt, Streeter	11 Tamalpais	22.44
8	615	Kiger, Stefano	11 Petaluma	22.54

**Section 3 of 3 Finals**

1	782	Short, Myles	11 San Marin	22.28
2	140	Singh, Devin	11 Archie Willi	22.18
3	689	Cleary, Marco	12 Redwood (Lar)	21.95
4	1022	Howell, Mason	12 Vintage	21.19
5	195	Metzler, Jackson	12 Casa Grande	21.95
6	5	Burse, Jordan	11 American Can	22.11
7	1008	Butler, Sean	11 Vintage	22.28
8	624	Shaw, Daniel	12 Petaluma	22.31

**Event 17 Girls 3200 Meter Run Varsity (24)**

Lane Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	454	Tribbey, Joslyn	11 Maria Carril	10:57.57
2	139	Silverstein, Alyssa	12 Archie Willi	10:58.32
3	727	Middleton, Sydney	12 Redwood (Lar)	11:02.65
4	806	Tanner, Autumn	11 San Rafael	11:05.47
5	718	Kozubik, Kate	11 Redwood (Lar)	11:19.12
6	745	Smith, Sydney	9 Redwood (Lar)	11:32.17
7	901	Harrington, Zoe	10 Tamalpais	11:45.48
8	109	Berberich, Sonia	9 Archie Willi	11:46.44
9	884	Campbell, Olivia	9 Tamalpais	11:48.07
10	891	Douglass, Madeleine	10 Tamalpais	12:02.41
11	418	Graziani, Keeley	12 Maria Carril	12:03.27
12	856	Delorefice, Capri	10 Sonoma Valle	12:15.48
13	393	Barrow, Sophie	12 Maria Carril	12:18.95
14	1005	Belusko, Esther	10 Vintage	12:22.20
15	1031	Schallon, Audrey	10 Vintage	12:27.91
16	567	Moore, Claire	10 Napa	12:34.82
17	409	Dossat, Aria	10 Maria Carril	12:35.55
18	532	Morthole, Cora	12 Montgomery	12:36.29
19	752	Voy, Alice	9 Redwood (Lar)	12:40.25
20	966	Williams, Taylor	9 Terra Linda	12:43.34
21	668	Chang, Reese	11 Rancho Cotat	12:44.13
22	250	Gast, Claire	11 Eureka	12:49.49
23	60	Adams, Vivian	10 Arcata	13:17.04
24	255	Hemmingsen, Rathlin	11 Eureka	13:32.28

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**Event 18 Boys 3200 Meter Run Varsity (24)**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	1061 Post, Corbin	11	Windsor	9:26.45
2	321 Welty, Lucas	10	Healdsburg	9:31.88
3	1044 Ervin, Michael	10	Windsor	9:39.91
4	900 Harrington, Finn	12	Tamalpais	9:43.42
5	54 Stoumen, Jack	9	Analy	9:43.94
6	921 Ruark, Lucas	12	Tamalpais	9:46.67
7	308 Cornilsen, Domenico	10	Healdsburg	9:48.11
8	1065 Surgeon, Xavier	12	Windsor	9:53.13
9	907 Kornfeld, Michael	11	Tamalpais	9:53.51
10	421 Helms, Jackson	10	Maria Carril	9:53.64
11	686 Bush, Oliver	10	Redwood (Lar	9:55.69
12	724 McCaw, Liam	12	Redwood (Lar	9:55.70
13	890 Donovan, Graham	11	Tamalpais	9:57.74
14	240 Bullman, Ryder	11	Eureka	10:00.25
15	476 Meredith-Scharf, Graf	11	Marin Cathol	10:03.35
16	972 Falleri, Gavin	12	Ukiah	10:05.38
17	568 Moore, Jack	12	Napa	10:10.24
18	192 Lindeman, Matthew	10	Casa Grande	10:10.45
19	526 Haupt, Oliver	12	Montgomery	10:11.45
20	1051 Magdaleno, Arath	10	Windsor	10:13.07
21	105 Walker, Ocean	12	Arcata	10:13.16
22	300 Ornelas, Juan	10	Fortuna	10:13.59
23	626 Tallent, Masato	12	Petaluma	10:14.76
24	520 Donohue, Robert	10	Montgomery	10:14.88

**Event 19 Girls 4x400 Meter Relay Varsity (20)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 3 Finals</b>			
2	McKinleyvill		4:34.45
	1) #495 Etter, Morgan 12	2) #504 Ramsey, Elizabeth 10	
	3) #507 Som, Amara 10	4) #492 Davis, Lydia 10	
3	Healdsburg		4:30.36
	1) #307 Cornilsen, Delainey 10	2) #317 Perrill, Jane 10	
	3) #316 Munden, Olive 11	4) #322 Wickersham, Amelia 11	
4	Piner		4:23.86
	1) #650 Newbold, Azelia 9	2) #645 Magana, Anabella 9	
	3) #653 Olvera, Belicia 9	4) #654 Olvera, Kamila 11	
5	Fortuna		4:28.56
	1) #281 Aubuchon, Amy 12	2) #301 Ruiz, Madison 12	
	3) #293 Fontaine, Tayla 9	4) #294 Gurney, Karlie 9	
6	Arcata		4:30.48
	1) #94 Mondragon, Rose 11	2) #101 Stoll, Zelia 10	
	3) #89 MacDonald, Kjersti 9	4) #71 DeCarli, Bella 11	
7	Lower Lake		4:38.81
	1) #374 Givens, Riley 10	2) #372 Castro-Luna, Cristal 11	
	3) #380 Montanez, Crystal 11	4) #387 Watson, mary 12	

**Section 2 of 3 Finals**

2	Eureka	4:23.22
	1) #278 Wyllie, Natalie 10	2) #265 Ortiz, Grecia 12
	3) #277 Wyllie, Mariah 10	4) #270 Rominger, Elizabeth 11
3	Sonoma Valle	4:22.71
	1) #869 Perez, Mia 11	2) #859 Francis, Tilly 12
	3) #870 Schnabel, Solis 11	4) #868 Palacio, Helen 11
4	Cardinal New	4:14.50
	1) #153 Grigg, Zella 10	2) #160 Kilstrom, Alina 9
	3) #164 Mallon, Siena 9	4) #149 Campbell, Ava 11
5	San Rafael	4:20.55
	1) #804 Swartz, Ainsley 10	2) #801 Pesavento, Silvia 11
	3) #806 Tanner, Autumn 11	4) #794 Dennes, Alexa 9
6	Analy	4:23.17
	1) #57 Wenzel-James, Emma 11	2) #44 Hudgens, Nylah 11
	3) #40 Hall, Miriam 11	4) #36 Eichenseher, Isabelle 9
7	Napa	4:23.76
	1) #548 Brucella, Heidi 10	2) #551 Ceresia, Kaia 9
	3) #570 Palafox, Alexandra 10	4) #552 Cerletti, Samantha 11

**Section 3 of 3 Finals**

1	Windsor	4:10.67
	1) #1067 VanMidde, Aubrey 9	2) #1069 Zalamea, Ava 9
	3) #1047 Jensen, Darla 10	4) #1053 Malsbary, Annaleigh
2	Redwood (Lar	4:09.63
	1) #725 McKenna, Cara 11	2) #751 Vangorder, Jaden 12
	3) #743 Simon, Caroline 10	4) #728 Nass, Beatrice 11
3	Maria Carril	4:05.52
	1) #413 Fogg, Andi 12	2) #394 Belt, Beatrice 12
	3) #401 Carrillo, Tava 10	4) #422 Henkel, Alena 10
4	Vintage	4:04.01
	1) #1004 Bawden, Kendall 12	2) #1010 Duncan, Alexandra 11
	3) #1019 Heffner, Helen 11	4) #1013 Fiene, Sophia 12
5	Tamalpais	4:04.82
	1) #913 McMahan, Ava 10	2) #910 Littler, Beatrix 11
	3) #887 Chan, Abigail 9	4) #894 Friedrichsdorf, Johanna
6	Ukiah	4:09.60
	1) #978 Lunceford, Lucy 11	2) #994 Smilgys, Ava 9
	3) #974 Flores Zepeda, Maria C	4) #981 Maynard, Kaci 10
7	Justin-Siena	4:10.51
	1) #328 Cannariato, Claire 12	2) #349 Martin, Aldyn 12
	3) #336 Dolter, Gabrielle 9	4) #359 Reiter, Lainey 12
8	Santa Rosa	4:13.47
	1) #818 Fagent, Olivia 11	2) #845 Sarraf, Tiare 11
	3) #847 Sloat, Ada 11	4) #842 Rocco, Grace 11

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**Event 20 Boys 4x400 Meter Relay Varsity (23)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 3 Finals</b>			
1	San Rafael		4:02.16
	1) #807 Vasquez, Roman 12	2) #799 Lopez, Damian 11	
	3) #796 Fiandaca-Olsen, Blaze	4) #792 Conklin-Moore, Asher	
2	McKinleyvill		3:57.38
	1) #494 Dibble, Roy 9	2) #505 Riley, Asher 9	
	3) #500 Jones, Wilson 12	4) #493 Day, Miles 11	
3	Lower Lake		3:49.94
	1) #381 Percoats, Roy 9	2) #378 Mick, Hadley 11	
	3) #376 Lopez, Jeremiah 11	4) #375 Linton, Vincent 10	
4	Piner		3:46.56
	1) #661 Velasco Lazaro, Fernan	2) #651 Nguyen, Alex 12	
	3) #639 Hernandez, Anthony	4) #649 Naepflin, Edward 10	
5	Eureka		3:48.71
	1) #263 Morris, Sean 12	2) #240 Bullman, Ryder 11	
	3) #256 Herbert, Jackson 10	4) #274 Taylor, Colton 10	
6	Sonoma Valle		3:52.92
	1) #864 Hofstetter, Walter 12	2) #873 Vasques, Braylan 11	
	3) #855 Brown, Weston 10	4) #871 Smith, Thurston 9	
7	Novato		3:59.69
	1) #583 Encinas, Elijah 11	2) #585 Gast, Aristotle 10	
	3) #584 Garza, Mateo 12	4) #589 Louton, Landon 9	
<b>Section 2 of 3 Finals</b>			
1	Cardinal New		3:42.18
	1) #157 Hart, Rocco 11	2) #150 Cargill, Zion 11	
	3) #148 Busenitz, Sepp 9	4) #159 Holzapfel, Asher 11	
2	Ukiah		3:38.99
	1) #984 Mitchell, Parker 12	2) #999 Valencia, Adrian 9	
	3) #980 Martinez, Zach 12	4) #969 Brown, Caelan 12	
3	Redwood (Lar		3:35.80
	1) #688 Centeno, Jimmy 10	2) #746 Steinhart, JP 10	
	3) #754 Wang, Theo 11	4) #687 Cavanagh, Gabriel 12	
4	Casa Grande		3:30.81
	1) #202 Wildt, Nigel 10	2) #196 Navarro, Jorge 12	
	3) #195 Metzler, Jackson 12	4) #181 Dufour, Jack 12	
5	Healdsburg		3:33.41
	1) #309 De Maria Nall, Phoenix	2) #306 Beckman, Jack 10	
	3) #312 Hagen, Cayson 11	4) #315 McWilliams, Jake 12	
6	Napa		3:36.67
	1) #562 Gualberto, Eryck 11	2) #561 Gonzalez, Andy 12	
	3) #555 Cruz, Isaac 11	4) #549 Bynum, Dante 10	
7	Terra Linda		3:39.83
	1) #964 Wells, Adrian 10	2) #941 Makaruk, Roman 11	
	3) #928 Ajmani, Shahan 12	4) #937 Iyer, Bodhi 10	
8	Santa Rosa		3:44.13
	1) #816 Do, William 12	2) #836 Mojica Galdamez, Diego	
	3) #829 Kelsey, Cooper 12	4) #819 Fox, Brandon 11	

**Section 3 of 3 Finals**

1	Maria Carril		3:29.88
	1) #438 Maul, Hudson 10	2) #448 Sherwood, Grant 10	
	3) #412 Fitch, Kincade 9	4) #410 Esquivel-Arango, Jacot	
2	Fortuna		3:28.36
	1) #283 Bolden, Kavi 12	2) #297 Limon, Mako 12	
	3) #302 Sanborn, Tyren 11	4) #292 Florez-Lopez, Humbert	
3	Analy		3:28.00
	1) #38 Gonsalves, Jeffery 10	2) #43 Holman, Quince 12	
	3) #32 Dawson, Owen 12	4) #53 Rinkor, Jackson 11	
4	Windsor		3:26.97
	1) #1037 Andreacchi, Domenic	2) #1060 Ponce, Ethan 12	
	3) #1064 Stanley, Ian 12	4) #1063 Soto Jr., Marco 12	
5	Vintage		3:27.37
	1) #1022 Howell, Mason 12	2) #1007 Borrayo, Angel 12	
	3) #1008 Butler, Sean 11	4) #1030 Sanchez, Ruben 12	
6	Arcata		3:28.26
	1) #86 Lewis, Jaxon 9	2) #100 Shaner, Lorenzo 10	
	3) #90 Mason, A'Sa 10	4) #92 McGoldrick, Eoin 11	
7	Tamalpais		3:29.43
	1) #885 Cannon, Marley 12	2) #922 Siedman, Atticus 11	
	3) #921 Ruark, Lucas 12	4) #882 Burnett, Dexter 12	
8	Archie Willi		3:30.08
	1) #118 Ferguson, Nick 12	2) #128 Ketcham, Jackson 9	
	3) #108 Berberich, Leo 11	4) #140 Singh, Devin 11	

**Event 21 Girls High Jump Varsity (24)**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	463 Clemons, Charlotte	9	Marin Cathol	4-06.00
2	26 Woodson, Jordan	12	American Can	4-06.00
3	1029 Rock, Jocelyn	12	Vintage	4-06.00
4	553 Christian, Marley	12	Napa	4-06.00
5	361 Sinclair, Emilyn	11	Justin-Siena	4-06.00
6	904 Karolak, Maja	10	Tamalpais	4-06.00
7	743 Simon, Caroline	10	Redwood (Lar	4-06.00
8	474 Main, Natalie	9	Marin Cathol	4-06.00
9	747 Stoll-Morrill, Devon	11	Redwood (Lar	4-08.00
10	212 Garcia, Lucy	10	Del Norte	4-08.00
11	536 Ritts, Annabelle	9	Montgomery	4-08.00
12	1059 Phipps Parnay, Aubri	10	Windsor	4-08.00
13	307 Cornilsen, Delainey	10	Healdsburg	4-08.00
14	244 Copeland, Aurora	11	Eureka	4-10.00
15	231 White, Annabelle	10	Del Norte	4-10.00
16	847 Sloat, Ada	11	Santa Rosa	4-10.00
17	209 Erler, Jeana	12	Del Norte	4-10.00
18	419 Hand, Henley	9	Maria Carril	4-10.00
19	571 Pepper, Aimee	11	Napa	4-10.00
20	449 Taylor, Elizabeth	9	Maria Carril	4-10.00
21	21 Sangalang, Zoe	12	American Can	4-10.00
22	695 D'Haiti, Daika	12	Redwood (Lar	5-00.00
23	439 Moalla, Sireen	11	Maria Carril	5-02.00
24	488 Walcroft, Yasmin	10	Marin Cathol	5-02.00

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**Event 22 Girls Pole Vault Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	244 Copeland, Aurora	11	Eureka		7-00.00
2	207 Coulson, Kansas	12	Del Norte		7-00.00
3	17 Nguyen, Ayanah	12	American Can		7-01.00
4	571 Pepper, Aimee	11	Napa		7-01.00
5	209 Erler, Jeana	12	Del Norte		7-06.00
6	364 Stephens, Parker	12	Justin-Siena		7-07.00
7	556 Duden, Ava	11	Napa		7-07.00
8	332 Carr, Natalie	12	Justin-Siena		7-07.00
9	811 Bourde, Roxanne	9	Santa Rosa		7-08.00
10	160 Kilstrom, Alina	9	Cardinal New		7-08.00
11	1024 Joshua, Simone	11	Vintage		8-01.00
12	677 Nelson, Claire	11	Rancho Cotat		8-02.00
13	822 Gutsch, Lillian	10	Santa Rosa		8-02.00
14	396 Bergeron, Ellie	9	Maria Carril		8-02.00
15	193 McCall, Lindsay	9	Casa Grande		8-07.00
16	617 Lewis, Kylie	10	Petaluma		8-07.00
17	355 Pott, Isolde	11	Justin-Siena		8-07.00
18	429 Kriner, Mattea	11	Maria Carril		8-08.00
19	48 Lombardo, Lucy	11	Analy		8-08.00
20	878 Berman, Jackie	12	Tamalpais		8-11.00
21	430 Krombholz, Nell	12	Maria Carril		9-02.00
22	700 Fitzgerald, Vivienne	11	Redwood (Lar		9-05.00
23	628 Walling, Lucille	11	Petaluma		11-01.00
24	679 Sirrisouk, Maylody	11	Rancho Cotat		11-07.00

**Event 23 Girls Long Jump Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	840 Pugh, Rhiannon	10	Santa Rosa		14-11.00
2	18 Pierce, Madelyn	12	American Can		15-00.50
3	366 Tucci, Serafina	10	Justin-Siena		15-02.50
4	432 Laughlin, Ruby	12	Maria Carril		15-02.50
5	24 Turner, Lily	11	American Can		15-05.75
6	529 Kinsey, Megan	12	Montgomery		15-06.00
7	888 Chhabra, Sasha	11	Tamalpais		15-08.50
8	910 Littler, Beatrix	11	Tamalpais		15-09.00
9	729 Noble, Elise	9	Redwood (Lar		15-09.50
10	285 Burgess, Addison	11	Fortuna		15-10.00
11	709 Hawks, Iris	11	Redwood (Lar		16-02.00
12	756 Wilson, Elle	12	Redwood (Lar		16-02.00

**Flight 2 of 2 Finals**

1	231 White, Annabelle	10	Del Norte		16-02.50
2	355 Pott, Isolde	11	Justin-Siena		16-02.75
3	360 Shackford, Bella	11	Justin-Siena		16-03.25
4	749 Towns, Rachel	10	Redwood (Lar		16-04.00
5	630 Cibrian Gomez, Brisa	10	Piner		16-05.50
6	953 Rodriguez, Allegra	9	Terra Linda		16-06.00
7	93 McLaughlin, Anna	12	Arcata		16-11.50
8	442 Mulligan, Martina	10	Maria Carril		17-01.00
9	865 Johnson, Jade	10	Sonoma Valle		17-01.00
10	201 Sheehan, Grace	12	Casa Grande		17-03.75
11	707 Glassell, Izzy	9	Redwood (Lar		17-04.00
12	713 Horn, Annalise	11	Redwood (Lar		19-01.00

**Event 24 Girls Triple Jump Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	212 Garcia, Lucy	10	Del Norte		29-10.00
2	840 Pugh, Rhiannon	10	Santa Rosa		30-01.50
3	600 Stamper, Gabrielle	11	Novato		30-09.00
4	888 Chhabra, Sasha	11	Tamalpais		30-10.50
5	350 McLaughlin, Laura	11	Justin-Siena		31-00.00
6	756 Wilson, Elle	12	Redwood (Lar		31-00.00
7	52 Reed, Ella	11	Analy		31-00.25
8	367 Umuytan, Olivia	12	Justin-Siena		31-01.00
9	875 Arthur, Malory	10	Tamalpais		31-01.50
10	849 Teri, Muruelle	11	Santa Rosa		31-04.25
11	18 Pierce, Madelyn	12	American Can		31-05.00
12	760 Bhat, Deepti	11	San Marin		31-06.00
<b>Flight 2 of 2 Finals</b>					
1	953 Rodriguez, Allegra	9	Terra Linda		32-01.00
2	328 Cannariato, Claire	12	Justin-Siena		32-02.50
3	432 Laughlin, Ruby	12	Maria Carril		32-04.50
4	572 Quintana, Sophia	12	Napa		32-09.00
5	627 Vital, Siena	11	Petaluma		33-01.00
6	231 White, Annabelle	10	Del Norte		33-04.00
7	910 Littler, Beatrix	11	Tamalpais		33-07.00
8	630 Cibrian Gomez, Brisa	10	Piner		33-09.00
9	865 Johnson, Jade	10	Sonoma Valle		34-00.00
10	285 Burgess, Addison	11	Fortuna		34-06.00
11	201 Sheehan, Grace	12	Casa Grande		34-08.50
12	713 Horn, Annalise	11	Redwood (Lar		37-06.00

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**Event 25 Girls Shot Put Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	243 Claussen, Rees	10	Eureka		26-03.00
2	123 Hirsch, Annie	9	Archie Willi		26-07.00
3	124 Holmberg, Ava	12	Archie Willi		27-02.00
4	518 Charter, Amelia	9	Montgomery		27-03.00
5	205 Brennan, Melody	12	Del Norte		28-01.00
6	420 Hatfield, Samantha	12	Maria Carril		28-02.00
7	970 Clark, Sunshine	10	Ukiah		28-08.50
8	175 Bettinelli, Giuliana	12	Casa Grande		29-00.75
9	230 Wakefield, Hollyn	12	Del Norte		29-04.00
10	208 Curtis, Kamryn	10	Del Norte		29-04.50
11	1048 Klein, Mallory	10	Windsor		29-07.00
12	111 Betti, Petra	11	Archie Willi		30-03.00

**Flight 2 of 2 Finals**

1	78 George, Syriah	12	Arcata		30-05.00
2	82 Jackson, Melanie	11	Arcata		30-08.50
3	817 Ennis-Madyun, Faith	12	Santa Rosa		30-09.00
4	152 Friedman, Molly	10	Cardinal New		30-10.50
5	184 Fragakis, Olivia	10	Casa Grande		31-02.50
6	236 Behler, Sosie	12	Eureka		31-11.00
7	12 Johnson, Lauryn	11	American Can		31-11.75
8	605 Birmingham, Alafair	12	Petaluma		32-00.50
9	1043 Dyer, Rachel	12	Windsor		33-00.00
10	220 Mitchell, Aurora	12	Del Norte		34-02.50
11	644 Linsenmeyer, Makenz	11	Piner		35-05.50
12	169 Suacci, Kaylin	12	Cardinal New		37-06.00

**Event 26 Girls Discus Throw Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	711 Henderson, Charlotte	11	Redwood (Lar		77-04
2	81 Jackson, Kaylin	10	Arcata		83-02
3	288 Church, Tristyn	9	Fortuna		84-09
4	970 Clark, Sunshine	10	Ukiah		85-01
5	123 Hirsch, Annie	9	Archie Willi		86-01
6	420 Hatfield, Samantha	12	Maria Carril		90-04
7	12 Johnson, Lauryn	11	American Can		91-01
8	511 Alvarado Medina, Zai	11	Montgomery		94-04
9	113 Blechen, Heidi	10	Archie Willi		94-07
10	220 Mitchell, Aurora	12	Del Norte		96-05
11	151 Ciraulo, Anna	9	Cardinal New		96-07
12	175 Bettinelli, Giuliana	12	Casa Grande		96-11

**Flight 2 of 2 Finals**

1	152 Friedman, Molly	10	Cardinal New		97-00
2	208 Curtis, Kamryn	10	Del Norte		98-10
3	575 Tinnon, Sadie	12	Napa		99-11
4	78 George, Syriah	12	Arcata		100-06
5	605 Birmingham, Alafair	12	Petaluma		100-10
6	629 Baker, Joan	9	Piner		102-01
7	184 Fragakis, Olivia	10	Casa Grande		102-06
8	230 Wakefield, Hollyn	12	Del Norte		106-05
9	1043 Dyer, Rachel	12	Windsor		114-02
10	205 Brennan, Melody	12	Del Norte		117-08
11	644 Linsenmeyer, Makenz	11	Piner		128-00
12	169 Suacci, Kaylin	12	Cardinal New		152-01

**Event 27 Boys High Jump Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	102 Vainuku, Sefo	11	Arcata		5-00.00
2	985 Olson, Bodie	10	Ukiah		5-04.00
3	46 Jones, Jordan	12	Analy		5-06.00
4	312 Hagen, Cayson	11	Healdsburg		5-06.00
5	765 Connors, Casen	10	San Marin		5-06.00
6	402 Cavallero, Travis	10	Maria Carril		5-06.00
7	1023 Johnson, Kahli	12	Vintage		5-06.00
8	254 Hayhurst-John, Miles	9	Eureka		5-06.00
9	560 Flynn, Will	12	Napa		5-08.00
10	920 Rodriguez-Pastor, Ma	10	Tamalpais		5-08.00
11	168 Reed, Harlan	11	Cardinal New		5-08.00
12	982 Minz Kammer, Cheve	12	Ukiah		5-10.00
13	443 Nance, Liam	10	Maria Carril		5-10.00
14	905 Keane, David	12	Tamalpais		5-10.00
15	708 Guerrero, Cole	10	Redwood (Lar		5-10.00
16	755 White, Harry	11	Redwood (Lar		5-10.00
17	688 Centeno, Jimmy	10	Redwood (Lar		5-10.00
18	1035 Ward, Daniel	12	Vintage		6-00.00
19	408 DeMange, Isaiah	11	Maria Carril		6-00.00
20	343 Hightower, Asa	12	Justin-Siena		6-00.00
21	245 De la Rosa, Xavier	11	Eureka		6-01.00
22	897 Gillmore, Sullivan	11	Tamalpais		6-02.00
23	25 Woodson, Jay	12	American Can		6-04.00
24	314 Jasper, Teague	10	Healdsburg		6-06.00

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**Event 28 Boys Pole Vault Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	808 Wood, Graham	11	San Rafael		9-09.00
2	774 Larsen, August	11	San Marin		9-09.00
3	363 Sommier, Marcus	10	Justin-Siena		10-01.00
4	319 Vatalaro, Chase	10	Healdsburg		10-02.00
5	635 Gaona Duarte, Edgar	9	Piner		10-02.00
6	417 Gosar, Stone	9	Maria Carril		10-02.00
7	29 Antognini, Parker	10	Analy		10-02.00
8	950 Probst, Kai	10	Terra Linda		10-03.00
9	286 Bywater, Bode	10	Fortuna		10-06.00
10	70 Cristian, Micah	10	Arcata		10-06.00
11	560 Flynn, Will	12	Napa		10-07.00
12	547 Anguiano, Josue	11	Napa		10-07.00
13	898 Green, Elvis	11	Tamalpais		10-09.00
14	188 Gobbi, Nicholas	11	Casa Grande		11-01.00
15	45 James, Landon	10	Analy		11-02.00
16	397 Brandt, Jax	11	Maria Carril		11-02.00
17	590 Malone, Charlie	12	Novato		11-03.00
18	684 Berg, Alastair	11	Redwood (Lar		11-03.00
19	395 Belt, Clayton	9	Maria Carril		11-08.00
20	919 Porzio, Vincent	11	Tamalpais		12-03.00
21	221 Murphy, Jason	12	Del Norte		12-06.00
22	632 Clark, Keegan	11	Piner		12-08.00
23	803 Shah, Kishor	12	San Rafael		13-07.00
24	182 Fellman, Isaac	10	Casa Grande		14-04.00

**Event 29 Boys Long Jump Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	226 Rodriguez, Nicholas	11	Del Norte		19-01.00
2	268 Rasmussen, Jayce	10	Eureka		19-03.00
3	443 Nance, Liam	10	Maria Carril		19-10.00
4	701 Fitzpatrick, Wesley	11	Redwood (Lar		20-00.25
5	434 Lowell, Gage	11	Maria Carril		20-01.00
6	46 Jones, Jordan	12	Analy		20-02.00
7	784 Suresh, Allwyn	11	San Marin		20-04.50
8	625 Stubbs, King	10	Petaluma		20-04.50
9	22 Smiley, Tru'	11	American Can		20-04.75
10	880 Boyd, Blake	10	Tamalpais		20-05.75
11	314 Jasper, Teague	10	Healdsburg		20-06.00
12	611 Garzoli, Jacob	12	Petaluma		20-06.50

**Flight 2 of 2 Finals**

1	14 Jones, Amir	11	American Can		20-06.50
2	562 Gualberto, Eryck	11	Napa		20-07.00
3	933 Frias, Santiago	11	Terra Linda		20-07.50
4	770 Havling, Dylan	12	San Marin		20-09.50
5	260 Landry, Bo	11	Eureka		20-11.50
6	522 Eng, Sovonn	12	Montgomery		21-01.00
7	435 Lowell, Parker	10	Maria Carril		21-01.00
8	561 Gonzalez, Andy	12	Napa		21-03.75
9	28 Andrews, Brady	10	Analy		21-08.00
10	689 Cleary, Marco	12	Redwood (Lar		21-10.50
11	767 Golan, Jack	12	San Marin		21-11.00
12	25 Woodson, Jay	12	American Can		24-02.75

**Event 30 Boys Triple Jump Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	443 Nance, Liam	10	Maria Carril		39-01.50
2	699 Finley, Isaiah	10	Redwood (Lar		39-02.00
3	2 Brandt, Callyn	12	American Can		39-03.00
4	625 Stubbs, King	10	Petaluma		39-03.25
5	7 Caballero, Jacob	12	American Can		39-04.50
6	434 Lowell, Gage	11	Maria Carril		39-05.75
7	226 Rodriguez, Nicholas	11	Del Norte		39-06.00
8	51 Reed, Andrew	10	Analy		39-11.75
9	435 Lowell, Parker	10	Maria Carril		40-00.00
10	641 Kerr-Cobb, Kam	11	Piner		40-00.50
11	897 Gillmore, Sullivan	11	Tamalpais		40-01.00
12	781 Shinohara-Shiao, Zayc	10	San Marin		40-01.00
<b>Flight 2 of 2 Finals</b>					
1	56 Walsh, Zachary	12	Analy		40-03.00
2	714 Johnson, Olen	11	Redwood (Lar		40-04.00
3	46 Jones, Jordan	12	Analy		40-04.50
4	1021 Holland, Rory	12	Vintage		40-05.75
5	933 Frias, Santiago	11	Terra Linda		40-09.50
6	784 Suresh, Allwyn	11	San Marin		41-01.50
7	611 Garzoli, Jacob	12	Petaluma		41-02.00
8	245 De la Rosa, Xavier	11	Eureka		41-08.50
9	79 Hessler, Jonah	12	Arcata		42-09.50
10	260 Landry, Bo	11	Eureka		43-02.50
11	14 Jones, Amir	11	American Can		45-01.00
12	9 Crowder, Peyton	11	American Can		45-06.00

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**Event 31 Boys Shot Put Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	623 Romo, Declan	11	Petaluma	39-09.00	
2	612 Geiser, Beck	11	Petaluma	39-09.00	
3	712 Hewlette, Max	12	Redwood (Lar	39-11.50	
4	557 Exum-Henderson, Set	11	Napa	40-06.50	
5	365 Thweatt, Brandon	12	Justin-Siena	40-08.25	
6	187 Giroux, Thomas	12	Casa Grande	40-10.50	
7	34 Drew, Dillon	12	Analy	40-11.00	
8	701 Fitzpatrick, Wesley	11	Redwood (Lar	41-01.50	
9	826 Inocencio, Pablo	10	Santa Rosa	41-02.00	
10	646 Magana, Efen	11	Piner	41-02.50	
11	251 Gonzalez, Eddie	12	Eureka	41-05.00	
12	621 Moeckel, Nick	10	Petaluma	41-05.25	
<b>Flight 2 of 2 Finals</b>					
1	426 Kane, Benjamin	11	Maria Carril	41-09.50	
2	1026 Ortega, Luis	12	Vintage	42-03.50	
3	382 Rich, Steven	12	Lower Lake	42-06.00	
4	384 Rones, Alfonso	11	Lower Lake	43-01.00	
5	934 Gomez, Arturo	11	Terra Linda	43-02.00	
6	256 Herbert, Jackson	10	Eureka	43-09.00	
7	239 Brown, Malachi	11	Eureka	43-11.50	
8	835 Miller, Tanyon	11	Santa Rosa	44-11.00	
9	1025 Kaufman, Max	12	Vintage	45-09.50	
10	146 Adan, Vicente	11	Cardinal New	47-03.00	
11	210 Espinoza, Sebastian	12	Del Norte	52-03.00	
12	69 Collenberg, Skyler	12	Arcata	58-04.00	

**Event 32 Boys Discus Throw Varsity (24)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 2 Finals</b>					
1	733 Reitzel, Jack	9	Redwood (Lar	112-05	
2	1016 Greenwood, Charlie	11	Vintage	113-11	
3	712 Hewlette, Max	12	Redwood (Lar	115-01	
4	273 Taerea, Easton	11	Eureka	115-03	
5	905 Keane, David	12	Tamalpais	118-04	
6	386 Trongo, Joseph	11	Lower Lake	118-10	
7	835 Miller, Tanyon	11	Santa Rosa	119-02	
8	1018 Hadad, Firas	9	Vintage	120-07	
9	187 Giroux, Thomas	12	Casa Grande	120-09	
10	486 Villeda, Kristopher	11	Marin Cathol	122-11	
11	1025 Kaufman, Max	12	Vintage	124-05	
12	1026 Ortega, Luis	12	Vintage	125-01	

**Flight 2 of 2 Finals**

1	426 Kane, Benjamin	11	Maria Carril	125-06	
2	674 Lopez, Callon	11	Rancho Cotat	126-11	
3	543 Van Tuyl, Mason	11	Montgomery	128-04	
4	621 Moeckel, Nick	10	Petaluma	131-04	
5	251 Gonzalez, Eddie	12	Eureka	133-01	
6	210 Espinoza, Sebastian	12	Del Norte	136-01	
7	826 Inocencio, Pablo	10	Santa Rosa	138-06	
8	519 Daniels, Owen	10	Montgomery	144-04	
9	384 Rones, Alfonso	11	Lower Lake	144-10	
10	256 Herbert, Jackson	10	Eureka	145-08	
11	69 Collenberg, Skyler	12	Arcata	166-00	
12	146 Adan, Vicente	11	Cardinal New	178-03	

**Event 33 Girls 100 Meter Dash Unified (4)**

Lane	Name	Yr	School	Seed	Time
<b>Section 1 of 1 Finals</b>					
3	742 Seto, Jenna	11	Redwood (Lar	69.93	
4	757 Zlatoper, Asha	11	Redwood (Lar	67.66	
5	702 Foster, Kate	11	Redwood (Lar	2:04.09	
6	683 Barzman, Nicole		Redwood (Lar	2:03.96	

**Event 34 Boys 100 Meter Dash Unified (16)**

Lane	Name	Yr	School	Seed	Time
<b>Section 1 of 2 Finals</b>					
1	690 Collins, Zach	11	Redwood (Lar	21.02	
2	715 Joost, Joseph	11	Redwood (Lar	23.12	
3	534 Ovissi, Alexander	12	Montgomery	15.23	
4	525 Graf, Carter	12	Montgomery	27.69	
5	232 Allen, Elder	10	Eureka	18.75	
6	261 Mismash, Brycen	12	Eureka	11.60	
7	533 Nunez, Gabriel	12	Montgomery	29.53	
8	527 Hernandez, Ciyan	9	Montgomery	15.88	
<b>Section 2 of 2 Finals</b>					
1	726 Means, Eli	10	Redwood (Lar	15.63	
2	730 Pastel, Sophie	9	Redwood (Lar	15.69	
3	535 Philavong, Jimfeist	12	Montgomery	14.67	
4	517 Caballero Luna, Luis	11	Montgomery	18.78	
5	264 Naylor, Tate	12	Eureka	20.66	
6	266 Pannell Herbst, Isaiah	12	Eureka	11.45	
7	445 Poisson, Stryker	9	Maria Carril	18.27	
8	441 Muir, James	12	Maria Carril	18.29	

**Event 35 Girls Long Jump Unified (7)**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	537 Rucker, Faith	11	Montgomery	3-03.00	
2	523 Evans, Eliza	11	Montgomery	6-11.00	
3	702 Foster, Kate	11	Redwood (Lar	9-03.00	
4	735 Rodriguez, Marcela	9	Redwood (Lar	12-04.50	
5	742 Seto, Jenna	11	Redwood (Lar	9-07.00	
6	736 Sadat, Giuliana	9	Redwood (Lar	14-06.50	
7	730 Pastel, Sophie	9	Redwood (Lar	13-02.00	

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**Event 36 Boys Long Jump Unified (9)**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	690 Collins, Zach	11	Redwood (Lar	10-11.50
2	715 Joost, Joseph	11	Redwood (Lar	ND
3	534 Ovissi, Alexander	12	Montgomery	5-05.50
4	542 Van Tuyl, Cooper	9	Montgomery	11-10.75
5	533 Nunez, Gabriel	12	Montgomery	3-00.50
6	527 Hernandez, Ciyan	9	Montgomery	11-02.50
7	535 Philavong, Jimfeist	12	Montgomery	12-03.00
8	517 Caballero Luna, Luis	11	Montgomery	3-08.00
9	726 Means, Eli	10	Redwood (Lar	14-10.00

**Event 37 Girls 4x100 Meter Relay Unified (1)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
6	Redwood (Lar		2:59.99
	1) #702 Foster, Kate 11	2) #757 Zlatoper, Asha 11	
	3) #683 Barzman, Nicole	4) #722 Malladi, Arya 9	

**Event 38 Boys 4x100 Meter Relay Unified (3)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Redwood (Lar	B	1:24.03
	1) #682 Acker, John Paul 11	2) #715 Joost, Joseph 11	
	3) #741 Serafini, Alessio 10	4) #730 Pastel, Sophie 9	
4	Montgomery		63.37
	1) #539 Triola, Tate 12	2) #534 Ovissi, Alexander 12	
	3) #535 Philavong, Jimfeist 12	4) #517 Caballero Luna, Luis 1	
5	Redwood (Lar		63.66
	1) #726 Means, Eli 10	2) #692 Crumpler, Grant 11	
	3) #714 Johnson, Olen 11	4) #690 Collins, Zach 11	

**Event 39 Girls Shot Put Unified (5)**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	742 Seto, Jenna	11	Redwood (Lar	7-03.00
2	523 Evans, Eliza	11	Montgomery	16-05.00
3	702 Foster, Kate	11	Redwood (Lar	8-01.00
4	537 Rucker, Faith	11	Montgomery	11-01.50
5	730 Pastel, Sophie	9	Redwood (Lar	20-02.00

**Event 40 Boys Shot Put Unified (11)**

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	533 Nunez, Gabriel	12	Montgomery	7-09.00
2	541 Valladares, Martin	10	Montgomery	23-01.00
3	690 Collins, Zach	11	Redwood (Lar	11-11.00
4	715 Joost, Joseph	11	Redwood (Lar	19-00.00
5	534 Ovissi, Alexander	12	Montgomery	11-08.50
6	538 Serrano Flores, Luis	10	Montgomery	27-05.00
7	517 Caballero Luna, Luis	11	Montgomery	17-04.00
8	535 Philavong, Jimfeist	12	Montgomery	27-02.50
9	837 Paragon, Gonzalo	12	Santa Rosa	12-00.00
10	833 Lohner, Martice	10	Santa Rosa	33-06.00
11	726 Means, Eli	10	Redwood (Lar	18-01.00

**Event 41 Girls 4x800 Meter Relay Varsity (12)**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Maria Carril		9:29.40
	1) #400 Carollo, Sofia 10	2) #404 Consiglieri, Victoria 9	
	3) #405 Crocker, Quinne 12	4) #406 Crocker, Sloane 12	
2	Windsor		9:49.12
	1) #1053 Malsbary, Annaleigh	2) #1070 Zepaltas, Audrey 9	
	3) #1040 Behrens, Emma 9	4) #1068 Williams, Emily 10	
3	Redwood (Lar		9:51.30
	1) #728 Nass, Beatrice 11	2) #745 Smith, Sydney 9	
	3) #727 Middleton, Sydney 12	4) #718 Kozubik, Kate 11	
4	Piner		9:57.43
	1) #659 Uraje Galindo, Jocelyn	2) #645 Magana, Anabella 9	
	3) #653 Olvera, Belicia 9	4) #654 Olvera, Kamila 11	
5	Santa Rosa		9:58.28
	1) #845 Sarraf, Tiare 11	2) #810 Blake, Zoey 12	
	3) #851 Vasquez, Celeste 11	4) #842 Rocco, Grace 11	
6	Analy		10:03.37
	1) #40 Hall, Miriam 11	2) #35 Duong, Priya 10	
	3) #47 Katz, Bea 9	4) #57 Wenzel-James, Emma 11	
7	Archie Willi		10:10.44
	1) #142 Sullivan, Ainsley 11	2) #135 Palmer, Claire 12	
	3) #130 Korty, Sloane 11	4) #109 Berberich, Sonia 9	
8	Ukiah		10:57.79
	1) #981 Maynard, Kaci 10	2) #974 Flores Zepeda, Maria C	
	3) #997 Trouette, Kaitlyn 9	4) #994 Smilgys, Ava 9	
9	Terra Linda		11:03.34
	1) #963 Wallen, Anna 11	2) #966 Williams, Taylor 9	
	3) #929 Arebalo, Lauren 10	4) #954 Rossetti, Isabelle 11	
10	Arcata		11:03.61
	1) #66 Cappuccio, Zoe 11	2) #94 Mondragon, Rose 11	
	3) #75 Espiritu-Blackstone, Nel	4) #71 DeCarli, Bella 11	
11	San Marin		11:10.38
	1) #759 Becker, Carly 10	2) #787 Weddle, Madilyn 11	
	3) #783 Smith, Olivia 9	4) #788 Woloszynek, Madi 12	
12	Eureka		11:45.03
	1) #235 Bartlett, Iris 9	2) #262 Morales, Summer 12	
	3) #259 Ladika, Evelyn 11	4) #250 Gast, Claire 11	

**NCS Redwood Empire - 5/16/2026**  
**Santa Rosa JC**  
**Meet Program**

**Event 42 Boys 4x800 Meter Relay Varsity (13)**

<b>Lane</b>	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
<b>Section 1 of 1 Finals</b>			
1	Maria Carril		7:51.19
	1) #446 Rath, Jonathan 12	2) #403 Cochrane, Hugh 10	
	3) #444 Petrik, Austin 12	4) #425 Jones, Cameron 11	
2	Analy		7:59.79
	1) #32 Dawson, Owen 12	2) #43 Holman, Quince 12	
	3) #38 Gonsalves, Jeffery 10	4) #33 Dickson, Logan 11	
3	San Marin		8:11.15
	1) #775 Clavier, Ryan 12	2) #769 Gomez Nilsson, Jacob	
	3) #764 Cloney, Chase 10	4) #763 Catanach, Justin 12	
4	Vintage		8:17.87
	1) #1012 Ewig, Eli 12	2) #1014 Fishleder, Hudson 12	
	3) #1020 Hernandez, Elian 11	4) #1032 Title, Casey 12	
5	Redwood (Lar		8:23.84
	1) #687 Cavanagh, Gabriel 12	2) #737 Sandrich, Cole 11	
	3) #710 Hedberg, Finn 11	4) #706 Givas, Thanos 11	
6	Santa Rosa		8:30.69
	1) #809 Bastoni, Samuel 11	2) #838 Pedersen, Cooper 10	
	3) #825 Heavner, Reid 11	4) #836 Mojica Galdamez, Dieg	
7	Terra Linda		8:36.63
	1) #948 Pappas, Christian 11	2) #957 Stern, Nathan 10	
	3) #962 Vaccaro, Matteo 9	4) #955 Ryaru, Jai 11	
8	Windsor		8:38.18
	1) #1038 Apolinar, Omar 10	2) #1058 Orozco, Kye 9	
	3) #1055 Molina, Luciano 10	4) #1054 Mendez, Gavin 9	
9	Piner		8:40.62
	1) #647 Mora, Ceasar 11	2) #655 Ramirez-Altamirano, E	
	3) #661 Velasco Lazaro, Fernan	4) #649 Naepflin, Edward 10	
10	Justin-Siena		8:45.99
	1) #368 Vale, Cameron 11	2) #338 Falace, Stuart 10	
	3) #353 Negrete, Leo 12	4) #358 Reber, Ryan 12	
11	Ukiah		8:46.67
	1) #972 Falleri, Gavin 12	2) #979 Maldonado, Teo 10	
	3) #976 Hale, Anthony 10	4) #999 Valencia, Adrian 9	
12	Arcata		8:53.87
	1) #70 Cristian, Micah 10	2) #61 Amaro, Sebastian 10	
	3) #72 Demers, Caden 11	4) #96 Poston, Evan 11	
13	Eureka		9:09.75
	1) #247 Elam, Tully 11	2) #240 Bullman, Ryder 11	
	3) #263 Morris, Sean 12	4) #274 Taylor, Colton 10	